


# 2001



**VIRGINIAN**

MILLIE SAUNDERS

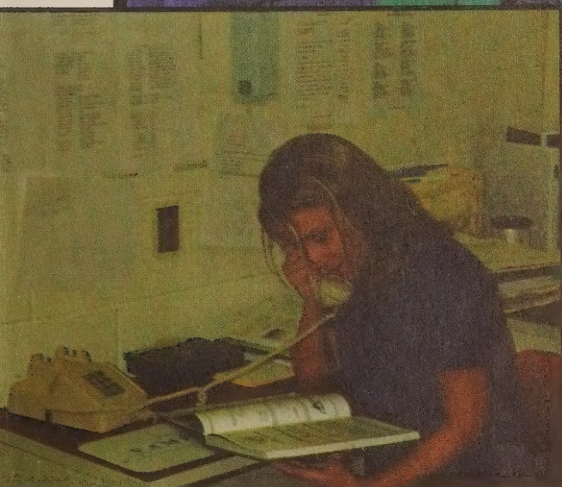
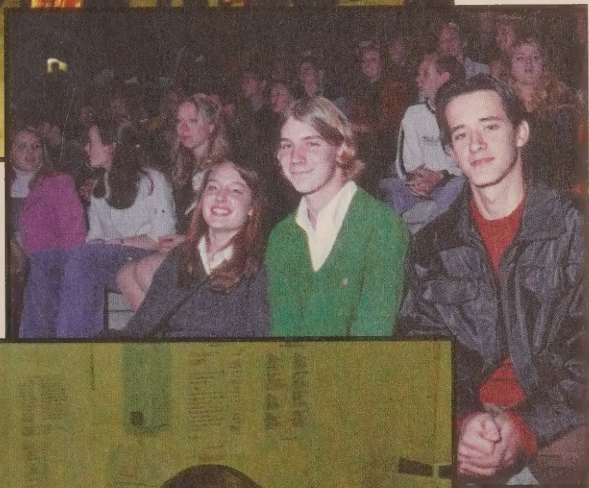
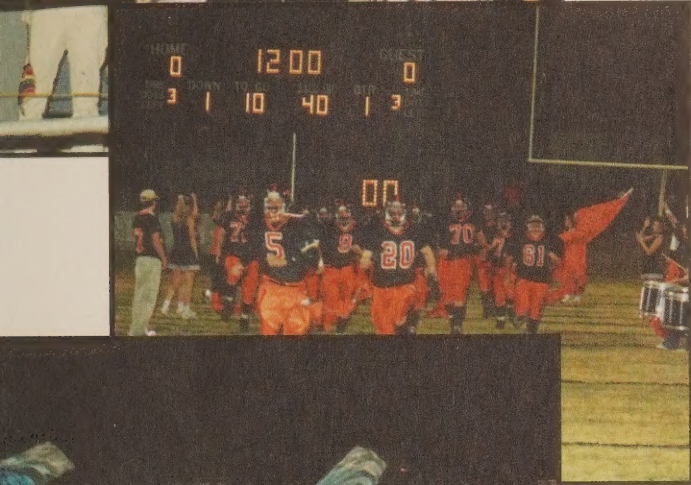
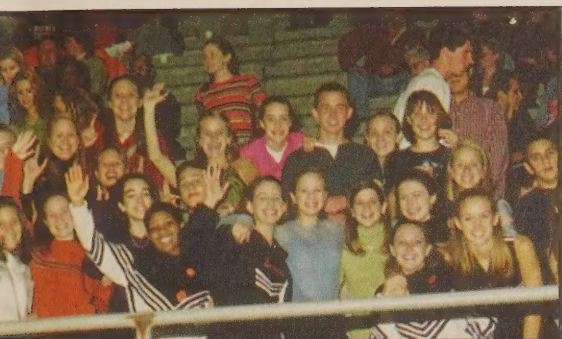




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## Student Life

Page 6

## Sports

Page 36

## Academic

Page 70

## People

Page 108

## Ads

Page 166







# BLAST FROM THE PAST

## LOVE IN THE EIGHTIES

The Virginian  
Volume 83  
89 students enrolled

Virginia High School  
1200 Long Crescent Dr.  
540-645-9650

I was working part time in a five and dime. My boss was Mr. Magee. He was six foot four and full of muscles and walked like an Egyptian, but I was happy to be stuck with him. One manic Monday, while I was busy working for the weekend, I overheard him make a careless whisper. He told two of my co-workers, Jack and Diane, that I gave love a bad name. Well, I got so emotional, baby. I told him to say say say what he wants, but don't play games with my affection. He told me it was hard for him to say he's sorry and not to worry, to be happy. Then he blamed it on the rain. He was so out of touch. It just took my breath away. I couldn't fight this feeling any longer. I asked him "What's love got to do with it?" He told me to "get outta my dreams and into my car". So I figured I might as well jump. I cut footloose, and then went home and called my girl, Jenny. (You already know the number.) She was on the other line with Amanda. They were talking about Mickey and how he was so fine. That blew my mind! Was she really going out with him? I told her that I had just called to say I love her. She told me she had been saving all her love for me, but now she was looking for a new love-asta la vista, baby. I thought, "I can't go for that-no can do! Bring me higher love!" I called up some of my old west end girls, hoping that one of them would want to get physical all night long (all night). First I called Billie Jean-she told me to beat it. I called Rosanna- her sister Christian blessed the rains down in Africa and then hung up on me. I tried Angela, but her answering machine just said, "867-309. Angela can't make it to the phone. If you want to leave your name and number she'll give you a ring when she gets home." "Come on, Eileen!..." No answer. Nobody told me there'd be days like these! I was feeling like the owner of a lonely heart. Then, out of the blue, my best friend's girlfriend (she used to be mine) Roxanne calls. Yes, the real Roxanne. She told me she still hadn't found what she's looking for and that she wanted to take on me. I said, "I had thought you were Jesse's girl." She said "Don't you want me?" You don't have to put on the red light- I'm on my own." What a feeling! I had the eye of a tiger. Who was I f-f-f-foolin? Roxanne drove me crazy like no one else. She's a beauty! She's one in a million girls! She blinded me with science, and weird science at that. There was always something there to remind me of her and I just knew that I'd have the time of my life. I wasn't about to la-di-da-di. I jumped in my little red Corvette and rocked down to Electric Avenue. I got my mind set on her. When I got to her house (in the middle of the street) I ran. I rapped on her from door and to this rapper's delight, I heard a voice say, "Who can it be now?" "Here I am, the one that you love," I replied. I let my love open the door and was immediately lost in her eyes. Just then I felt like an invisible touch on my shoulder. I knew right then and there that our love was in Jeopardy. "Turn around bright eyes!" said a familiar voice. As I did, Jessie hit me with a sledgehammer of an uppercut that spun me right round like a record. He was hanging tough and continued to roll with it, knocking the wind from beneath my wings-broken wings by this time. He rocked me tonight, for old time's sake, beating me from head to toe, until my true colors were black and blue and blood was spilling from my mouth like red, red wine. "You don't own my money for nothing!" He snarled. At this point I was livin' on a prayer. I crawled back to my little red Corvette and drove home thinking about how my tainted love had cut like a knife- how it seems that every rose, truly, has its thorn. No longer do I want to know what love is. Don't fall in love! Love stinks.

By UNKNOWN AUTHOR; Edited by BRIAN NERN

Revised by MEGAN WILLIAMS

TITLE PAGE





# Blast From the Past



**Youth Gone Wild** - The chorale class shows off their tacky outfits for a quick picture before going back to their singing and harmonizing.

**Fired Up** - The night before the V-T Game students get buck wild at the annual bonfire.



**Little Drummer Boy** - Keeping up the beat is Junior **Tony Dixon**.

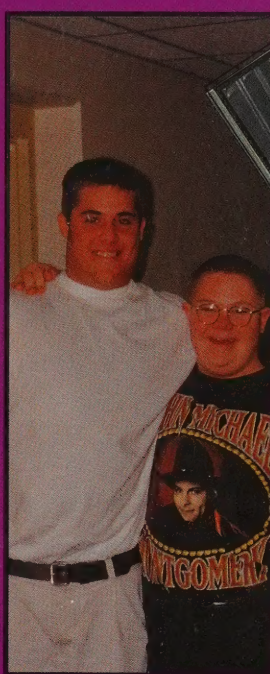
You're an eighties child if...



This school year has been a year of excitement. Virginia High school is a Danger Zone that every student tries to get through safely. However, **we are the champions** and have successfully conquered any obstacles or opponents that have gotten in our way. Although classes and assignments are **Always** on our mind, Everybody's working for the weekend so they can party all the time. This yearbook is a blast from the past where you will be able to have the time of your life as you read this never ending story. From the freshmen who are moving on up to the seniors who will be walking to the end of the line as they realize that nothing's gonna stop us now!



**Pump up the** - It's coming night and the cheerleaders show off their run through.



**Maniac** - Mr. Hurley helps promote school spirit by participating in games during a pep rally. What would the school be like with goal ol' PH?



**Hangin' Tough** - This group of students take time during lunch to hang out before they have to go back to their dreaded classes.

**Working for a livin'** - Trying to get the school hype, Sophomores **Sarah Musgrove** and **Britini Pierce** make signs for the upcoming game.

**Love Touch** - Sharing "a moment" in the hall are **Jamie Hartsock** and **Senior Andrew Belcher**.

**She's Like The Wind** - With grace and confidence, Freshman **Michelle Watts** performs with her color guard team for the football half-time performance.

Partying "like it's 1999" seemed SO far away!



You're an Eighties child if...  
You can name all the ThunderCats

# WELCOME TO THE JUNGLE



It's a new year with new people, which means new faces and confusion yet again. I walk down the halls saying Who are you? to some electric youth. I ask my friends what happened to the people who left and they reply, "Another one bites the dust". I see that everyone is movin on up and just trying to hold on. As the year goes on, I get to know more people, one of which is always on my mind, wondering if he even knows who I am. If you don't know me by now then I'm in trouble. When I see you smile, I want to run to you. But, alas, you are with somebody else. Some guys have all the luck. The year is now coming to an end and nothing's gonna stop us now. We've reached the end of the line, and can't wait to beat it. I'll never forget it, though, I had the time of my life.

**We Didn't Start the Fire -**  
While participating in an intense lab, juniors Brittany Wilson and Jessica Johnson claimed that they didn't fight it but they tried to fight it. Students in Mrs. Orr's chemistry class participate in many labs that require the use of an open flame.



**Everybody Wang Chung Tonite -** These students are showing their school spirit at a girl's basketball game while having fun. Sports activities are a popular place for students to hang out throughout the year.





**Hysteria** - The football team gets hype before a game by getting together in a huddle and acting crazy. This sight is a ideal picture of mass hysteria.



**Dude Looks Like a Lady** - Dressed up as Ike and Tina Turner, seniors Deonna Fields and Jamal Lockett strut their stuff at the V-T pep rally. The 80's decade was well represented when the couple won first place.

### 80's Trivia (Answers on Page 154)

1. Who had the trademark saying "Nanoo, Nanoo"? 2. What was ET's favorite candy? 3. What were the names of Kevin's best friend and girlfriend on "The Wonder Years"? 4. Name all five New Kids on the Block. 5. Who was the lead actress in the famous bomb "Grease 2"? 6. What was the name of the funky van that Scooby Doo and his friends rode in? 7. What speed did Marty have to reach in order to activate the flux capacitor? 8. What were Tom Cruise's and Val Kilmer's nicknames in "Top Gun"? Last and most important: **What was the first video played on MTV?**



**Get On Your Feet** - The entire student body demonstrates its spirit by getting to their feet and showing school spirit. Crowd participation is an important part of the pep rallies.



# Danger Zone

## Styles of the 80's

"preppie look"- khakis, sweaters, oxford shirts, straight-legged jeans, pennyloafers and the girls wore skirts or dresses with knee-high socks with clogs and tapered jeans with holes or bows

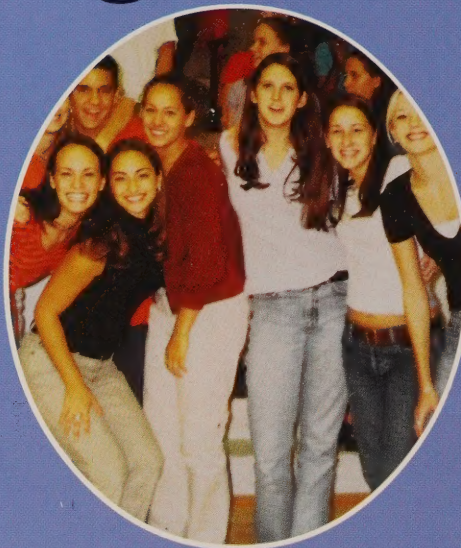
**Accessories:** anything gold, SWATCH watches, slouch socks, sweatbands **Hair:** boys kept it short while girls had permed, teased hair.

## Styles of the millenium

boys' look is more relaxed with the baggier jeans and t-shirts while girls wear anything from animal prints and tall shoes to A&F or FUBU

**Accessories:** silver jewelry, many piercings, tattoos, hemp, non-prescription glasses

**Hair:** for girls highlights, long and straight, or naturally curly for boys it's either long and shaggy or spiked up with gel.



**Pride-** Their freshman year is finally over and they're happy to be sophomores. They're so ecstatic they show their spirit at one of our many pep-rallies.

**Causing A Commotion-** Not yet seniors, but still thrilled to show their spirit. Juniors try to out yell all other classes at the pep rally.

**Emotion In Motion-** Students are so thankful it's friday and the weekend will soon be here. Plus they get out of class for the pep rally!

You are now entering the **Danger Zone** where **Material Girls** are **Working For the Weekend**. Students have just gotten back from **Vacation** and they are soon to have **the time of their lives** in student activities from the V-T game to Graduation. At both of these particular events, students seem to **Go Crazy**. Like the song **Lean On Me**, friends become close throughout the year at these special events. Prom is a extra special event towards the end of the school year, where juniors and seniors just **Wanna Dance with Somebody**. Many students are not acknowledged for their **Invisible Touch** and commitments to **Behind the Scene** activities.



**Holding Out For A Hero-** Our football team comes pounding out on their Bearcat paws and yelling the Bearcat roar before the annual V-T game.



**King Of Wishful Thinking -** These seven senior girls were buzzin' during the pep rally with their never-ending senior spirit. After three years of high school, senioritis is taking over.



**When I See You Smile** - These students love studying so much that they even do it in the halls. Although V-T week is a fun event, students will still be responsible and keep up with their school work.



**Rebel Yell-** Hillbilly Day is a very popular day to students, especially Seniors Josie Russell and Sarah Walls. These dress-up days show the students spirit throughout the week until the big game on Friday.

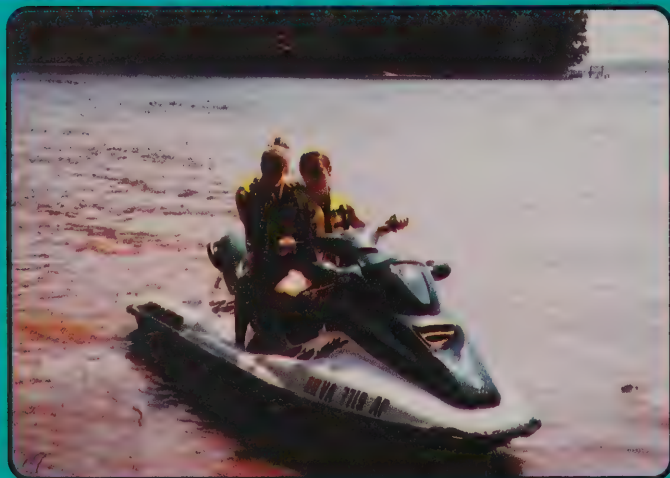


**Hearts On Fire-** The bonfire is one of the many rituals that takes place before the V-T game. All of these activities make the students hype for the game.





**Girls with Guns**-While attending a basketball camp in Gatlinburg, Junior Chereese Henry, Sophomores Megan Balthis and Rhoda Phillips and Senior Sheree Gibbs go back in time to the wild wild west days. With the girls rigorous schedule they only had a little time for fun.



**Against the Wind**-Even the wind blowing their hair junior Nora Vio and Britini Perely make a few waves to leave behind. The lake is a popular place for students to go and get away from the sense of school.

I can't seem to get my mind off **SUMMER**. Back here at home there's nothin' to do. Now that school is in I wish the **SUMMER** had never ended. Tomorrow's another day that I don't want to let go. When I look at the pictures of **SUMMER** I just see sweet memories of those special times. I thought that I could be strong but the memories have not had time to fade. **VACATION**. All I ever wanted. **VACATION**. Had to get away. **VACATION**. Meant to be spent alone.

Hope Dennis



**I Won't Let the Sun Go Down on Me**-Sophomores Stephen Rest and Kerrilynn Joris and Seniors Josie Russell and Emily Everett spend their summer vacation in Montre, N.C at a youth conference.



**Girls Ain't Nothing but Trouble**-At a beach house in Florida, Seniors Katie Shields, Jessica Puckett, and Brittany Triplett celebrate Katie's 17th birthday. While there, they try to work on a nice tan before school starts.

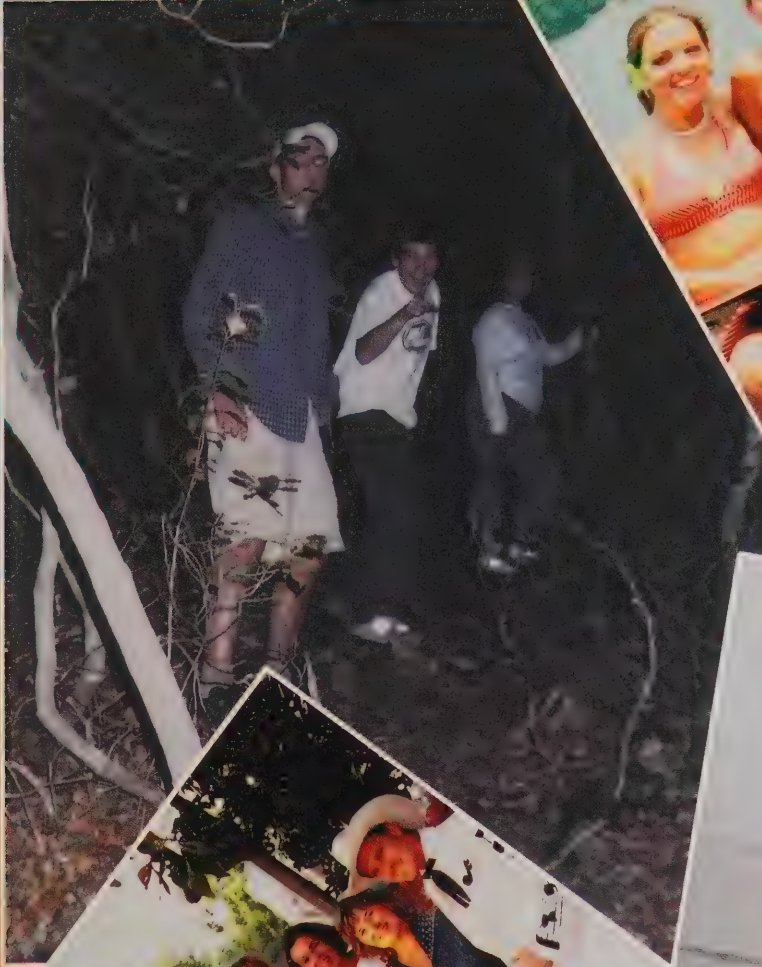


**Drive**-Visting family in Michigan, Junior Keegan Sutherland poses in front of her phat ride. Receiving ones license is a high-light during ones Sophomore year.





**Boys of Summer**-Camping out at Hidden Valley in Abingdon Seniors Josh Sokolow and Todd Leonard try to give the camera a little scare. Hiking and camping are fun past times for many of the students over summer vacation.



**I Wanna be a Cowboy**- Visiting a conference in Nashville some of the teachers try to rope a few cowboy cuties. Attending conferences during the summer is a way for teachers to use their in-service days.

**Cruel Summer**-Spending a week at Jekyll Island, Georgia, Senior Kent Sanslow and Junior Phillip Bowers walk along the rocks. Visits to the beach are enjoyed by many students during the summer.



# PRETTY WOMAN



Only In My Dreams- The Top 5 candidates wait patiently to see what position they placed in Homecoming.

Pretty Kristy walkin' down the field  
Pretty Kari the kind that makes me chill  
Pretty Tiffany I don't believe you, it must be true  
No one could make the sky as blue

Pretty Erica won't you look my way  
Pretty Meredith you just come to play  
Pretty Emily looks so bright in that pink  
Are you lonely just like me

Pretty Jessica you won the 1st go round  
Pretty Lindey turn that frown upside down  
Pretty Sheree you finally got your chance  
Pretty Katie how about some romance  
Pretty top 5 ya'll all can now do your dance

Pretty woman your about to find your space  
Pretty woman just straighten up your face  
Pretty woman don't be so sad  
Pretty woman don't even get mad

It's pretty Casey, she just got crowned queen

## 2001



**One In A Million-** First Runner up Jessica Puckett is being escorted by Andy Moore. Jessica was representing the French club.



**Goody Two Shoes-** 2nd Runner up was Lindsey Browning, whom was escorted by Jason Dav-enport. Both are very successful students.



**Silent Partners-** 2nd Runner up was Sheree Gibbs, she was escorted by Buddy Adams. They both are very active in sports at Virginia High.



**Waiting For a Girl Like You-** 4th Runner up was Katie Shields and she was escorted by Todd Leonard.



10 HOMECOMING





**Up Where We Belong-** Former Homecoming Queen, Kristy Joris and Principal, Mr. Lusk are more than happy to take pictures with Casey Blankenship and her escort Jacob McAllister.

**Here We Are-** Nicholas Ratcliff and Katie Venable were chosen to help crown the 2000 Homecoming Queen. They both were happy to take part in this activity.

**Lady In Red-** The Homecoming Queen for the year 2000 is Casey Blankenship. She was very pleased when she found out that she was Virginia High's 2000 Homecoming Queen.

**Best of Both Worlds-** All the candidates for the 2000 Homecoming stand anxiously waiting for the good news to arrive. All were overly excited to participate in the homecoming experience.





# Don't You Forget About Me

Won't you come hang around me  
I'll be alone you know  
Tell me your troubles and I'll  
Give them everything, inside and out  
Think of the great things that we were working on  
Slow change may pull us apart,  
When the light gets in your heart  
Don't you forget about me  
Don't Don't Don't Don't  
Don't you forget about me  
Will you stand above me and look my way  
Will you recognize me, call my name or walk on by  
Don't you try and pretend  
If our friendship will ever end  
I won't harm you or touch your defenses  
Don't you forget about me  
I'll be alone you know  
Don't you forget about me  
Don't Don't Don't Don't  
Don't you forget about me  
As you walk on by will you call my name?  
As you walk away or will you walk away?  
Oh call my name will you call my name?  
Simple Minds  
"Don't You Forget About Me" (edited version)



**That's What Friends Are For** - What would the pool be like without your best friend there to play with? Ben Harrison and Charley Pippin are pool buddies but take a little time out to eat their lunch, but no worries, in 10 minutes they will be back playing Marco Polo and Sharks and Minos.



**Youth Gone Wild** - These kindergardeners are ready for a day on the farm. Dress-up days were a great learning experience for young minds.

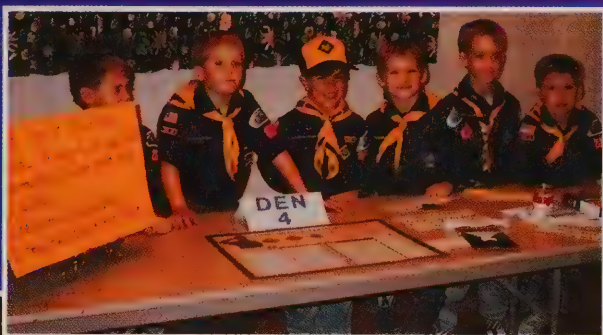
**Open Arms** - Nothing is cuter than little kids, especially Todd Rosenbaum and Buddy Adams who accept each other with open arms.







**Who Can It Be Now?** All dressed up and nowhere to go? No, these students are parading the halls while showing off their Halloween costumes.



**Leader of the Pack** - Looking intimidating and in charge these young boys try to recruit fellow cub scouters. Cub scouts was a very popular activity for growing boys in elementary school.



**Don't Forget to Dance** - In their fourth grade dance recital, Josie Russell and Lindsay Browning strut their stuff. These girls started dancing when they were two years old and haven't stopped since!



**Bad Boys** - Yes it might be 9:00 but that doesn't mean Josh Frazier and Josh Wilkinson's night is over. The night is still young and much playing is still ahead!



**Party All the Time** - Celebrating Jessica Puckett's birthday, a group of girls from Van Pelt sport their cool glasses and eagerly await birthday cake and ice cream.



**Graduation Time** - During the ceremony, Emily Smith and Brittany Triplett aren't too thrilled about graduating preschool. Maybe the thought of learning the alphabet and colors doesn't seem too exciting for these graduates.

## 5 Ways To Tell If You're Stuck In The 80's --

- \* You still practice your Care Bear Stare
- \* You can name all of the Thundercats
- \* Everything in your wardrobe is either pastel or florescent
- \* Sometimes you just want to shout, shout, let it all out
- \* The only thing you know about the Nazis is that they threw Indy to the snakes



# Lean on Me

Sometimes in our lives we all have pain and sorrow, but if we are wise, we know that there will always be tomorrow. Lean on me, when you're not strong, and I'll be your friend I'll help you carry on, for, it won't be long till I'm gonna need somebody to lean on. Please, just swallow your pride if I have anything that can help you, because no one can see your needs if you hide them.



**Glow Day** (Cathery Jones) is between classes. Seniors and Everett (Amara) Justice, Hope (Annis), Casey Black (Ship), and Al Smith (Smith) and enjoy their last day at VHS.



and Mallory Lucas and Seniors Brent Boundurant and Joey Gasberri enjoy a summer night together, promising to be full of mischief.



**Get Up And Go** - Summer is the best time for friends to get together and go on vacation. Sophomores **Leah Rosser, Sara Moore, and Sarah Beth Janson** enjoyed a week full of fun in the sun at Myrtle Beach, but still spent time relaxing together in the condo.



**Freedom** - Everyday during sixth period Seniors **Ben Arnold** and **Meredith Lawson** go by all the classrooms and collect the attendance for Mrs. Bowman to record.

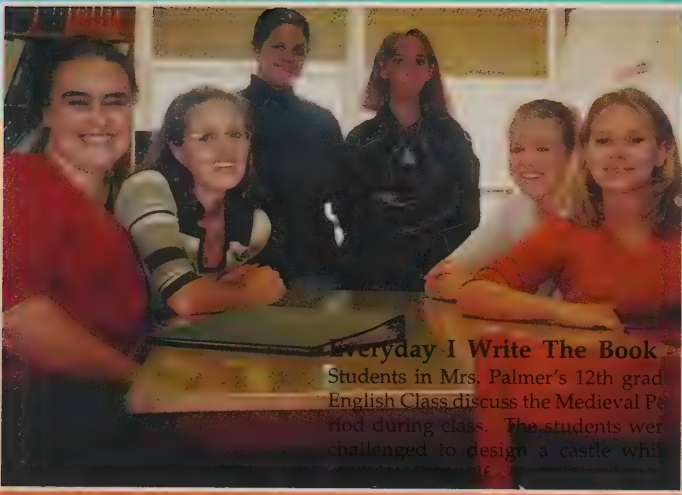


**Jesse's Girl** - During VT Week friends get together and dress up to show their spirit. Juniors **Jessica Hearl, Sally Schneider, and Jesse Wagner** decided to show their country side for Hillbilly Day.



**Dangerous-Seniors** Deonna Fields and Yolanda Stuart are seen here in Richmond, Virginia at a Keystone Conference for the Boy and Girls Club. These two have been friends since they were little and still enjoy spending time together.





**Everyday I Write The Book**

Students in Mrs. Palmer's 12th grad English Class discuss the Medieval Period during class. The students were challenged to design a castle while...



**A Night Out on the Town** - One thing that friends love to do is get all dressed up and go out to eat together. These two Seniors Josie Russell and Lindsey Browning are ready and dressed to the Nines.

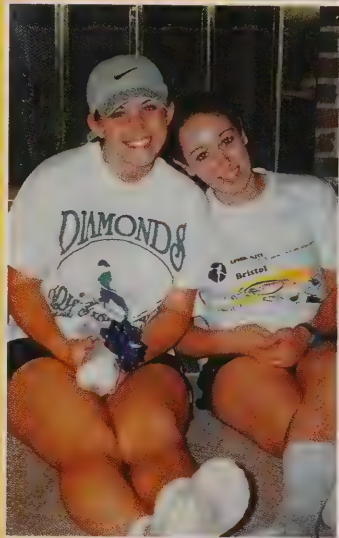
**Heart And Soul** - Standing in front of one of the signs for VT Week, Juniors Carisma McMorris and Anna Hounshell and Senior Jamal Lockett show their school spirit. Cheerleaders spent a lot of time making the signs to get the students hype for the VT game.



**Cult of Personality** - Students enjoy their lunch outside, while taking advantage of one of the last warm days of the summer.



**Cherish** - One of the only things that keeps students going through the day is lunchtime. Seen here enjoying their lunch period, Senior Jessica Puckett, Emily Smith, Katie Shields and Juniors Matt Richardson and Megan Williams enjoy every last minute before returning to class.

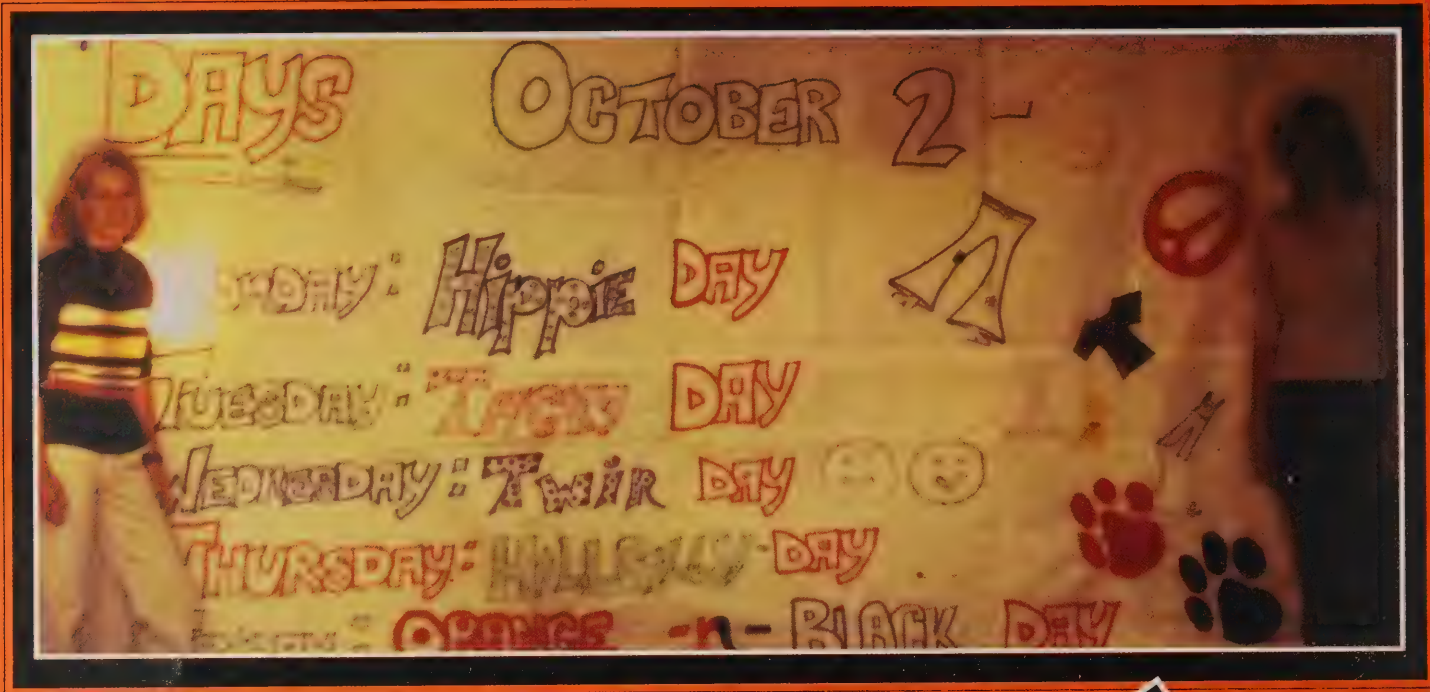


**Sleeping Bag** - When the weekend comes you will find friends like Juniors Amber Sullins and Nova Via having sleepovers together. These are the times when friends watch movies, gossip, and laugh all night long.



**Hungry Eyes** - You can tell Junior Ashley Bohon and Senior Hollyava Blevins are having a blast at a football game by the smiles on their faces.







I'll drive a million miles tonight to the V-T game. So if you're feeling pumped, Go see the Vikings get jumped. The words we use are strong, "Go Cats!" They make the crowd roar. But now the game is on. On boys, beat these Vikings. Rip 'em up. Move down the field. Rip 'em up move 'em down to the ground. Everybody have fun tonight. Deep in the game tonight our hearts beat safe and sound. I'll hold you so close in the cold night air. Rip 'em up move down the field. Rip 'em up move 'em down to the ground. Everybody have fun tonight. On the edge of the field all the world is V-T and all the crowd is pumped with the hopes of a win. Everybody have fun tonight. Across the state line all around Bristol- Everybody- have fun tonight a celebration spread the word.

V-T week was a huge success. The halls were decorated and the morale was high in hopes that the Bearcats would "reign" over the Vikings. We had some different things this year. The cheerleaders held contests everyday at lunch to see who was the best dressed for each of the dress up days, and also other contests with rewards to get the students motivated to participate in V-T week activities and boost school spirit. At the end of the week they handed out orange crowns for everyone to wear in honor of our theme "The Reign of the Bearcats."

Friday afternoon we held our annual V-T pep rally and mock beauty pageant. We had such famous people in our school as Greg and Jan Brady, Christina Aguilera and Fred Durst, Jimmy and Forrest from Forrest Gump, Justin Timberlake, and Britney Spears, Tim McGraw and Faith Hill, Johnny and Baby from Dirty Dancing, and our very own Mr. Ramey and Mrs. Phelps. The king was also in the building. First place went to Ike and Tina Turner, Second went to Mr. Ramey and Mrs. Phelps, Third went to Tim McGraw and Faith Hill, and honorable mention went to Elvis and Priscilla Presley.

The mock beauty pageant ended up being a great success.

Decorations were all over the halls during V-T week. Seniors Tiffany Stagle and Amanda Blaylock stand in front of the sign telling what all the dress up days were for the week. The football players played hard and rough at the V-T games. The football team keeps the Vikings from blocking the extra point kick that the kicker, freshman, Hunter Meade kicks, giving Virginia High their score of 7. The band plays a huge role in getting the crowd involved at games and pep rallies. The drummers keep the beat going, and get the crowd upbeat. The crowd is one of the main focus of the pep rallies. Their support and team spirit helps get the team pumped to go out on the field and bring home a win. The football team attends every pep rally, and is the main reason we have them. At the V-T pep rally the football players showed their support by wearing their orange crowns.



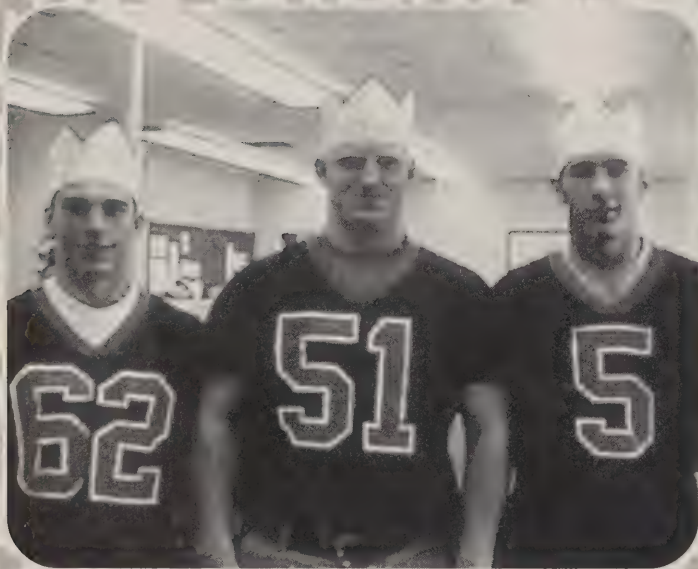
Josie Russell





**Simply Irresistible-** At the V-T Game, some of the VHS girls get together to show their school spirit. Friends spend a great deal of time together during the week.

**She's Crafty!-** While dedicating her Saturday morning to helping prepare the VHS halls for V-T week, junior **Mindy Fields** puts a few last touches on one of her V-T signs. Clubs and service organizations decorate halls for the big game.



**Would I Lie to You?-** They may look innocent, but they're not! Senior **Chris Morrison** and juniors **Jeremy Wright** and **Doug Nelms** show their school spirit by wearing their Bearcat crowns before the V-T game.

**Blaze of Glory!**-Standing proud, senior **Hope Dennis** points out one of her favorite signs in hopes that we will "Blaze the Vikings"! Individuals created banners to show their support.

**Girls are More Fun-** At our V-T pep rally, our cheerleaders pepped up the school for the big night. If it wasn't for the girls lifting school spirit, there would be few activities for V-T week.







**Danger Zone!**- During the bonfire, the senior football players, **Andrew Belcher, Todd Rosenbaum, Josh Shuler, and Derek Rose** lead the dirge for the Vikings, symbolizing our goal of dominating our rivals.



**In a Big Country-** One of the dress up days for V-T week was Hillbilly Day. Not only do the students dress up to show their school spirit, but so do the teachers. **Mrs. Kristofek** was one of our proud Hillybillies for that day!

**Caught up in you!**- At the V-T game, junior **Jermaine Tucker** tries to tackle one of his Viking opponents to prevent them from scoring a touch down. We look forward to Jermaine's tenacity and hard work that helps make him one of the team's stand out players.



**Run Run Away!**- During V-T week seniors **Josh Alexander and Tiffany Slagle** dress up for the Mock Beauty Pageant on Friday during our pep rally. They dressed up as **Jenny and Forest** from *Forest Gump*.

**The Message!**-During V-T week, freshmen **Gwen Massie, Patrick Osborne, and senior Emily Smith,** show a little school spirit as they point out the message of "Stomping the Vikes" before the game

**Everybody  
have fun to-  
night!**

V-T week has been a tradition for as long as 82 years and it is all about letting your true school spirit show. Throughout the week the students and faculty have a chance to dress up for hippy, tacky, twin, hillbilly, and orange and black day. This year many of the students dressed up for the days and took part in the blood drive competition with Tennessee High. On Friday night, the big game took place at the "Bearcat Stadium" and there was a great turn out!!!

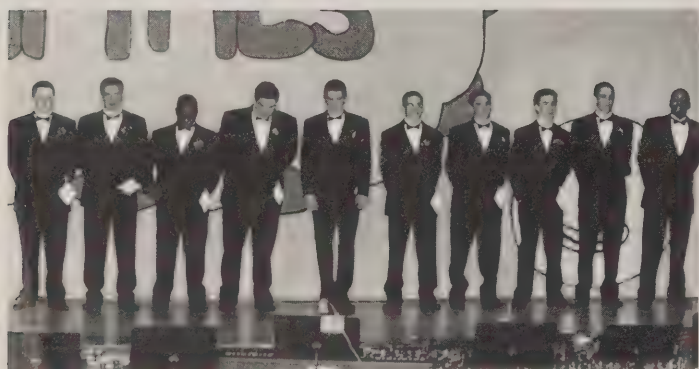




## Top Ten Women



Spring Festival Court — : Fourth Runner-up, Evan Jones and Leslie Sullins; Third Runner-Up, Katie Dixon and Nicholas Stevans; Second Runner-up, Emily Smith and Doug Nelms; First Runner-up, Sedrick Settle and Hope Dennis; King and Queen, Todd Rosenbaum and Brittany Wilson.



## Top Ten Men



SPRING FESTIVAL



Now we've had the time of our lives  
 No we never felt like this before  
 Yes we swear it's the truth and we owe it all to you  
 Cause we've had the time of our lives  
 and we owe it all to you (stage crew, acts, contestants, mc's)  
 We've been waiting for so long  
 Now I've finally found a ticket  
 So go with me  
 We saw the writing on the curtain  
 As we felt this magical fantasy  
 Now with Apron Antics in our eyes  
 There's no way we could disguise it secretly  
 So we give each other a hand  
 Cause we seem to understand the urgency  
 Just remember it's the one thing  
 We can't get enough of  
 So I'll tell you something  
 This could be Spring Festival



**Silent Partners** — These two, junior Kelly Testerman and senior Lindsey Ratcliff, are for from "blue," as they paint the backdrop for this year's festival. The stage management class had the difficult chore of designing a unique backdrop for the apron.

**Desperate but not Serious** — Taking a break from the strenuous rehearsal for contestants, senior Nicole Gray along with freshman John Gruothaus, analyzes the blueprints of the newly designed addition to the stage.



**Head Over Heels** — Displaying their formal attire, seniors Sheree Gibbs, Lindsey Browning and sophomore Elizabeth Browning, await the entrance of senior Matt Lewis, their co-host. Matt certainly did not give them "the shaft" as he strutted his way across the stage.



**Puttin' On the Ritz** — These two swingers, senior Matt Lewis and sophomore Elizabeth Browning, dazzle the crowd with their dancing abilities as they host Spring Festival. Poise and originality were important factors in becoming emcees.





# APRON ANTICS

**Sole Survivor**-Singing "When You Say Nothing At All," junior **Lindsay Raettig** actually said a lot about her wonderful singing ability. Performing alone on stage is a monumental task which requires confidence.

**Automatic Man**-Moves come to junior **B.J. Goliday** automatically. B.J.'s original hip-hop dance revealed his talent.

**Come On Feel The Noise**-The band "Big Hudoo," along with junior **Chris Wilkey** singin "Higher Ground" created some rock n' roll noise that everyone wanted to hear. The rock n' roll bands added flavor to Spring Festival that rock fans enjoyed.

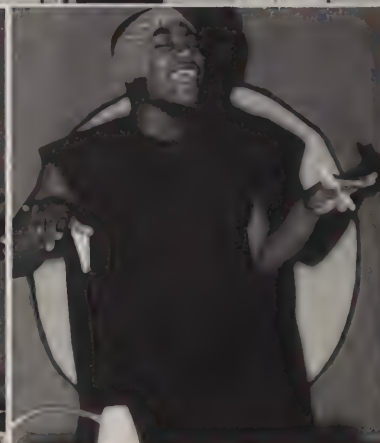
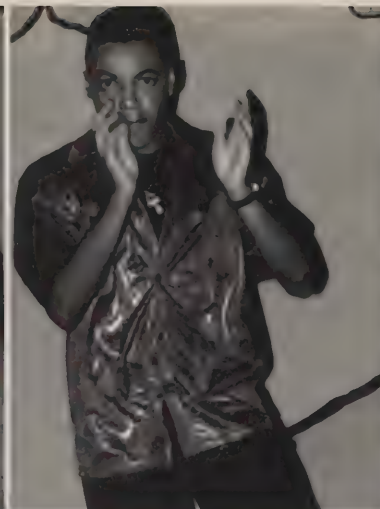
**Synchronicity**-Jumping in unison, freshman **Amanda Hairston** and sophomore **Andrea Jones** show off their synchronized dance techniques. The girl's unique combination of jazz and ballet spark to the show

**The Way You Make Me Feel**-In a moment reminiscent of many "teen" bands, senior **Jamal Lockett**, junior **Langley Shazor**, freshman **Ashley Shazor** and junior **Jeff Bundens**, sing "I Will Get There." Their harmonious melody gave the audience a chance to hear their voices in sync.

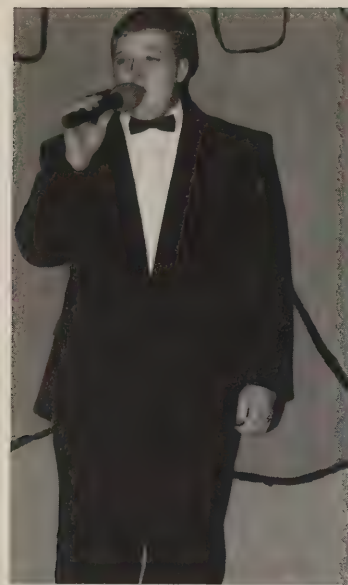
**It's Rock N' Roll To Me**-It's rock n'roll to freshman **Amy Duncan** singing "Crazy On You," with her band, Surreal. The girl's band added femininity to the rock scene.

**Old Time Rock N'Roll**-Strumming along to Bob Marley's "Redemption Song," sophomore **Han Kim** created a true rock n'roll atmosphere in the auditorium. Fans always appreciate classic rock n'roll songs that "move the soul."

**Steppin Out**-Being unique is hard these days, but junior **Sedrick Settle** and the rest of the group Dynamite reflect their individuality through their awesome stepping skills.



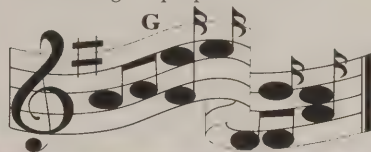




**I Guess That's Why They Call it the Blues-** Singing "Tenderly," junior **Jeremy White** expresses great emotion. Blues songs were an enjoyment to the crowd because of the classic sound.

**Into the Groove-** Dancing her heart out, sophomore **Sarah Moore** got into the groove of her original dance along with **Lindsay Browning** (not pictured). The girl's combinations of jazz and hip-hop was a crowd-pleaser.

**Glamorous Life-** Singing "It Had to Be You," senior **Samantha Hayter** sounds like a Grammy nominated diva. Singing songs in Spring Festival often reflect feelings of people.



**Bliztkreig Bop-** Just like the unique name, "Big Fat Whales," junior **Rucker Sewell** and senior **C.J. Bloomer**, perform an original song about the trials and tribulations of a whale. The song was elegantly orchestrated by the warming background of a dulcimer.



**Let The Music Play**  
Mr. Hopson, along with his musical entourage, perform the Chicago classic "25 to 6 to 4." The glaring tones of the brass and the soulful cries of the winds created a light beat mood to entertain the crowd.

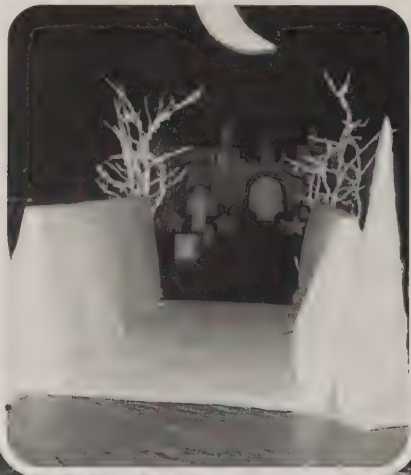


**Just Between You and Me...**  
These two performers were fabulous. Freshman **Lauren Hughes** and **Justin Wiseman** performed an outstanding duet of "Wish You Were Here" by Pink Floyd.





# I WANNA DANCE WITH SOMEBODY



1

**We Built This City** - Members of the Prom Committee built the set for the "Enchanted Forest" theme.

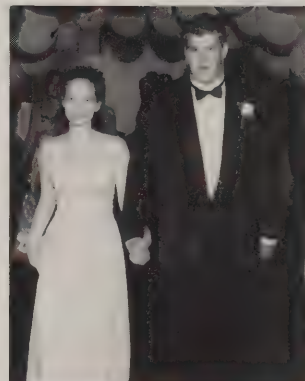
**Steppin' Out** - As tis group of students head upstairs to the prom they stop to pose for a quick picture.

**Say It Isn't So** - Can you beleive it, faculty members partying at the Prom? Here, **Dale Morrell** and **Roya Blankenship**, along with their partners , chat about the couples and their formals.

**Rhythm is Gonna Get You** - Hanging out under the canopy is a tradition at the prom. Dancing to the beat seniors **Sheree Gibbs** and **Iginah James** strut their stuff.



**Real Wild Child** - Todd Leonard



**Pretty in Pink** - Michael Stallard, Sara Musgrove



**Cradle of Love** - Chase Hobson, Date

2



3



4



**Open Arms** - Yolanda Stuart, Date





### Pump Up the Jam

Is this a remake of the famous Cotton Club during the '20's'? No, it's the gang that brings the jazz and groove to the prom.

### Puttin' on the Ritz

Memories of this night are made with friends. Freshmen Amy Lauren, Senior Bret Stringer, junior Heather Leonard, seniors Meredith Lawson and Joey Gasbarri gather together, perhaps for one last time.



### Ain't Even Done With the Night

Couple enjoy spending time with each other, as they reflect on the past years of their high school career. During a moment of relaxation, seniors Natasha Garrett and Lisa Tauscher spend a memorable night with their dates.

### Rhythm of the Night

Amid the castle in the sky these students take a candid opportunity to pose for a picture. Groups shots are often taken around the beautiful sets created by the prom committee..

### That's What Friends Are For

It's Boys vs. Girls Time. These couples look ready for a night full of hard-hitting fun.



### The Rose

Like a picture from a magazine Miranda Carrier is dressed to the "nines". Finding that "perfect" prom dress is a must for most girls.



# Only a Memory



Any song can spark  
a special memory



Oh, almost paradise  
We're knocking on heaven's door  
Almost paradise  
How could we ask for more?  
I swear that I could see forever in your eyes,  
Paradise

## ALMOST PARADISE

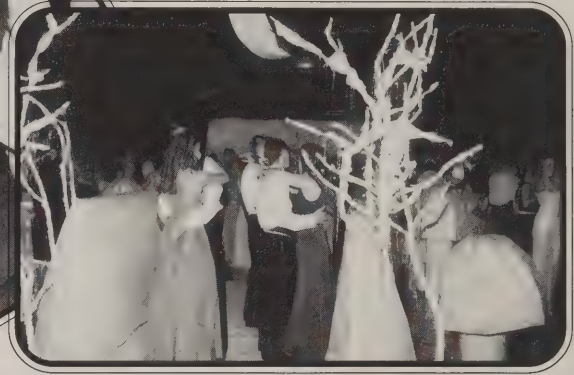
By Mike Reno and Ann Wilson



There's a party goin' on right here  
A celebration to last throughout the years  
So bring your good times, and your laughter too  
We gonna celebrate your party with you.

## Celebration

Kool and the Gang  
1981



We don't need no education. We don't need no thought control. No dark sarcasm in the classroom. Teacher, leave them kids alone. Hey!, Teacher, leave them kids alone. All in all it's just another brick in the wall. All in all you're just another brick in the wall.

*Another Brick in the Wall*  
Pink Floyd



Working hard to get my fill,  
Everybody wants a thrill  
Payin' anything to roll the dice,  
Just one more time  
Some will win, some will lose  
Some were born to sing the blues

Oh the movie never ends  
It goes on and on and on and  
on .....

*Don't Stop Believin'*  
Journey

What a feeling, bein's believin'  
I can't have it all, now I'm dancin' for my life  
Take your passion, and make it happen  
Pictures come alive, you can dance right through your life

*Flashdance (What a Feeling)*  
Irene Cara



Here I go again on my  
own. Goin' down the  
only road I've ever  
known. Like a drifter I  
was born to walk alone.

*Here I Go Again*  
Whitesnake



I need a hero.  
I'm holding out  
for a hero till the  
end of the night.  
He's gotta be  
strong, and he's  
gotta be fast and  
he's gotta be  
fresh from the  
fight. I need a  
hero.

*Holding Out for a Hero*  
Bonnie Tyler



Let the music  
play he won't  
get away, Just  
keep the groove  
and then he'll  
come back to  
you again, let it  
play. Let the  
music play he  
won't get away.  
This groove he  
can't ignore, he  
won't leave you  
anymore, no, no,  
no.

*Let the Music Play*  
Shannon



I'm gonna make a change,  
for once in my life  
It's gonna feel  
real good  
gonna make a difference  
Gonna make it right....

I'm starting with the man in the mirror  
I'm asking him to change his ways  
And no message could have been any clearer  
If you wanna make the world a better place  
Take a look at yourself, and then make a  
change

*Man in the Mirror*  
Michael Jackson



Everybody's  
talking all this  
stuff about me.  
Why don't they  
just let me live?  
Tell me why. I  
don't need  
permission to  
make my own  
decisions. That's  
my prerogative-  
It's my preroga-  
tive.

*My Prerogative*  
Bobby Brown





**Photograph** - Picture Day for underclassmen is often chaotic for both teachers and students. Junior Mia Hawkins prepares all the necessary information to be sent around the school to make this time less hectic.

**Perfect Way** - This year's editor, Nikki Glover helps next year's editor Matt Richardson and co-editor, Emily Tolley. By working together, the future editors can learn from the current ones and feel comfortable when they begin their new jobs next year.

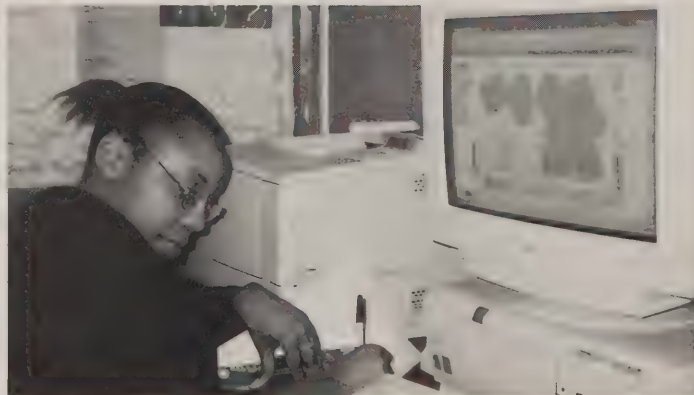
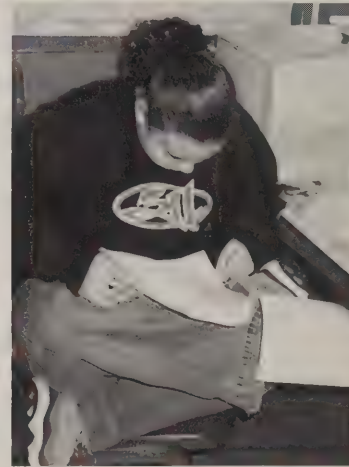
**We're Ready** - Working hard to meet their deadline, Mrs. Palmer's second year journalism class prepares for the "big submission". Around this time there is a great deal of stress and tension in the air.

**Words** - Before submitting the first deadline for the Virginian, juniors Matt Richardson and Nova Via edit the paper for any mistakes. This process is a key point to a successful publication.

**I Still Haven't Found What I'm Looking For** - The journalism classes are working hard to make the 2000-2001 yearbook a success. Sophomore Ginni Vance is searching for eighties song titles to include in her spread.

**Manic Monday** - Most of the work that is done with the yearbook is composed on the computer. Students such as junior Melanie Harvey create and layout their spreads on a computer template.

**Bit by Bit** - Journalism students have some down time in class when they are not working on a particular spread. Senior Josie Russell takes some time to work on a collage to be placed in the yearbook.





# ELECTRIC YOUTH



## 2000-2001 Staff

**Editors** - Nikki Glover, Katie Shields  
**Co-editors** - Matt Richardson, Megan Williams  
**Student Life Editors** - Hope Dennis, Emily Smith  
**People Editors** - Josie Russell, Brittany Triplett  
**Academic Editors** - Alison Smith, Kathryn Rainero  
**Sports Editors** - Deonna Fields, Melanie Harvey, Yolanda Stuart  
**Ad Editors** - Jessica Puckett, Ashley Bohon, Nova Via  
**Reporters** - Elizabeth Browning, Maggie Davis, Amber Dunn, Tad Giles, Hilary Ginther, Mia Hawkins, Ashlee Hill, Christian King, Haley Meade, Leah Rosser, Keegan Sutherland, Emily Tolley, Holly Weaver, Summer West, Ginni Vance  
**Sponsor** - Kristin Palmer

**Desire** - Throughout the year the students in Journalism do even more than design the layout of the yearbook. They also help design ads to market the Virginian, as seniors Alison Smith and Emily Smith demonstrate.

**You're a Friend of Mine** - The Yearbook III class is made up of seniors only. Along with working hard to create a memorable publication the girls in this class have become good friends.

**Land of Confusion** - Trying to find good pictures and write good copy can sometimes be confusing. The students in third year journalism are doing their best to correct other students mistakes.

**People Are People** - The students in second year make a great team. They work primarily on special academic and sports pages throughout the year that will allow them to gain expertise for their roles as leaders next year.

**She Works Hard For the Money** - Preparing the ad section of the publication is a tedious and difficult task to organize. Laying out the specific ads, senior Jessica Puckett uses PageMaker design pages to create the available spaces.

"This has been a remarkable year. This group of individuals rose to the occasion and made an creative publication that will be as enjoyable to read as to look at in the future."

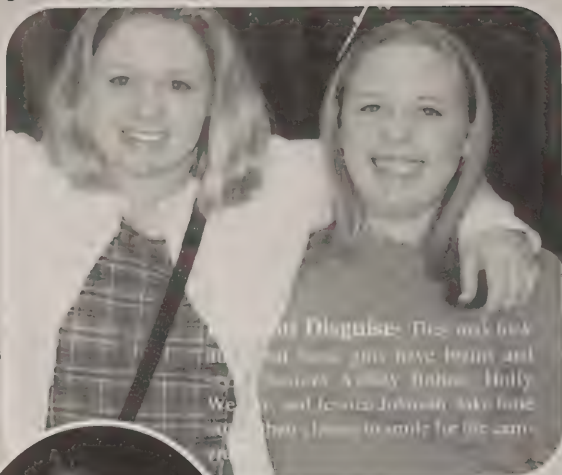
Sponsor, Kristin Palmer





# Airhead

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**Stuck With You-** There so close they even dress alike. Best friends Junior Heather Leonard and sophomore Mallory Lucas show their friendship out of school.

# Bogus

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**You Can't Move Me-** Get up for what? VHS students spend their time chilling and relaxing at a get together on the weekend.



# Bogus

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**You Give Love a Bad Name-** Is there something different about your...hair? What a change! Many students dress up for tacky day but these girls went all out. To show spirit during V-T week seniors Erica Somerville, Deonna Fields, and Sheree Gibbs show off their style.



**I'm Bad-** Are you talking to me? Students find many different ways to express their school spirit. Here senior Isreal Gibson has personalized his own sign.

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**Nobody's Fool-** Surprise! Caught in the act senior Lee Jones tries to pretend he doesn't know what's going on.



**Misunderstanding-** Who me? A quick pose for the camera is all one needs. At VHS pep rally senior Nikki Glover gives an innocent pose for the camera.



Excellent

at my sports

**Faithfully-** Full of spirit, these students make signs to support the cats during V-T week.



**She's a Maneater-** Man I'm starving! Junior Tara Stout chows down on some pizza during lunch.

G narly

**Wild Thing-** He makes my heart sing! Apparently senior **Jamal Lockett** found something funny and decided to share it with everyone.



**Hungry Like the Wolf-** Hungry Fella? There ya go! Seniors **Deonna Fields** and **Erica Somerville** play Chubby Bunny at a Chinese Restaurant.



Fresh

**Got a Hold On Me-** Security, Security! VHS's own security Officer **Milo Brunson** poses for the camera.



**Youth Gone Wild-** These kids have what it takes to be free.

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**King of Pain-** Get out of here! To make his class more interesting, **Mr. Rollins** inspires his students by acting out the parts.



**The Kids Are Alright-** During the pep rally, these students congregate in their section of the stands.





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**YOU BE ILLIN'**-Try-  
ing to get her students  
under control at the pep  
rally, **Miss Graham**  
points her finger and lets  
them know she means  
business.



**FREEZE FRAME**-Senior  
**Jacob McAllister** seems  
to be the king of the world,  
looking cool and composed.



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**ALIVE & KICKIN'**-  
Twinkle Toes! Freshman  
**Hunter Meade** kicks  
off the ball to get the game  
started



**DOIN' DA BUTT-**  
Sophomore **Tyler Belcher**  
shakes his groove thang  
while getting a drink. Get-  
ting drink machines in the  
schools was a great privilege  
for thirsty students



JAMMIN'

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**BUST A MOVE**-Everybody get your  
roll on! The Junior Varsity Cheerleaders  
give their best moves to get the crowd ener-  
gized at the Bonfire.



**WILD  
WILD  
WEST**-Yee  
Haw! VHS  
students show  
their school  
spirit by dress-  
ing up for Hill-  
billy Day dur-  
ing V-T week.

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**SOUND OF THE  
CROWD**-Varsity  
Cheerleading Captains **Sa-  
rah Walls, Hope Den-  
nis, and Josie Russell**  
take a break from putting up  
signs to smile for the camera.



**DON'T BE LONELY-**  
All alone with no where to  
go, senior **Josh Sokolow**  
stands by himself trying to  
look cool.



**2 OF A KIND-**Am I seeing double? No, it's just Twin Day at VHS. Some chorale students show their school spirit by dressing up for one of the V-T days.



**LIVING IN AMERICA-A**  
fine, upstanding, young American,  
sophomore **Chris Horner**  
proudly salutes the flag.



**TUFF ENUF-** The football team stands ready, looking solid. Being able to withstand blows is a key to a successful team.



**ANOTHER ONE  
BITE THE DUST-**  
Junior **Doug Nelms**  
takes out a FIS de-  
fender in the big V-I  
game. The art of de-  
ception is an interest-  
ing asset to football.



**LET'S HEAR IT FOR THE BOY-** Senior **Todd Leonard** takes time out of class to have a snack. Students are often allowed to have snacks in class if their work is done.



**DUDE LOOKS LIKE A LADY** Another way to get students ready for the football game is by inviting stars to come and visit VHS. Here Brittney Spears (senior **Isreal Gibson**) and Justin Timberlake (senior **Emily Smith**) stop by to give encouragement to the football team.



**DRESS ME UP**-What do all these stars have in common? They all stopped by the Mock Beauty Pageant to support the 'Cats on Homecoming.





# QTS

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**Girls Ain't Nothing But Trouble-**Before a night out on the Boardwalk, senior Emily Smith and freshman Gwen Massie, take time out to show their thrill of being at the beach.



**Caribbean Queen-**Senior Casey Blakenship is crowned Homecoming Queen for the year 2000-2001.

# RIPS

**Just Can't Get Enough-**Are you going to eat those? Lunch is a time for students to associate and talk about their day. Here junior Stephen Brewer tells his "story of the day."



**Some Guys Have All the Luck-**How lucky can a guy get? Senior Matt Lewis poses with some VHS ladies during lunch.

# SOLID

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**There's No Stopping Us-**Coach Adams gives an inspiring speech to the football team to get them pumped.



**IN YO' FACE-**Scott Jones and senior Robert Kieffer show their Bearcat pride by participating in a pie-eating contest during a pep rally.



# TOTALLY TUBULAR

**Fields of Fire-**VHS senior football players get fired up at the bonfire celebration.

**STRUT-Sunshine** day at VHS's Mock Beauty Pageant. While the crowd cheers them on, seniors Lindsey Ratcliff and Jarrod Wilson strut their stuff down.



# Uniqe

**If You Don' Know Me**

**By Now-**Lady's man...at a VHS football game a variety of people come to show their school spirit. Here juniors Whitney Looney and Jessica Walling pose with friends.



**Wild Boyz-**These boys pretend to demonstrate mad skill, but we know the truth.



# V i k e s

A L L E Y G I R L



**She Drives Me Crazy-** Like, go 'Cats!! During their busy schedule, cheerleaders always find the time to stop, and pose for the camera. Juniors **Brittany Wilson**, **Britini Penley**, and **Maggie Waterman** show the bond that is obtained from long hours spent together preparing for a game.

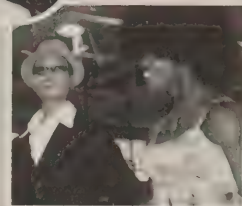
**I Wanna Be Sedated-** Very intimidating isn't it? Many students put in a lot of time and effort to decorate the school during V-T week. Here sophomore **Adam Huggins** poses for the camera.



**Whatever**  
**Is She Really Goin' Out Him?-** One's gotta wonder what **Monica Hawkins** sees in **Josh Wilenson**...I think it's the car!



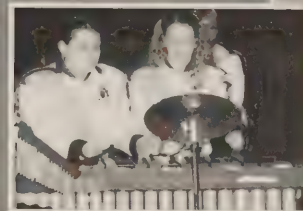
**What's Love Got to Do With It?-** This couple can't be mocked. Seniors **Jamal Lockett** and **Deonna Fields** took home first place at the Mock Beauty Pageant during V-T week.



## Xylophone



**Beauties of the Court-** The girl's basketball team takes time out of their busy schedule to pose for the camera.



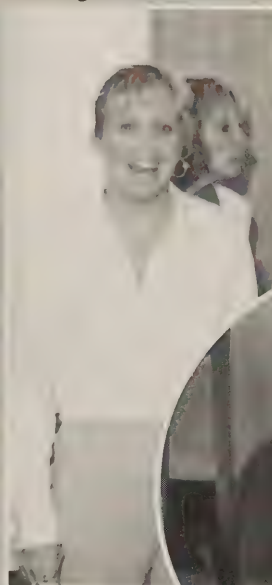
**We Got the Beat-** It takes two to tango. During a band performance, junior **Tiffany Sampson** and sophomore **Megan Balthis** inspire us with their musical talent.

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**Under Pressure-** Always on top of things, we catch Mrs. **Palmer** frantically trying to xerox her test for the next class.

**Alone-** Taking advantage of the peace and quiet study hall, junior **Jared Whitner** works hard on his chemistry.



**Sharp Dressed Man-** Phat Ride! Just before leaving for a night of dancing at VHS prom, senior **Brent Boundarant** leaves to pick up his Cinderella.





A.



B.



# GOALS

*Started playing a few years ago,  
Not resting until I met my goal.  
But having a goal of an Olympic Dream  
By playing with the US team.  
Six days a week I go and practice,  
Hoping some day to be in the winner's brackets.  
Reaching for the stars,  
Praying that they are not far.  
I see me in the game,  
I take first place, to great fame.  
The U.S. flag up high,  
As I stand with tears in my eyes.  
Now you know that goals can come true  
So if you don't make it, don't be blue.  
Try, try, and try,  
Then you will succeed-so TRY!*

**A. Under Pressure-** Pressure builds up while junior Josh Blakenship putts to bring his team to a first place victory during a tournament. Putting takes a lot of concentration while your teammates count on you to bring them home.

**B. She's A Maniac-On the Court,** senior Nikki Glover gets pumped up and is ready to play. When one player is hype, the other players feed off of his or her energy.

**C. The Flyer-**Trying to score three points junior Jermaine Tucker leaps over his opponent during a close game at the Pepsi/Highlands Union Classic. This is a tournament that Virginia High participates in every year.

**D. SuperBowl Shuffle-**The football team tries to rush for a few more yards during a game against Lebanon. Having an effective offensive line is important to gaining yardage.

**E. Cheer Down-**The cheerleaders pose for a picture during a boy's basketball game. One of the goals for them is to pump up the crowd.

**F. Blister in the Sun-**Racing against time the cross country team participates in then Creeper Trail race. People of all ages are eligible to run in this race.

**G. The Stroke-**During the Big Ten relay one of VHS swimmers backstrokes to the finish line.





C.



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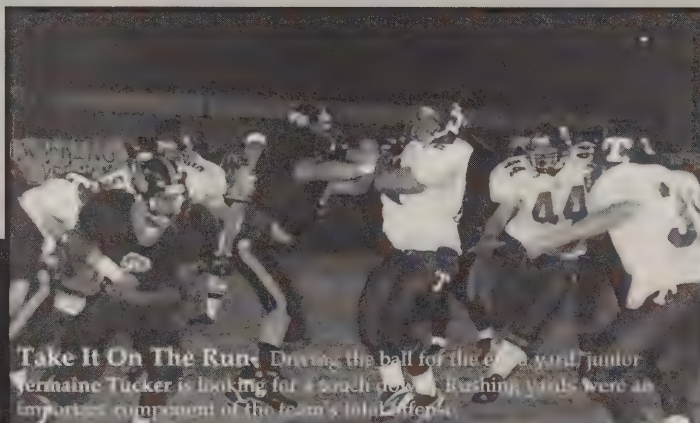
G.





# WHEN THE GOING GETS TOUGH, THE TOUGH GET GOING

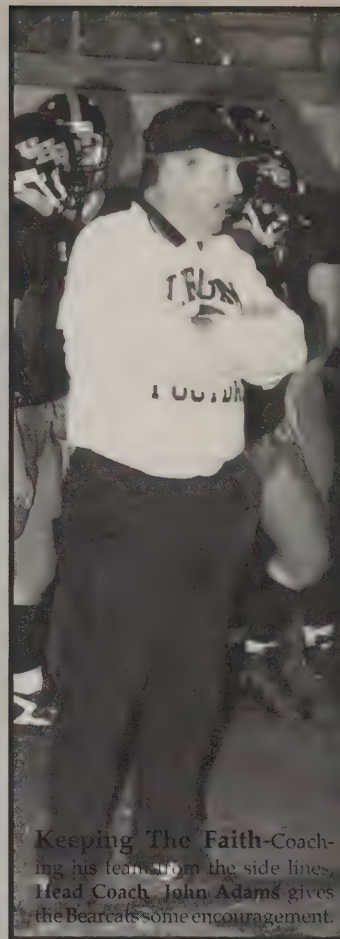
When the going gets tough the tough gets going, to Huh, huh, huh, huh When the going gets tough, the Bearcats gets ready. I got something to tell you, I got something to say, I'm gonna put this dream in motion, never let nothing stand in my way, when the going gets touch the tough get going. I'm gonna get myself 'cross the end zone, that's the price I'm willing to pay, I'm gonna make you stand and deliver and give me the football the old-fashion way. Coach, I'll climb any mountain, Coach, I'll do anything. Can I hit someone and do the things that football players do. I wanna hit someone. I gotta get it through to you. When the going gets tough the tough get going, when the going gets rough the Bearcats gets rough. Hey, hey, hey coach. I'm gonna buy me a one-way ticket, nothin's gonna hold VHS back. The ball is like a slow train coming and I feel it coming down the field. Coach I'll run for a touchdown, Coach I'll do anything, can I hit someone and do the things that football players do. I wanna hit someone, cos when the going gets tough, the tough get going, when the going gets rough the bearcats get rough. Coach, i'll climb any mountain, coach i'll swim any sea, coach i'll reach for the end zone. with people knocking me down. Can i hit someone and do the things that footballs players do. I wanna hit someone, i gotta get it through to you. When the going gets tough, when the going gets rough.



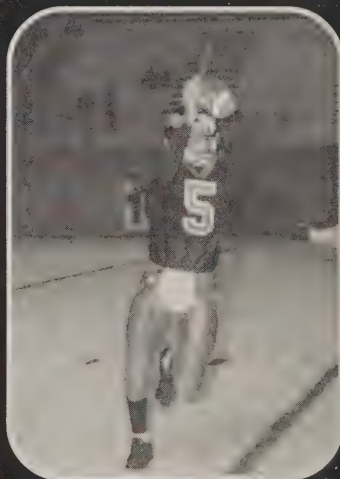
**Take It On The Run** During the ball for the end zone, junior Vermaine Tucker is looking for a clutch pass. Rushing yards were an important component of the team's total offense.



**Notorious**-The five VHS seniors are the back bone of the bearcats and continued to lead the team through the year.



**Keeping The Faith**-Coaching his team from the side lines, Head Coach John Adams gives the Bearcats some encouragement.





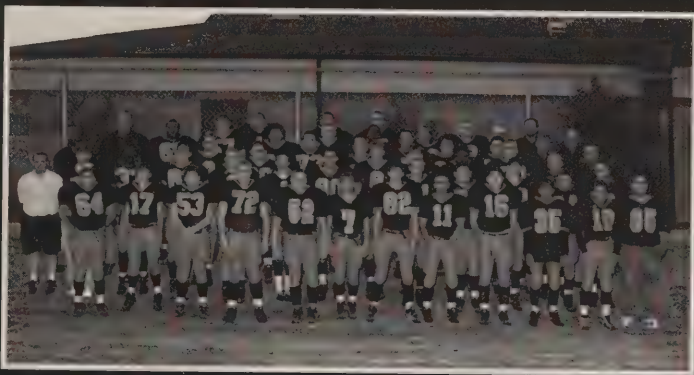
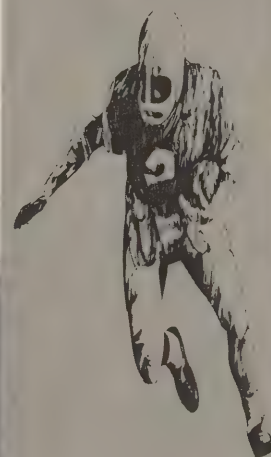


**Point of no return** - Kicking the ball with force freshmen **Hunter Meade** tries to put the opponents in poor field position. Setting up a good opportunity for the Cats' defense to take control of the game



## 2000 VHS Football

	US	THEM
Gate City	0	41
Sullivan East	20	19
Richlands	0	43
John Battle	28	9
Lee County	22	28
Tenn. High	7	28
Abingdon	6	12
Lebanon	7	34
Marion	14	47
Tazewell	7	41



Front Row-Matt Grimm, Seth Barrett, Joe Whitt, Andrew Carico, Trent McVey, Patrick Osborne, Justin Matney, Kevin Wingard, Seth Pauley, Josh Booher, Trey Francisco, Second Row-Coach Hodge, Chris Parks, Donald Pender, Nick Curcio, Clayton Hinson, Hunter Meade, Randy Stamey, Dustin Bohon, Tyler Braswell, Brendan O'hara, Matt Grimm, John Kistner, Third Row-Todd Cross, Derrick Widner, Hunter Lane, Kevin Worley, Chad Harris, David Burks, Daniel Griffin, Eric Knowles, Coach Daniels, Fourth Row-Coach Jones, Alec Worley, Kenneth Hubbard, Tyler Goad, Jeremy Wright, Jermaine Tucker, Doug Nelms, Jesse Wagner, Jon Rogers, Coach Kegley, Coach Adams, Last Row-Coach Workman, Todd Rosenbaum, Andrew Belcher, Derek Rose, Chris Morrison, Josh Shuler, Coach Bulldog, Coach Baker



**I Don't Want To Talk About It**- Stepping up as one of the team leaders, senior **Andrew Belcher** gives a pep talk to pump the crowd up for the big game. Getting the fans involved always boosts the team's confidence.

“It's not the size of the dog in the fight, but the size of the fight in the dog

Archie Griffin



*You're an eighties child if...*

*When you're stuck in traffic you tell your car to engage in Turbo Boost and are surprised when it doesn't.*

## Cross Country

# I'M STILL STANDING

*ALTHOUGH THIS YEAR'S TEAM IS YOUNG, THE FUTURE FOR CROSS COUNTRY LOOKS PROMISING.*

**Attention!-** The 2000 Virginia High Cross Country Team stands together in unity for a pre-meet picture. Members of this year's team are as followed: (left to right) Brett Davis, Chris Mitchell, Dominique Nacastro, Chris McConnell, Danny Goodson, Amy Derr, Ashlee Hill, Ben Harrison, Tony Puglisi (not pictured, Buddy Adams). This year, the cross country team at Virginia High has grown considerably. In the past, the team consisted of about four or five runners. This year, the team has prospered from the interest shown from many underclassmen. With the new coach, Val Miller and the interest of underclassmen it is obvious that the future of Virginia High Cross Country looks promising.



**I Think I Can, I Think I Can-**  
There are many techniques that seem to help runners get through those hard races. Focusing on the finish line gives sophomore **Ashlee Hill** (left) a sigh of relief. Teamwork proves to be key for senior **Ben Harrison** and sophomore **Danny Goodson** (bottom left). Pure endurance gives freshman **Chris Mitchell** (below) strength to keep going.







**Hard Core Runner-** After running a three mile race, freshman **Dominick Nicastro** doesn't even appear to be tired. Three miles is nothing compared to the eight to ten run every day in practice.

**Should We Wake Him?-** While standing over senior **Buddy Adams**, sophomores **Chris McConnell** and **Tony Puglisi** discuss whether or not they should wake him up for the race. It may look like Buddy is just being lazy, but sufficient rest is crucial to running a good race.



## AND THE RESULTS ARE IN!

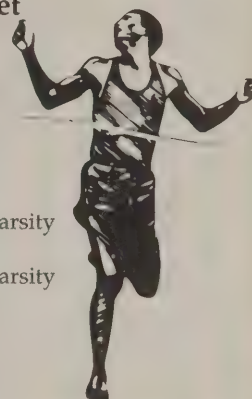
### The 2000 Highlands District Meet

#### Runner

Ben Harrison  
Buddy Adams  
Chris McConnell  
Brett Davis  
Tony Puglisi  
Chris Mitchell  
Dominick Nicastro  
Danny Goodson  
Amy Derr  
Ashlee Hill

#### Place/Race

18th/Varsity  
24th/Varsity  
16th/Varsity  
29th/Varsity  
21st/Varsity  
15th/Junior Varsity  
14th/Varsity  
Place Unknown/Varsity  
16th/Varsity  
18th/Varsity



### Why do you love to run Cross Country?



**Amy Derr**  
Freshman

*"Running cross country is not that easy and if you do well at cross country, you feel like you have accomplished a lot."*



**Ben Harrison**  
Senior

*"I really enjoy the competition with running, but most of all I like being a part of the team."*



**Buddy Adams**  
Senior

*"Because when you finish a race, it gives you a feeling unequal to that of any other sport."*

**Still Standing-** Not only are the Virginia High runners still standing, they are standing victoriously! Many of the Virginia High runners placed first in the Creeper Classic race in Abingdon. In the 14 and under division, freshmen **Dominick Nicastro** and **Amy Derr** both placed first. In the girls' 15-19 age division, sophomore **Ashlee Hill** placed first. In the boys' 15-19 age division, sophomore **Chris McConnell** placed second and senior **Ben Harrison** placed first.



**Down Time-** The Virginia High boys sit down and relax before the meet at North High School. It is important for runners to use the down time before the meet to get focused. Runners also use the time to warm up and stretch out. The Virginia High boys show that team support is important also. They spend their time before the meet giving each other support.



**Senior Leadership?-** Seniors are supposed to be role models. It's funny how seniors **Buddy Adams** and **Ben Harrison** show their leadership. Maybe the two seniors will become motivated once **Coach Miller** begins to prepare for the race.





# Solitaire

*"Solitaire, it got so lonely  
Solitaire, with no one to hold me  
Where were you when I played  
solitaire?"* —Laura Branigan

In golf, as is often the case in life, it's just you out there. While you always have your friends at your side, ultimately you win or lose on your own. This year's golfers performed well, both as individuals and as a team. Juniors Evan Jones and Jon Harper did especially well, both making it to district competition. Evan went on to place at the state level.

The VHS golf team has a history of success, a legacy which is likely to continue for some time. Next year, Evan and Jon will return as seniors, and many of the younger players on the team can be expected to step up as they get older, better, and more

experienced under the leadership of Coach Caldwell.



**Here I Go Again-** When on the green, it is essential to plan a shot perfectly, as junior **Evan Jones** shows. Here he uses his club to line up a clear shot at the hole.



**Rock You Like a Hurricane-** As junior **Evan Jones** and freshman **Tyler Clark** look on, **Gordon Clark** takes his shot. Which generation will emerge victorious in this encounter?



**Tall Cool One-** Putting is a integral part of any golfer's game. The ability to sink a putt at a crucial moment is of the utmost importance and can make or break a golfer. Here, senior **Andy Moore** is about to take his best shot at the hole.

You're an eighties child if...



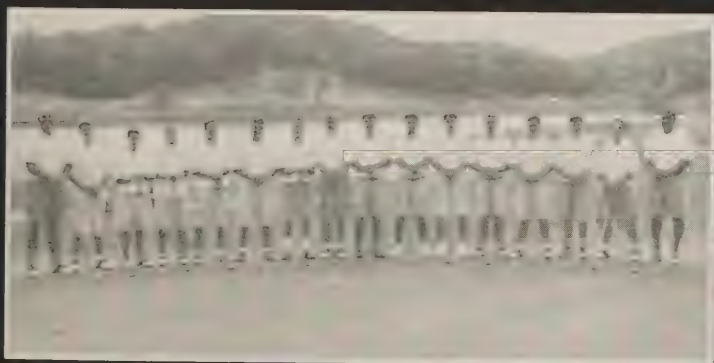


**I Can't Drive 55-** With a perfect swing, junior **Jon Harper** sends his ball sailing across the fairway, on its way to the hole. Jon is a key member of the team, making it all the way to the district competition.

**Hit Me With Your Best Shot-** Lining up his shot, freshman **Tyler Clark** stands ready. Tyler was one of the young talents on this year's team.



**Walk This Way-** Wouldn't this be easier if they gave these guys a cart? Junior **Jon Harper** and crew take a walk to where they will be taking their next shots.



**Left to Right:** Coach Caldwell, Matt Fore, Tyler Clark, Jon Anderson, Joey Gasberri, Ben Mink, Evan Jones, Brandon Hall, Andy Moore, Josh Blankenship, Evan White, Jon Harper, Zak Poulton, Wyatt Fore, Jon Harris, **Coach Lee**  
**Not Pictured:** Will Soublo, Russell Waddell

Hitting the Green	
Jon Harper	100%
Tyler Clark	95%
Jon Anderson	90%
Joey Gasberri	85%
Ben Mink	80%
Evan Jones	75%
Brandon Hall	70%
Andy Moore	65%
Josh Blankenship	60%
Evan White	55%
Jon Harper	50%
Zak Poulton	45%
Wyatt Fore	40%
Jon Harris	35%
Coach Lee	30%
Coach Caldwell	25%



...and the team's success in the district competition...

...the team's success in the district competition...

...the team's success in the district competition...



I get up, and nothing gets me down.  
 You got it tough. I've seen the toughest around.  
 And I know, Bearcats, just how you feel  
 You've got to roll with the punches to get to what's real.

Oh can't you see me dribbling here,  
 I've got my back facing the losing team.  
 I ain't the worst that you've seen.  
 Oh can't you see what I mean?

Might as well jump. Jump!  
 Might as well jump.  
 Go ahead, jump. Jump!  
 Go ahead, jump.

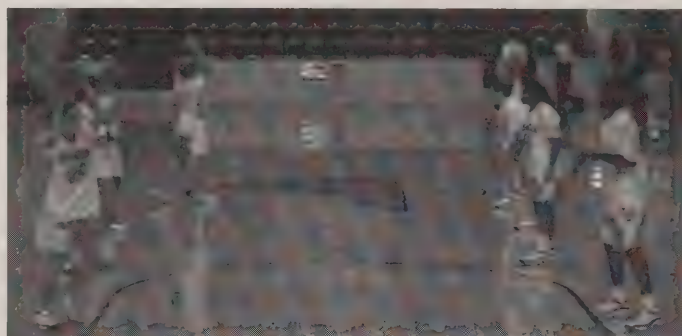
Aaa-ohh hey you! How said that?  
 Bearcats how you been?  
 You say you don't know, you won't know  
 until we win.

Oh can't you see me dribbling here,  
 I've got my back facing the losing team.  
 I ain't the worst that you've seen.  
 Oh can't you see what I mean?

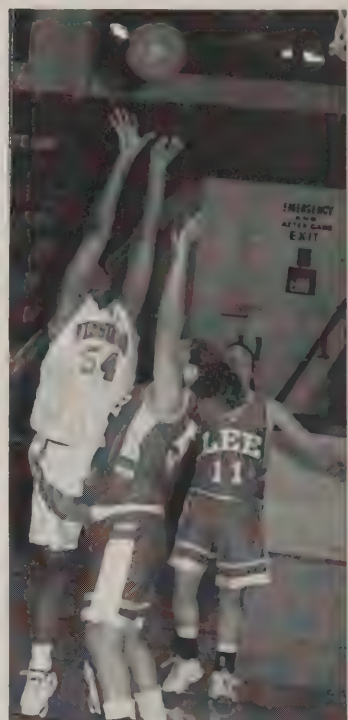
Might as well jump. Jump!  
 Might as well jump.  
 Go ahead, jump. Jump!  
 Go ahead, jump.

# (Might as well) Jump

**Throwing It All Away** - The team warms up before another big game by passing the ball back and forth to each other. Warming up helps the team to get loose and ready to do their best.



**Like a Rock** - Standing strong, junior **Cherese Henry** shoots over a defender's head. Offensive players must be tough in order to protect themselves from aggressive defenders.



## Varsity

	Us	Them
John Battle	62	52
Chilhowie	45	42
Lebanon	47	51
Abingdon	43	51
Gate City	59	67
Marion	31	51
Lee	28	54
Abingdon	25	37
Lebanon	46	41
Gate City	36	55
Marion	27	58
Lee	42	62



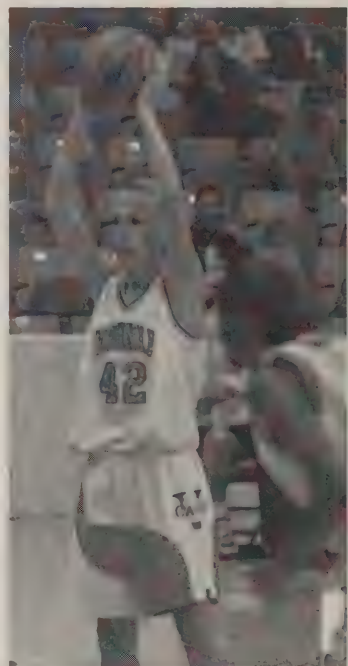
Left to Right: Sarah Beth Janson, Cherese Henry, Lena Patel, Audrey Sorenson, Sheree Gibbs, Lindsey Raettig, Ashley Grubb, Lauren Hanes, Rhoda Phillips, Megan Balthis

## Junior Varsity

	Us	Them
John Battle	28	12
Chilhowie	42	33
Lebanon	28	32
Abingdon	27	32
Gate City	30	32
Marion	32	29
Lee	27	38
Abingdon	24	19
Lebanon	27	33
Gate City	27	17
Marion	37	31
Lee	32	28



Left to Right: Morgan Sharp, Aimee Ann Landrum, Courtney White, Coach McNulty, Emily Tolley, Detria White, Katie Pittman, Lauren Hughes



**I Won't Back Down** - While looking for a team member to pass the ball to, senior **Ashley Grubb** shows that the pressure from the defense does not phase her. Ashley's constant ability to keep her cool helps provide successful ball movement for the team.





**Let Me Go** - While attempting a lay up, sophomore **Megan Balthis** tries to fight off a defender. It is always important to make the lay ups and draw the foul in order to help the team outscore its opponents.



**Alone** - The art of dribbling is demonstrated here by senior **Lena Patel**. Without this important skill it would be almost impossible to transport the ball down the court.



**Take Off** - Showing off her rocket-like reflexes, senior **Ashley Grubb** takes off down the court past an Abingdon defender. Breakaways are usually the easiest and most exciting way to score.



**Gonna Fly Now** - A Lee High player tries to score but is stopped by sophomore **Lauren Hanes**. It is important not to foul them in order to prevent trouble for the team.

**Back on the Chain Gang** - The team is called together during a time-out by Coach Reed to discuss some aspects of the game. It is here that he corrects them on what they are doing wrong.

*You're an eighties child if....*

*Punky Brewster is your hero*

**45 GIRLS BASKETBALL**





# Back In Black

Back in Black  
 We strive to smack  
 We just attack  
 Yes, we hate to lose  
 But we enjoy to be the Bearcat news  
 That's kept us hanging about  
 We've been looking at the sky  
 'Cause we know we're fly  
 Forget the loss 'cause we always try  
 We've got nine lives  
 Cat's eyes  
 Abusin' all the other teams and setting free  
 Yes, we're back in black  
 Back in the back  
 The defense attacks  
 We hit as fast as a bullet, we're the power pack  
 Yes, we're back in black



**Crying Over You-** Presenting assistant coach **Stephanie Smith** with her gift from the team on senior night, junior **Melanie Harvey** warms up to the camera with her former coach. Senior night is the most important game for the seniors on the team.



**Reflex-** After the ball was set to her, sophomore **Ashlee Hill** jumps up for an attack. Being able to return the ball effectively is integral to a successful game.



**Don't go-** On senior night seniors **Nikki Glover** and **Erica Somerville** take time to pose for the camera. The two girls played a very important roles on the team.

**Save a Prayer-** During their warm-up the members of the varsity volleyball team always come to the middle of the court to say their prayer. This tradition has been a part of the volleyball team for many years.







**High Enough-** In attempt to block the ball, freshman **Courtney White** and junior **Cherese Henry** jump high with their arms up. Blocking is a necessity of the game.



**I'm on Fire-** Jumping up, sophomore **Emily Tolley** hits the ball at the opposing team. Emily, along with many other players on the team, had a strong hit that was hard for other teams to dig up.



**And She Was-** Kneeling, senior **Nikki Glover** waits for her teammate to serve the ball. Nikki, being one of the two seniors, was an important leader of the team.



**Lead Me On-** In her ready position, senior **Erica Somerville** prepares to receive the serve. Erica was a key asset to the team's success.



**Talk To Me-** During a timeout head coach **Pam Newberry** explains the next play of the game to the team. Timeouts give the players a chance to rest during the game.



This year's volleyball team could not have been successful without the leadership of head coach **Pam Newberry**(left) and assistant coach **Stephanie Smith**(right).



First Row-Courtney White, Ashlee Hill Second Row- Cherese Henry, Melanie Harvey, Emily Tolley Third Row-Erica Somerville, Nikki Glover



Front row-Brittany Pierce, Becca Bagwell, Rea'shelle Morrow, Ashlee White Back row-Leslie Sullins, Gabby Guapa, Amanda Millif, Kim Mullins, Constance Whitner Head Coach-Stephanie Smith



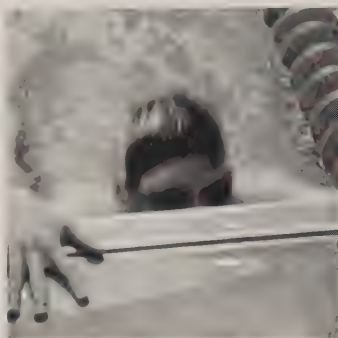




# different strokes

## Sound Of The Crowd-

When swimmers get ready to race they have to be in focus. With everyone cheering that gets hard sometimes, so swimmers have a way of blocking everyone out. At the state swim meet junior **Nova Via** is ready to leap into action.



**Wipeout-** Swimming a race seems like it takes forever, but when it's all over you feel great. After a race at Radford, sophomore **Brett Davis** gives a sigh of relief that he is finished.

**Gonna Fly Now-** Butterfly is the hardest stroke to preform. It takes a large amount of strength and endurance to swim this stroke. Only those who are determined will finish, here junior **Kennith Hubbard** proves his swimming ability.



**Rockett-** The practice pays off when going to state. As ready as they are, there are still surprises around every corner. Then the excitement is exhilarating and tiring. Zooming through the water is junior **Ridley Goodpasture**.

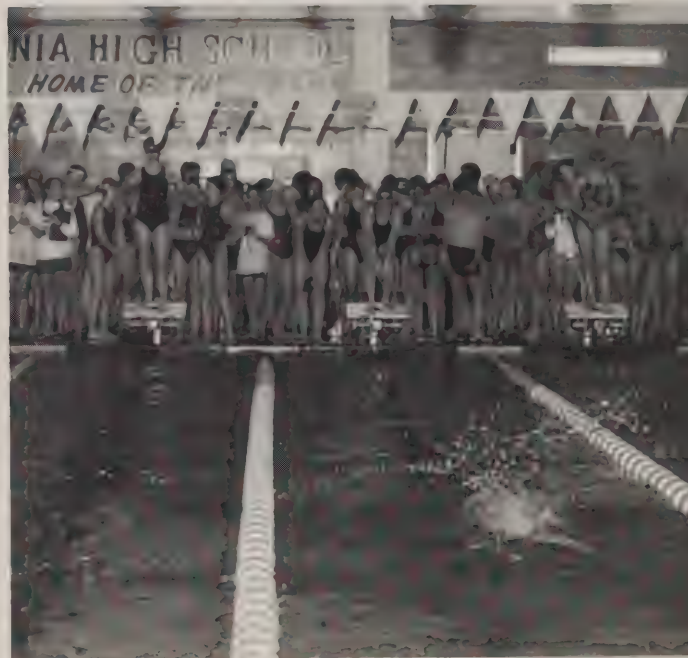


## That's What Friends Are For-

After a long day of swimming at the state swim meet, members of the relay team stop to show their pride. They finished the year with a sense of accomplishment, and are waiting for next year's arrivals. Here sophomore **Whitney Lawson**, senior **Meredith Lawson**, juniors **Nova Via** and **Anna Monroe** finished their

## A-Team-

The swim year always starts off with a bang. The kick off swim meet, held at VHS, is crowded with local teams. Here VHS relay team A cheers on their team mate.

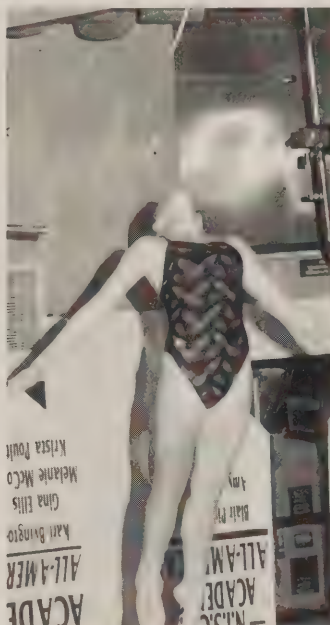




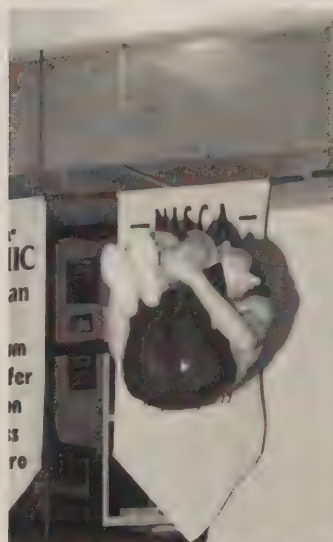
now the pool don't move to the  
 beat of just one stroke  
 what might be right for you may  
 not be right for some  
 a man who swims is a man of means  
 then along come two, they've got  
 nothing but their goggles  
 but they got diff'rent strokes  
 it takes diff'rent strokes  
 it takes diff'rent strokes to move  
 the team

everybody's got a special kind of  
 stroke  
 everybody finds a way to fly  
 it don't matter just as long as you  
 try  
 they'll have theirs, and you'll have  
 yours, and i'll have mine  
 and together we'll be strokin  
 cause it takes diff'rent strokes to  
 move the team, yes it does  
 it takes diff'rent strokes to move  
 the team

**Gonna Fly Now-** As you can  
 see, diving is a very graceful sport.  
 It not only takes time, but also pa-  
 tience. Here sophomore Whitney  
 Lawson perfects her dive.



**Free Falling-** Strength is  
 important for this diver to obtain  
 his position. Concentration and  
 coordination also play a big role to  
 help sophomore Chris McConnell  
 perform this particular dive.



**Catch Me I'm Falling-** This  
 diver is thinking, "tuck and turn."  
 Here freshman Matt Fore takes a  
 leap of faith to perform his dive.



Front row- Chris McConnell, Mrs. Byole, Meredith Lawson, Coach Caldwell, Ridley Goodpasture Second row-  
 Brett Morenings, Amber Worley, Sara Moore, Nova Via, Jenny Cunningham, Shelby Wilson, Megan Peters, Sara  
 Barnhill, Nicki Gibson Third row- John Grothaus, Anna Monroe, Ashley Adams, Ashley Shazor, Julie Ward,  
 Whitney Lawson, Jessica Hearl, Maggie Davis, Wyatt Fore Fourth row- Seth Barrett, Russell Waddell, Will  
 Soublo, Anthony Swaner, Kenneth Hubbard, Brett Davis, Caleb Robinson, Matt Fore, Jerry Hayter Not pictured-  
 Charlie Xoomsai, Jing Chen, Assistant Coach Joy Walker





# BLAZE OF GLORY

I wake up in the morning and I raise my weary head. I've got my letterman coat for a pillow and the mat was last night's bed. I don't know where I'm going Only God knows where I've been, I'm a devil on the mat. A six point winner, a vision in the wind.

When you're brought into this team, they say you're born to win. Well at least they gave me something, I didn't have to steal or have to win. Well they tell me that I'm wanted, Yeah, I'm a wanted man. I'm a wrestler in your gym, I'm what The Rock was to Vince McMahon, mister catch me if you can.

I'm going out in a blaze of glory, take him down but know the truth, I'm going out in a blaze of glory, 1.....2.....3..... theres the proof. But I drew first blood, I'm Cressel's son call me number one. You ask about my stats and I take you to the mat. You ask if I'll be state champ, after four year of wrestling camp. You ask me if I know many holds and what it's like to break the mold. Well I've seen some score, and I've seen some soar, but I've also seen some go down in pain its all such a shame.



The year "00-01" turned out to be a really successful year for the VHS Wrestling team. Even after all of the difficulties and problems this team has faced, they still managed to pull through as a team. Coach Cressel has been a great coach and "Dad" to his wrestlers. He has influenced them in many ways other than just making them better as wrestlers. This is one person that these guys will never forget throughout their lives. Many new people have joined the team this year and hopefully within years to come they too will look at Cressel the same way as those who have wrestled with him for many years.



## I Want to Break Free!!

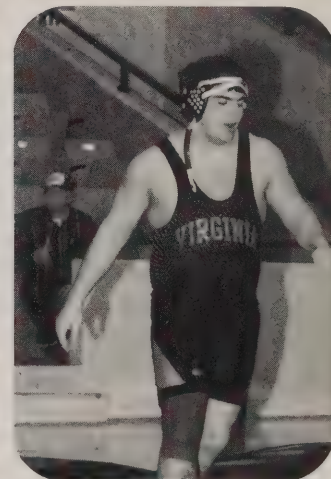


### VHS WRESTLING TEAM

Back Row: Assistant Coach, Wayne Saul, Ben Molnar, Yi Chen, Johnny Whitley, Greg Slagle, Joey Curcio, Josh Booher, Bryan Simis, Alex Bryan, Brad Jones, and Head Coach, Ed Cressel. Middle Row: Michael Neese, Brandon Castle, Chris Wilkey, Josh Shuler, Matt Walling, and Stephen Hamrick. Front Row: Nick Curcio, Scott Jones, Jon Rogers, and Tyler Goad.



**Strut-** At the big match, junior Tyler Goad struts to the mat to face his opponent. This year is a really big year for Tyler as he prepares for his senior year and possibly his state championship.



### 50 WRESTLING

You might be a eighties child if.....



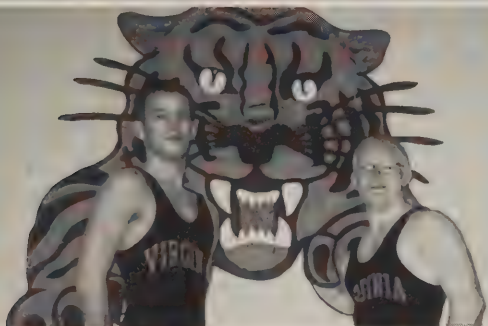


**A Little Respect-** As junior Jon Rogers prepares to take down his next challenge, he manages to show a little respect towards his Tazewell victim.

**Brass Monkey-** While Monkey-ing around, junior Chris Wilkey puts his opponent in a strong hold in order to slam him for a big win.



### A Special Quote from our Seniors!



"It's hard to believe that my senior year of wrestling is actually over. I just want to thank Coach Cressel and Coach Saul for everything they have done. Coach Cressel is without a doubt my favorite coach. It's sad to think that I will not be wrestling for Cressel anymore. I just want to think him and all the other wrestlers for such a great time." ~ Josh Shuler

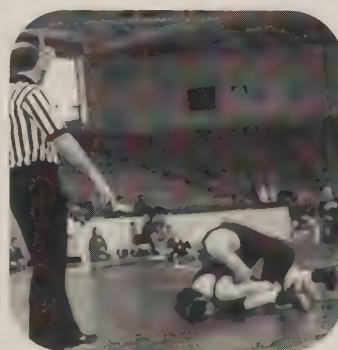
"My 12th grade year of wrestling is almost finished. It will be sad to say goodbye to Cressel, Saul, and the other wrestlers. I hope to go to state and place this year to show Cressel how much he has helped me throughout all these years. I love Coach Cressel and I will miss him next year. He has always been there for me" ~ Stephen Hamrick



**Holding On-** While keeping control of his foil, senior Josh Shuler shows off his tremendous ability as an aggressive wrestler. Josh has wrestled for six years and plans to continue on through college.



**Never-** As a Tazewell wrestler tries to bring down sophomore Nick Curcio, Nick shows him that he's never going to give up or be taken down. Nick's wrestling style is characterized by his immaculate combination of strength, will, and determination.

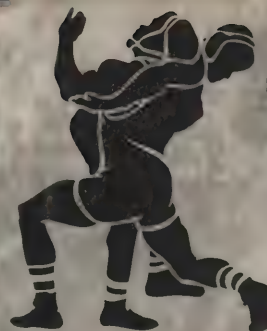


**Wipeout-** At a Lebanon match, junior Matthew Walling wipes out his 145 weight class. Matt shows his determination and strength towards breaking down his opponent.



**Something so Strong-** One of our most experienced wrestlers, senior Stephen Hamrick, shows his opponent just how strong he is. Stephen has had a successful year while placing 1st in the district tournament.

**Josh Shuler-**  
5th Ironman  
3rd Greenville  
1st District  
3rd Regions



**Stephen Hamrick-**  
1st Ironman  
4th Greenville  
1st Knoxhalls  
1st District 3x  
3rd Regions

### VHS WRESTLING 2000-2001

	Us	Them		Us	Them
Tennessee	54	24	Coeburn	49	29
Elizabethton	51	24	Pulaski Co.	34	45
Dobyns-Bennett	40	30	Davy Crockett	69	12
Coeburn	52	24	Marion	27	39
Lebanon	42	21	Tazewell	67	12
Abingdon	29	45	Castlewood	69	12
Powell Valley	40	29	J.J. Kelly	27	39
Tennessee	53	24	Powell Valley	48	27
John S. Battle	46	30	Rural Retreat	49	30
Sullivan East	60	24	Richlands	34	43



**VHS Returning Letterman-** Back Row: Matt Walling, Nick Curcio, Josh Shuler, and Michael Neese. Front Row: Tyler Goad, Stephen Hamrick, and Jon Rogers.

You believed that "By the power of Grey Skull, you HAD the power!"

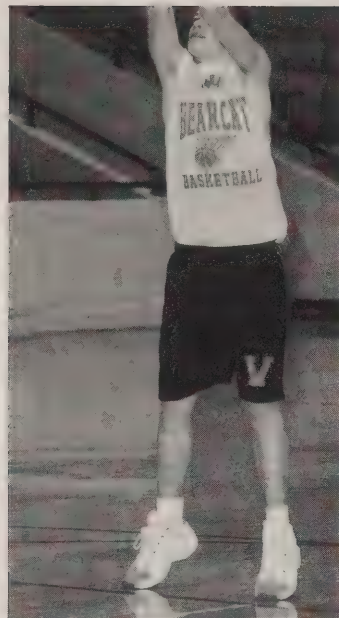




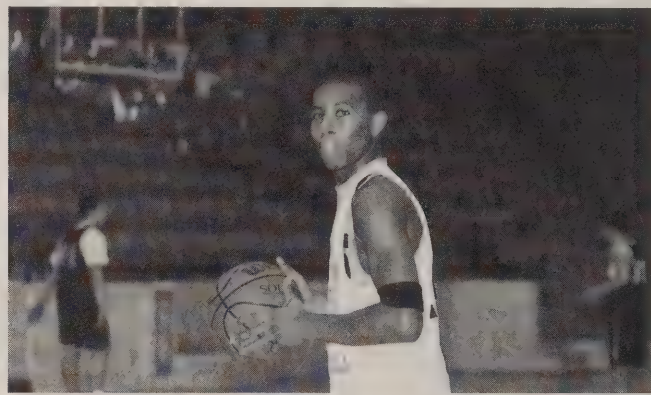


# Man In Motion

Going up, you don't see the timer on the wall  
 Passin' by, movin' straight ahead, you gave it you all  
 But maybe sometime if you feel the pain  
 You'll find you're not alone, the team will never change  
 Play the game, you know you can't quit until it's won  
 Keep on, only you can do what must be done  
 You know in some way you're a lot like me  
 You're not just a player and you're tryin' to make a team  
 I can see a new horizon underneath the towering net  
 I'll be where the score climbs higher and higher  
 Gonna be your man in motion, all i need is a basketball



**Borderline**-To get the points needed to win a game, foul shots have to be practiced a great deal. Sophomore **Dustin Bohon** makes sure his shot is perfect.



**Bust a Move**- Being quick on his feet, sophomore **D.J. Jamerson** is able to make a fast pass. Making quick decisions is a key element of basketball.

**Bit by Bit**- Practicing is vital to a team's performance. Sophomore **C.J. Lee** stops to give the camera a smile during an afternoon practice.

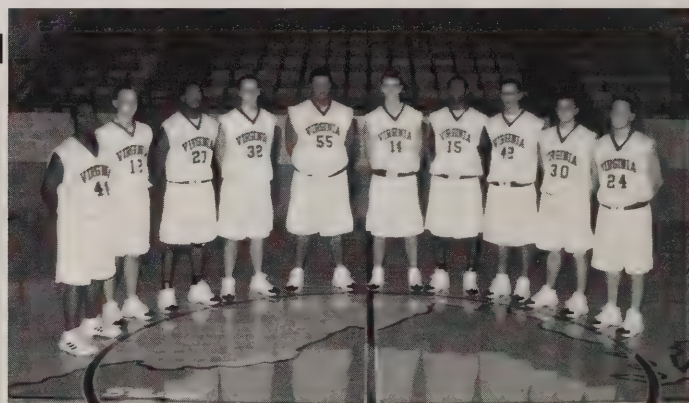


*" Working with the team and Coach Lee this year has been a challenging and great experience."*

-Jacob McAllister, Senior

## Varsity Basketball

Richlands	69 - 76
Chilhowie	61 - 74
John Battle	65 - 41
Lee	84 - 80
Gate City	59 - 54
Marion	51 - 60
Lebanon	57 - 60
THS	70 - 94
Abingdon	46 - 56
Lee	73 - 57



Left to right-Sedrick Settle, D.J. Jamerson, Jermaine Tucker, Dustin Bohon, Larry Jo Watson\*, Kevin Fielder, C.J. Lee, Doug Nelms, Anthony Johnson\*, Jacob McAllister

\*These players did not finish the season



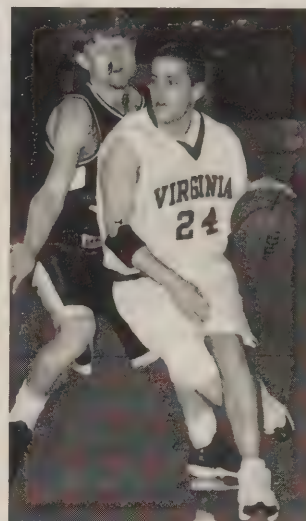


**In the Air Tonight-** Jumping is a major part of basketball. As sophomore **C.J. Lee** does so, he takes a shot with ease.



**Breakin'...There's No Stop-**  
**ping Us-** When players surround the basket, taking a shot is very difficult. For junior **Jermaine Tucker**, however, the task looks simple.

**Emotion in Motion-** Showing tension and excitement, senior **Jacob McAllister** moves down the court. Going one-on-one takes the concentration shown here.



**Man on The Corner-** Throw-ins can give the team a great chance to run a good offense. As junior **Doug Nelms** throws the ball to a teammate, the cats are closer to making another shot.

**Burning Down the House-** Getting pumped up at the beginning of a game is important for the team's mental focus. The Varsity team gathers around to get ready for victory.





# Legs

# Soccer



**Holding Out for a Hero-** Making a good kick, Junior goalie Sally Schneider, tries her hardest. Soccer like many other sports is a team sport, and you always have to try hard for your teammates, not only yourself.



**Breakin'...There's No Stopping Us-** The girl's soccer team is taking tips from their coach and resting during half-time at a home game. Half-time is always a good time to take a break from playing and listen to a few things you can improve on.

**Drive-** Preparing to pass the ball to a teammate, freshman Gwen Massie concentrates on the ball. Concentration is a big factor in the game of soccer.



**Emotion in Motion-** Breaking away from the opposing team, senior Emily Smith keeps her concentration on the ball. In order to make a goal you need to put your complete concentration on everything especially the ball.







**Against the Wind-** With her hard work and dedication there's no stopping sophomore **Lauren Hanes**. This is her second year on the varsity team and each year she adds her special touch.

**Against All Odds-** In head to head competition, senior **Jessica Puckett**, goes against a girl from Marion. Jessica helped the team a lot this year and will be greatly missed next season.

**Rain on the Scarecrow-** Standing on the sidelines during a game, seniors **Emily Smith** and **Jessica Puckett**, and junior **Megan Williams** try to avoid the rain. It takes a lot of rain to cancel one of these girl's games.



What did you think of the 2001 Girl's Soccer season?

"I thought the 2001 season was excellent because we learned how to work together, play hard, and have fun."

-Brittany Triplett

"We had a lot of new girls that added a lot to the team. Everyone on the team worked really well together and we had a great time."

-Megan Williams



**2001 Girl's Soccer Team**-Front row L-R: Emily Smith, Megan Williams, Sally Schneider, Kathryn Rainero, Nova Via. Second Row L-R: Jessica Puckett, Audrey Sorenson, Leah Rosser, Gwen Massie, Brittany Triplett, Chelsea Wilson Third Row L-R Whitney Lawson, Lauren Hughes, Morgan Sharp, Meredith Cooper, Devin Williams, Jerry Goodpasture. Not pictured: Lauren Hanes.





# Footloose

## The 2001 Edition of Virginia High Boys Soccer

As the 2001 year for boys soccer rolled around at Virginia High, everyone was excited. Under the leadership of a new coach, Brentwood Wilson, and assistant coach, Josh Hale, the boys saw new opportunities ahead of them. New talents were discovered within all the players and the team used those talents well. The team worked together very well and their teamwork made the next few years look promising.

The captains this year, seniors Matt Pfountz and Josh Sokolow, served as great leaders throughout the season. That season for the Cats went remarkably well, despite a few tough matches with rivals Tennessee High and Abingdon. With their 7-6 record, the Cats always pleased their crowds with their hard work and determination. These are the characteristics that made Virginia High so proud of our boys soccer team.



**Finish What Ya Started-** The Cats huddle up at half time for some words of wisdom from the coach. Yet it seems that junior **Nick Vollmer** and senior **Matt Pfountz** aren't exactly sure where they should be.

**The Glamorous Life-** The five seniors on the VHS boys soccer team serve as important role models on the team. Standing in line before the game are the five seniors **Kent Sanslow**, **Julio Salazar**, **Josh Sokolow**, **Matt Pfountz**, **Shawn Davis**.



**The Lucky One-** Exiting the horrible rainy weather, freshman **Hunter Meade** really is the lucky one. **Hunter** comes out of the hard fought game warming his hands searching for some warmth and perhaps an umbrella.



### It's Raining Men-

Fighting the cold March weather is a true task for junior **Bryan Simis** and senior **Kent Sanslow**. **Bryan** and **Kent** have both figured out that they would much rather be playing than standing still on the sidelines,







**More Than Physical-** The hot sun takes its toll during a heated first half. The Cats crash on the bench after learning how the hot spring sun can take its toll.

You might be an eighties child if... The only video games you play are Frogger and Pac Man.



**Infatuation-** While warming up junior Nick Vollmer concentrates on his kicks. Warming up is one of the most important parts of a soccer game and Nick looks like he takes it seriously.

**Blame It On The Rain-** Pouring rain always makes for a tough match for any team. No matter what the weather, junior Ridley Goodpasture still fights the rain and slippery grass to win the ball.



**Our House-** Clearing the ball out of the backfield, senior Shawn Davis denies the opponent any chance to advance down the field. Shawn consistently demonstrates perfect defensive techniques.



## Season Results

	Us	Them
Cave Springs	0	5
Pulaski	3	0
Tenn High	2	5
Sull. North	8	1
Abingdon	4	0
Cave Springs	0	5
Pulaski	3	0
Sull. Central	5	1
Abingdon	0	1
Tenn High	0	1
Marion	2	5
Marion	2	0
John Battle	4	0

Good Job Cats



The 2001 Roster:

Back Row: Head Coach-Brentwood Wilson, Tyler Goad, Brett Davis, Matt Richardson, Kent Sanslow, Julio Salazar, Josh Sokolow, Shawn Davis, Matt Pfountz, Rucker Sewell, Micheal Fifer, Assistant Coach-Josh Hale  
Front Row: Jarod Whitner, Hunter Meade, Wes Copenhaver, Adam Mackie, Bryan Simis, Justin Wisman, Chad Miller, Ridley Goodpasture, Nick Vollmer





They sat their love for running could never die. That it would never change even after they left Virginia High. Oh- but their love is cold It wouldn't hurt them if they didn't know, 'cause

When it gets too much They keep running on. I'm gonna run for fun. I'm gonna run forever. 'Cause when the feelin's right they're gonna run all night. I'm gonna run on and on.

They've got a heart of gold they'd never let us down But they're the ones that always keep on going. They keep comin' round.

I know their love is true, But it's so easy to run to the finish line



**Circle in the Sand** - With style and grace sophomore Ashlee Hill pushes through for an excellent mark for shot put.



#### Coming Up Close -

Competing against one another, freshmen Dominic Nicasro takes a slight lead over sophomore Chris McConnell. Relay races call for endurance and stamina.

#### Blister in the Sun -

Pushing toward the finish line, senior Josh Shuler shows his stride during the 400M. Perfecting ones' stride can increase a runner's momentum.

#### Runnin' Down a Dream -

Members of the track team practice their techniques before a big meet. Having a track on school grounds provides the students a grounded area to work on.



#### Get on Your Feet -

In a leap of faith sophomore Rhoda Phillips, prepares to dig deep in the sand for a winning jump. Having such a young team will allow the 'Cats to carry on their success to next year.





## Let's Hear it For the Boy -

Balance can play a key role in perfecting the techniques needed in shot put. Keeping his feet within the circle sophomore Daniel Griffin places the put in excellent territory.



## Run to You

	Us	Them
Team	20	0
Richlands	20	0
V-T Meet	20	0
V-T Meet	20	0
Abingdon	20	0
Lebanon	20	0
Judy Thomas		
Invitational		
Inter Mountain		
Relays		
Chilhowie	20	0
Graham	20	0
District	20	0



## TEAM ROSTER



### Girls

Megan Balthis  
Amy Derr  
Ashlee Hill  
Lauren Hughes  
Gwen Massie  
Amanda Milliff  
Rea'Shelle Morrow  
Rhoda Phillips  
Katie Pittman  
Morgan Courtney White

Nick Curcio  
Danny Goodson  
Daniel Griffin  
Ben Harrison  
John Kistner  
Eric Knowles  
Hunter Lane  
C.J. Lee  
Chris McConnell  
Mitchell Myers  
Doug Nelms  
Dominic Nicastro  
Chris Parks  
Seth Pauley  
Josh Shuler  
Joe Whitt  
Kevin Worley  
**Head Coach:** Eric Workman  
**Assistant Coach:** John Adams

### Boys

Buddy Adams  
Andrew Belcher  
Dustin Bohon  
David Burks  
Justin Carter  
Todd Cross



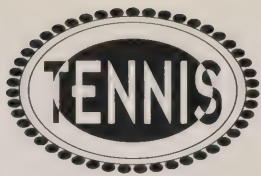
**End of the Line** - Spectators look on as freshman **Amy Derr** crosses the finish line during the 800M. Long runs can prove determination and hard work.

### Long, Long, Way to Go -

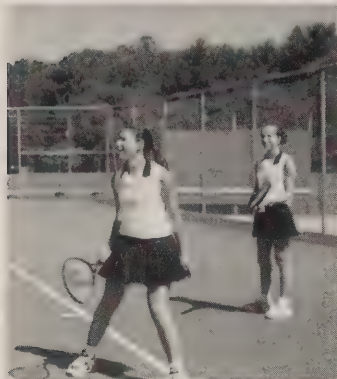
It can be a long way to the line if a member isn't prepared for the stretch. Showing his endurance, senior **Ben Harrison** forces his way to the finish line.







**Perfect Way-** At practice, freshmen **Rea'shelle Morrow**, shows that the only way to be perfect is to keep on practicing. With the experience the new team has gained this year, they expect to improve even more next year.



**Cuts Like a Knife-** In a moment of instinct, sophomore **Paul Pomrenke**, returns a difficult volley. Anticipating your opponents next move is crucial to an effective return.



**When the going gets tough, the tough gets going!** During her first year on the VHS tennis team, freshmen **Constance Whitner**, shows how determined she is. She has plans to become a more experienced and dedicated player throughout her high school years.



### 1-Another One Bites the Dust-

Following through a serve is two parts; placing and impact, as seen by sophomore **Brad Jones**. Players have the responsibility of positioning themselves for another attack.

**2-Never Surrender-** Volleying back to her opponent, freshmen **Julie Ward**, has a great return that shows her dignity to win her match rather than surrender.

**Bust a Move-** Quick action is needed to volley back a return. Stretching for the win, senior **Michael Stallard**, uses an effective backhand to cover long distances.



**Girls Tennis Team-** Front Row: Naomi Bothoff, Ashley White, Rea'shelle Morrow. Back Row: Constance Whitner, Liz Browning, Emily Tolley, and Julie Ward.

You might be an eighties child if.....





## Whip It!

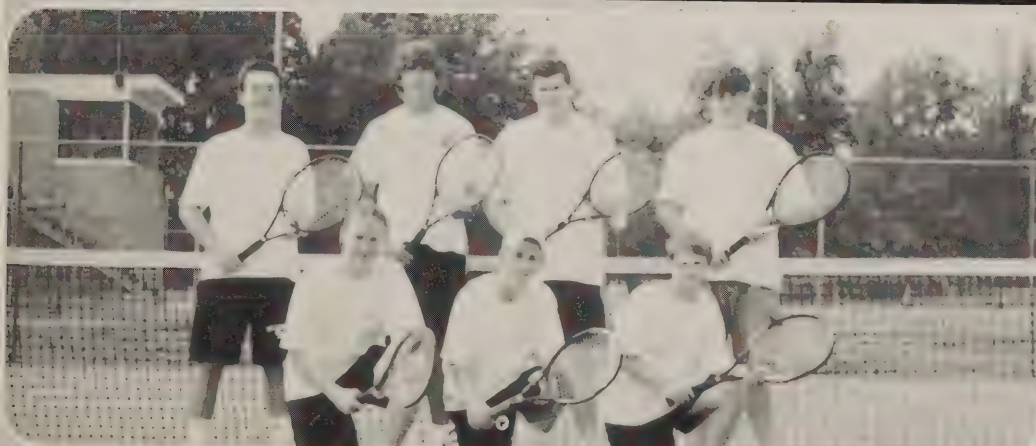
Swing that racquet  
give the opponent the ball  
hit it into the net and you'll  
lose it all  
When a problem comes  
along  
you must whip it  
before the ball hits the  
ground  
you must whip it  
now whip  
into the other side  
hit that ball  
get it over

go forward  
move ahead  
try to win it  
it's time to whip it  
whip it good  
When a good serve comes  
around  
you must whip it  
you'll never win that match  
unless you whip it  
no one gets the win  
until they whip it  
I say whip it  
whip it good



**Point of no return-** While showing off her great serving techniques, sophomore **Liz Browning** aces her last serve to win the game for her doubles match.

**Destination Unknown-** During a long range plan of attack, freshmen **Ryan Callanan**, pounds the ball to his opponent. Young athletes, even though intimidated by their older opponents, must learn to overcome their fears.



**Boys Tennis Team-** Front Row: Ben Casteel, Brad Jones, Ryan Callanan. Back Row: Wes Dulaney, Paul Pomrenke, Michael Stallard, and Will Dickertt.

“

I have thoroughly enjoyed my years spent on the tennis team. All of the players have worked together well to create a consistent flow of wins.

Wes Dulaney

”



**High Enough-** In anticipation of an ace, senior **Wes Dulaney**, fires one of two shots at the opponent. Serves are what begins and ends every game.

You wore biker shorts underneath a short skirt and felt stylish.



## Hit Me With Your Best Shot

You're a real touch cookie with a short swing,  
Of breaking little records like the one in me.  
Before I put another notch on the scoreboard space,  
Watch out cause I'll put you in your place.

Hit me with your best shot,  
Why don't you hit me with you best shot?  
Hit me with your best shot,  
Fire away.

If you want to bring it, then swing it,  
We don't fight fair.  
That's okay, see if I care,  
Knock me down, it's all in vain,  
I get right back on my feet again.

**Right By Your Side-** This year's seniors have played a vital role in the team's success this year. Taking time out from playing the game, seniors **Ashley Grubb**, **Sheree Gibbs** and **Nikki Glover** pose for a picture.



**Wait-** Waiting patiently for a ball to come her way, senior **Sheree Gibbs** looks prepared for anything the other team may try to dish out. Players are taught to keep low and always be on top of things.



**Pressure-** When stepping up to the plate, a player is under tremendous pressure to deliver a base hit. Senior **Nikki Glover** has learned to perform well and thrive under this pressure as she takes her swing.



**Catch Me I'm Falling-** Making a heroic grab in the outfield, junior **Lindsey Raettig** saves yet another run from being scored with her catch. Her teammate, junior **Britini Penley** is there for support or back-up if needed.







**Get Up And Go-** Base runners are taught to be ready to move at the crack of the bat. Senior, Ashley Grubb takes off the instant after one of her teammates hits the ball.



You're an  
eighties child  
if.....

You ever  
wore tights  
underneath  
your shorts  
and felt  
stylish.

**Right On Track-** This year the softball team was fortunate enough to have a foreign exchange student from Germany join their team. **Mona Von Brock** proved to be an asset for the Bearcat team.

## Varisty Scores

Opponent	Us	Them
Richlands	13	4
Lee	14	1
Tazewell	2	5
Lebanon	2	5
Abingdon	12	1
Marion	6	1
John Battle	3	1
Lee	10	1
Lebanon	8	2
Abingdon	5	0
Gate City	6	10
Marion	20	5
Tazwell	2	0
John Battle	4	1
Richlands	9	1



## Varsity Team Members

Front Row (L-R): Danielle McReynolds, Katie Pittman, Hope Smithson, Kelly Hushour, Courtney White, and Mona Von Brock

Back Row (L-R): Lindsey Raettig, Corrie Slagle, Ashley Grubb, Sheree Gibbs, Nikki Glover and Britini Penley





## Another One Bites the Dust

The pitcher walks warily to  
the mound  
With the brim pulled way  
down low  
Ain't no sound but the sound  
of his feet  
Fastballs ready to go  
Are you ready, Are you  
ready for this  
Are you hanging by the edge  
of your seat  
Off of the mound the pitches  
rip  
To the sound of the beat

Another one bites the dust  
Another one bites the dust  
And another one gone, and  
another one gone  
Another one bites the dust  
Hey, we're gonna get you too  
Another one bites the dust

How do you feel when we hit  
it long  
And you realize that its gone  
It took us everything that we  
had  
And we did it on our own

Are you tired, are you ready  
to quit  
How long can you stand the  
heat  
Off of the mound the bullets  
rip  
To the sound of the beat

🌀 **Here I Go Again** - Taking  
his lead off of first base, sophomore  
C.J. Lee is ready to run if the ball is  
hit. Getting a good lead is essential  
to smart base running.

🌀 **We Can't Go Wrong** - The  
team comes out to congratulate yet  
another teammate who was success-  
ful in crossing the plate. This helps  
the Bearcats stay hype throughout  
the game.



🌀 **Heat of the Night** - Throw-  
ing consistent strikes, senior **Josh  
Frazier** leads the team to another  
win. **Josh** was a key player in this  
year's line-up.

🌀 **No One Like You** - Waiting  
for the batter to get ready, junior  
**Jeremy Wright** thinks about which  
pitch to choose. Using several dif-  
ferent pitches helps the pitcher con-  
fuse the batters.





# Baseball

## 2001 Regular Season

	Us	Them		Us	Them
Lee	12	1	Gloucester	3	23
THS	1	2	Christ the King	2	0
East	4	0	Marion	10	2
Central	9	1	Gate City	17	5
THS	3	4	John Battle	7	2
Lebanon	8	0	Lebanon	9	0
Abingdon	4	3	Gate City	6	0
Westminster	2	3	Marion	8	1
Iona Prep	3	2	Lee	10	0

## Head Coach Mark Daniels

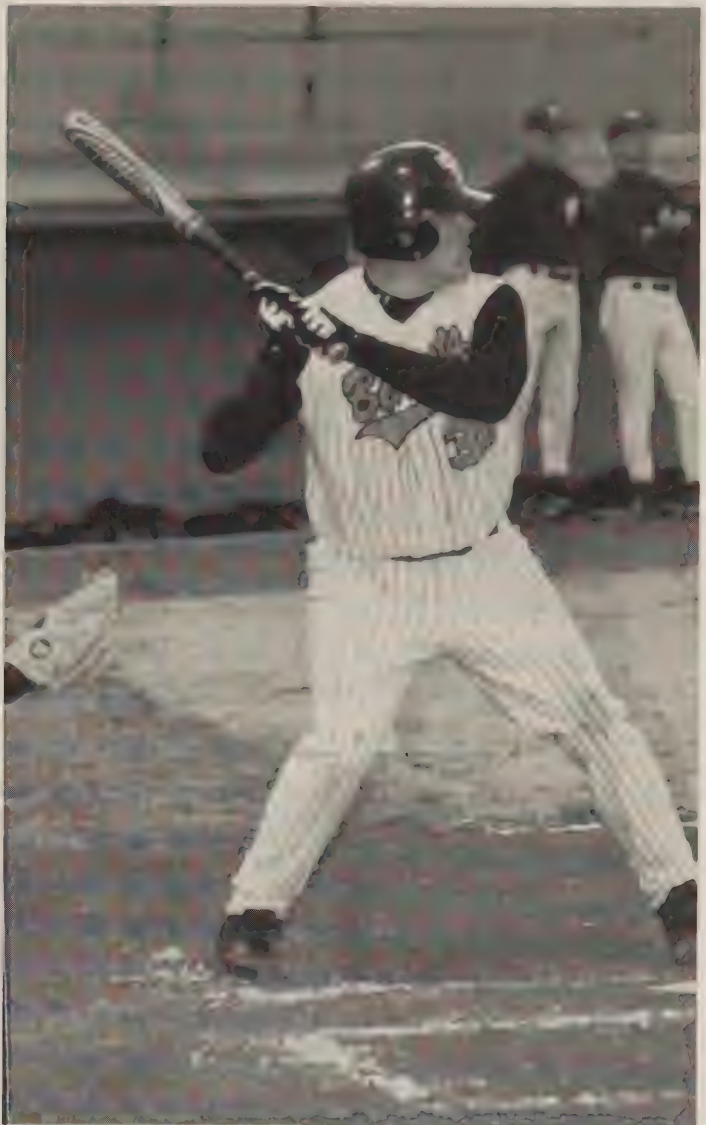
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2001 was another great year that will go down as one of the top years in a rich tradition of Bearcat baseball.

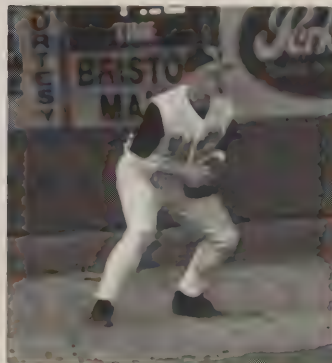
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**Fight Fire With Fire** - Waiting for a pitch, senior **Andrew Belcher** shows his patience in the batter's box. **Andrew's** many home runs were a valuable asset to the team's success.



First Row: Todd Cross, Josh Frazier, Tyler Belcher, Derrick Widener, Jacob McAllister, Doug Nelms, Scott Moffat. Second Row: Donald Ashley, Andrew Belcher, Jeremy Wright, Kevin Fielder, C.J. Lee, Josh Wilkinson, Jon Frazier. Third Row: James Sword, Bo Love, Mark Daniels, Jeff Davidson, Jimmy Nave, Chris Daniels.



**Stand Back** - Standing in ready position, sophomore **Derrick Widener** is prepared for anything that comes his way. Being ready for the ball improves the player's chances of getting the runners out.



**Handle With Care** - Regaining his balance, senior **Buddy Adams** shifts his weight to throw the ball. Using good techniques have helped the team excel.





Let it All Out!

# Shout

Shout  
Shout  
Let it all out  
These are the cheers that we shout aloud  
Come on  
Cheer on  
I'm cheering to you  
Come on

In V-T times  
You shouldn't have to celebrate alone  
In black and orange  
They really ought to fear  
Those bearcat paws  
That wreck havoc on the field  
Cheer them on  
You shouldn't have to cheer alone



**Angel Eyes** - The fall varsity cheerleading squad takes a moment for a group shot just before the first home football game against John S. Battle. Top L-R Haley Meade, Josie Russell, Corrie Slagle, Hope Dennis, and Sarah Walls. Bottom L-R Jessica Hearl, Brittany Wilson, Britini Penley, Amber Sullins, and Maggie Waterman.



**Smile - Junior Corrie Slagle** shows us her smile as she takes time to stretch just before a football game. Stretching is an important element to prevent injury while cheering.



**War** - The varsity cheerleaders take time out from putting up posters to create a group shot. Cheerleaders show their support to athletes by preparing signs that will be hung throughout the stadium.

**Purple Rain** - Through rain, sleet or snow the varsity cheerleaders continue to support the Bearcats. Despite the weather, loyal fans come out to watch an eventful ballgame.



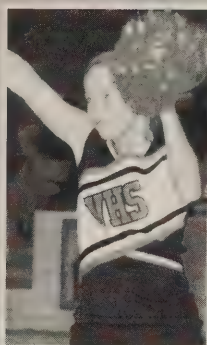
"Everytime he pulls me near, I just wanna cheer."





Let it all out...

# Varsity



**Bust A Move** - During a half time show, senior **Casey Blankenship** proves she has the spirit to be a VHS cheerleader. Spirit is an important element in cheerleading, it lifts the players and fans outlook on the game.



**The Varsity Cheerleading Squad** L-R-Back Row Sally Schneider, Brittney Soubeer, Corrie Slagle, Britini Penley, Haley Meade, Ashley Bohon, and Mindy Fields. Front Row Casey Blankenship and Hope Dennis



**Hands to Heaven** - Showing her strength, sophomore **Haley Meade** with junior **Corrie Slagle** and freshman **Brittany Sourbeer** along side support junior **Britini Penley** in a single based extension. Trusting your base is an asset in building.

I'm cheering to you...

# Junior Varsity

"Cheering this season was a lot of fun. I enjoyed being around the JV squad, we learned a lot from each other and usually got along well."

Rebekah Friend

"I think this season was pretty fun, we had a few misunderstandings but it all turned out ok."

Amber Dunn



**Hold On** - Holding on dearly sophomore **Amber Dunn** is raised to a single based extension by sophomore **Leah Rosser** and freshmen **Anna Stringer** and **Amy Lauren Leonard**. Strength and proper form are essential in stunt building for assurance no one is injured



**The Junior Varsity Cheerleading Squad** - L-R-Back Row Anna Stringer, Monica Hawkins, Elizabeth Browning, Amy Lauren Leonard, and Leah Rosser. Front Row Rebekah Friend and Amber Dunn.



**When I See You Smile** - Huddling together just before a game against Lebanon High School freshmen **Anna Stringer** and **Amy Lauren Leonard** and sophomores **Monica Hawkins** and **Elizabeth Browning** pose for a quick picture before tip-off. Students often bond together in pictures to capture long lasting memories.

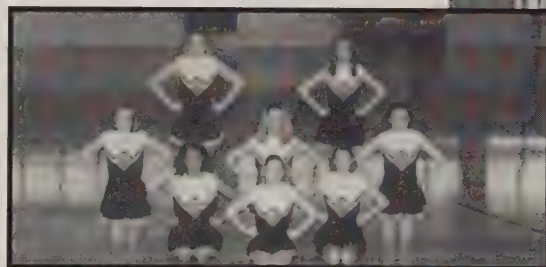
"Let's hear it for the boy." by Denise Williams





# YOU'RE THE INSPIRATION

## Mrs. Hale



Donna Hale is the most caring, giving, compassionate person I have ever known. She spends countless hours here at school beyond her scheduled work time. She cares about students and tries her best to help them in any way possible. She loves VHS and strives to help the students be the best they can be academically, athletically, socially, and morally. She is truly unselfish in giving of her time and talents to VHS.

-Mrs. Patsy Huff

During Mrs. Hale's free time she likes to read, camp, play with her granddaughter Alex, and play with Sam her yellow lab. As a guidance counselor, she thinks an important aspect for high school students is that students can never plan too early for their future whether it is college or the work force. She attributes her success to her parents because they taught her family values. They always taught by being a role model- honesty, integrity, respect, companionship, and a very strong work ethic. Her general philosophy for education is that all children can learn and that "it takes a whole village to raise a child as does the education of a child."

“

Over the years I have gotten to know and appreciate Mrs. Hale. She gives so much to her job as cheerleading coach. Whether she knows it or not, she has been a big part of my life. I care about and respect Mrs. Hale.

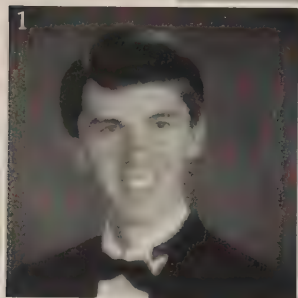
-Josie Russell

”





# What are your plans after graduation?



**Jason Davenport** plans to attend King College and major in pre-med. His most memorable moment was when he broke Miss Hite's spray bottle. His advice to upcoming seniors is "take it easy and enjoy your life."



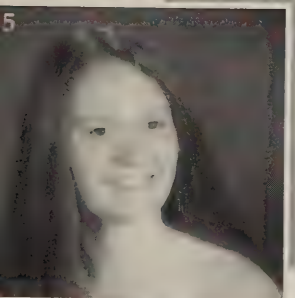
**Wes Dulaney** plans to attend King College and major in biology and chemistry. He will miss the great people, teachers and students. His advice to seniors is "remember that it is stress itself that often causes undesirable grades."



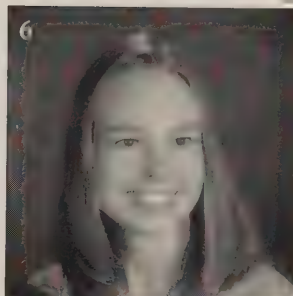
**Matt Pfountz** plans to attend Virginia Tech. His most memorable moment at VHS was when Ms. Shaw spilled water on her gradebook while trying to shake it up with no cap. His advice to the new seniors is "try to have fun and enjoy your senior year."



**Robert Kieffer** plans to attend Virginia Polytechnic Institute and major in math and biology. He will miss Mrs. Cochran and the "auto-flush toilets" the most after graduation.



**Nikki Glover** plans to attend Virginia Tech and major in math. Her most memorable moment was the softball state finals. Her advice for upcoming seniors is "Don't procrastinate and make each day count."



**Kari Callanan** plans to attend Roanoke College and major in Business Administration. "My advice to upcoming seniors is to continue to work hard, but balance school with fun times."



**Katie Shields** plans to attend Randolph-Macon. Her best memories are of the times she and her friends spent in the lower parking lot. Her advice to the upcoming seniors is "know who you are and never change yourself to impress others."



**Casey Huffman** plans to attend James Madison University and major in Anthropology. She will miss hearing the random comments in the hallways the most.



**Brittany Triplett** plans to attend New York University and will probably major in liberal arts. Her most memorable moment at VHS was when she and her friends painted their stomachs for the V-T game. Her advice to the new seniors is "Revel in Senioritis"



**Jessica Puckett** plans to attend Virginia Tech and major in human services. She will miss the people at VHS the most. Her advice to the upcoming seniors is "just be yourselves and make your senior year a fun one; enjoy every moment because you will miss them when it's all over."



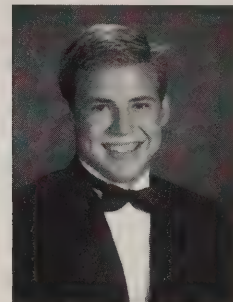
# Hall Of Fame



"Kari Callanan is one of the most conscientious students I have ever taught. My classroom at 7:00 am will seem empty next year because she will have graduated. Kari is a living example for all students that with dedication anything is possible."

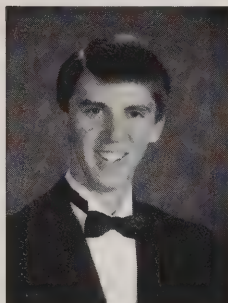
Mrs. Annette Cochran

Each year at Virginia High School brings a new opportunity for seniors to be accepted into the prestigious Hall of Fame. These members are selected by the teachers. This honor goes to seniors who have achieved outstanding success in academics, citizenship, sportsmanship and extra-curricular activities.



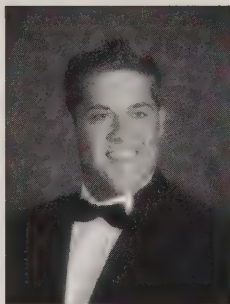
"Todd is one of the most courteous, polite, and hard-working students I have had the pleasure of teaching. He is dedicated to improving himself and his education."

Mr. John Melvin



"Jason made a 5 on the AP Exam. Only a select few have ever done this at VHS. He is a top student in every way and a gentleman."

Mr. Frank Mitchell



"I will not only remember Andrew as a key aspect of our athletic department, but a dedicated student and a hard worker as well"

Mr. Eddie Icenhour

You might be an eighties child if ...

Everytime you see a fountain you want to dance around it and yell 'Fame'.



"I've had the privilege of having Nikki as a student for three consecutive years. Nikki is one of my most accomplished journalism students. Throughout her role as a staff member she has proven that she is a highly motivated young lady and incredibly committed to excellence. Her academic success demonstrates her commitment to higher learning and her desire for understanding."

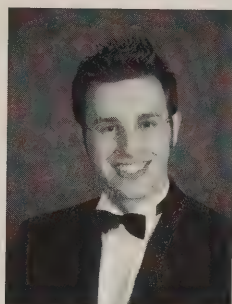
Mrs. Kristin Palmer





# Pour Some Sugar On Me!

## Nominees...



"Wes is one of the most gifted foreign language students that I have known. He possesses the wonderful ability of being able to think in another language. His work is consistently excellent because he takes pride in all that he does."

Mrs. Sharon Johnson

Buddy Adams  
Shawn Davis  
Hope Dennis  
Emily Everett  
Sheree Gibbs  
Stephan Hamrick  
Samantha Hayter  
Casey Huffman  
Meredith Lawson  
Laura Leonard



"Robert is a unique student who marches to his own drummer. He gives divergent thinking a whole new definition. He is a thinker-intellectually curious, but with a twist. He has a passion for learning for learning's sake. He is energetic, purposeful, and involved. He throws himself into every activity with gusto. He faces challenges head-on, and with his innate leadership, I'm certain that he'll make a positive mark on the world after he leaves VHS."

Miss Carol Propst



"Josie is the most positive young person I have ever worked with. She greets every one with a smile which sends a blanket of warmth all over you."

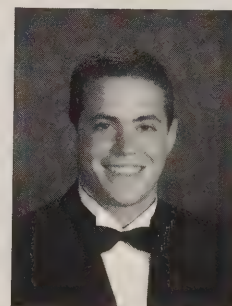
Mrs. Donna Hale



"I will remember Lindsay Browning not only as a chorale soprano with a fine sense of pitch, but as a cheerful, optimistic, caring and helpful person."

Mrs. Diane Thomas

Blakely Morris  
Matt Pfountz  
Jessica Puckett  
Lindsey Ratcliffe  
Katie Shields  
Hope Shockley  
Josh Shuler  
Josh Sokolow  
Allison Smith  
Emily Smith  
Danny Stanley  
Lisa Taucher  
Brittany Triplett  
Sarah Walls



"Jake is a very outstanding young man who will not only be missed by our athletic department, but also our school. He has a great future ahead of him."

Coach Mark Daniels





# Never Ending Story

Turn around, look at the teacher.  
In her face, the giver of deliverance.  
Make believe I'm anywhere, I'll write a fiction story.  
Printed on the test is the question to the Never Ending Story.  
Reach for the pencil, write a fantasy.  
Read a book, and what you see will be.

Authors that keep their secrets will unfold in their writing.  
There upon the board is the answer to the Never Ending Story.  
Show your skills, for your future may fade away.  
In your hands your success.  
Minds that keep their secrets will unfold in their creativity.  
There on your paper is the answer to the Never Ending Story.



**The Longest Time-** Time seems to creep by for these students. While in their English class, they are working for an "A".



**I Don't Like Mondays-** The beginning of the week will drag people down. These students see the weekend far in the future.



**Along Comes a Woman-** While giving an oral report, freshmen **John Grothaus** and **Devin Williams** feed the class with knowledge. Speaking in class is an important task for freshmen to master.

**88 Lines About 44 Women-** Reading a report is no sweat for senior **Matt Lewis**. His preparation was evident in his presentation.



You're an eighties child if...







**Working for a Livin'.** Being studious as usual, sophomores **Valerie Rec-tor**, **Haley Meade** and **Chris Faley** are working on their writing skills. They know that work is the key to success.

**Don't Come Around Here No More.** With a question in mind, senior **Kaleena Franks** approaches **Mrs. Schlatter**. Mrs. Schlatter appears to always have the answers.

**Finish What Ya Started.** Hard-working sophomores **Bobby Simpson**, **Nicholas Stevens** and **Derrick Widner** are finishing an english assignment. This assignment obviously involves concentration.



**Somebody's Watching Me.** English class is a breeze for sophomores **Amber Hayden** and **Clayton Hinson**. They are getting ready to turn in their polished assignment.

**Torture.** The day seems to last forever to these English students. However, it will be worth the hard work and time in the end.

You know that it's not "comma, comma, comma" it's karma.





# Weird Science

*Things I've never seen before. Experiments I never done. Hypothesis and theory*



**I'll Be There For You-** In a colony transformation lab, juniors **T.J. Bussey** and **Jeremy White** insert DNA into bacteria to make them display new traits. Reading the lab and helping one another are crucial elements in doing labs in Biology II.

Weird science  
Plastic tubes and beakers and flasks  
Bits and pieces and  
Magic from the hand  
We're makin'

Weird Science  
Plastic tubes and beakers and flasks  
Bits and pieces  
Bits and pieces  
(Bits of) my experiment

Weird science  
Things I've never seen before  
Experiments never proved  
Hypothesis and Theory

It's my experiment --Did I do it right?  
No mistakes --No theory untold  
Just determination and style

Weird Science  
Not what teacher said to do  
Makin' knowledge come through  
Living tissue or chemical residue

From my textbook to my head  
Why can't I understand  
Weird Science  
Weird Science



**Slow Hand-** While preparing for lab, juniors **Britini Penley**, **Heather Leonard**, **Vickie Nealen**, and **Jeremy Wright** cut magnesium strips to create "fireworks." While working with acid, students must be diligent in their work.

**How Will I Know-** Preparing for a lab on DNA, instructor **Linda Kristofek** aids seniors **Kent Sanslow**, **Jason Davenport** and **Casey Huffman**. It is important for teachers to be available for assistance during difficult labs.



**Eye of the Tiger -** In order to learn human anatomy and physiology, Biology II students must dissect a cat. These juniors, **Christian Guinn** and **Ridley Goodpasture** are skinning the cat before "digging" in.

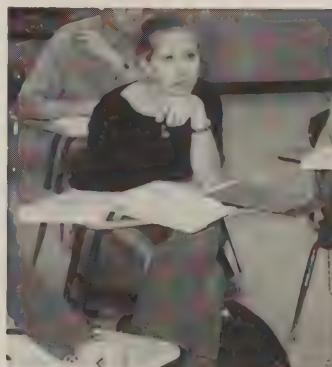






**Eternal Flame**-As his lab partner, Junior Rucker Sewell, works with the flame, Junior Caleb Kiser, looks on. The object of this Chemistry lab was to burn different salts to determine the color of the chemicals in them.

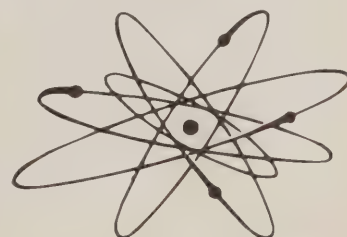
**Fire in Paper**- Chemistry students work on an experiment using the fire burners. Following guidelines is important in using such equipment in experiments.



**She Blinded Me With Science**-While doing an experiment in Mrs. Minnick's Earth Science class, Freshmen Rea'shele Morrow and Courtney White measure the salinity and density of the ocean. Splitting up the work between the two is needed to finish the lab on time.

**We Are the World**-During her first period, Mrs. Minnick teaches her class about the earth and its rotations. This is key for a freshman in an Earth Science class.

**Hungry Eyes**-Searching for new knowledge, Junior Brooke Simpson listens to Mrs. Kristofek's lecture. Listening and learning are talents mastered in this Biology II class.





**Search Is Over** - Student's in Ms. Young's Integrated Algebra class work on the computers after finishing their work. Finishing work in class decreases the amount of stress put on students.

**Just Another Day** - Working in Ms. Hites Integrated Algebra class, sophomore **Amanda Mann** tries to finish her work. Students have the choice of working either independently or in groups to complete the assignment.



**Only The Young** - Waiting for the bell to ring, freshmen sit and talk in Ms. Hite's room. Students are free to sit and talk quietly when their work is completed.



**And So It Goes** - As the class pays close attention, Mrs. Drozdowski explains the problems to them. She uses the overhead to illustrate how to work the equations out.

**Thriller** - During second period Integrated Algebra sophomore Beth Gillenwater works diligently on her assignment. Many students finish their work before the bell rings.





# Baby Don't Forget My Number

1-2-3-4 Come  
On Baby Say  
You Know The  
Answer.

They tell me you're a smart boy, but I want you to understand. Don't forget your homework, you know it's not just fun and games. When I look into your notebook, so much knowledge burns inside. But if you need some tutoring, I will do it. Step by step there's nothing to it. 1-2-3-4 come on baby say you know the answer, 5-6-7 times. 8-9-10-11 I'm just gonna keep on counting.

Until you are right. Come and learn your numbers. You know they go like hand in glove. You're afraid of being wrong, but I am never giving up on your work. And no matter what it takes, I will aid you everyday. Take a chance for once, you won't regret it. Want my help? Just come and get it. 1-2-3-4 come on baby say you know the answer, 5-6-7 times. 8-9-10-11 I'm just gonna keep on counting.

Until you are right. So no matter what it takes, I will aid you everyday. Take a chance for once, you won't regret it. Want my help? Come and get it. 1-2-3-4 come on baby say you know the answer, 5-6-7 times. 8-9-10-11, I'm just gonna keep on counting. Until you are right. 1-2-3-4 come on baby say you know the answer, 5-6-7 times. 8-9-10-11 I'm just gonna keep on counting. Until you are right.

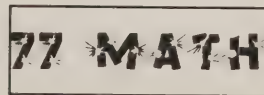


**Lucky Number** - In her study hall, Senior Emily Everett completes her Trigonometry homework. Students are offered a study hall in order to finish any assignments that need to be completed.

**Just Another Day** - During her planning period, Mrs. Sue Melkowski grades her papers. Teachers are given a planning period to complete grading papers or any other tasks they may have to do.

**Simple As That** - Students listen as Coach Osborne explains an equation. He uses the overhead to help them visualize the equation.

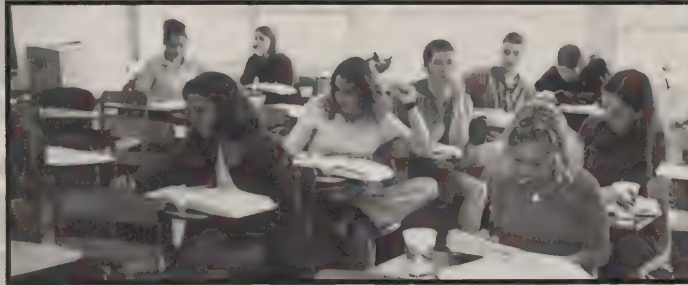
You know whose number is 867-5309





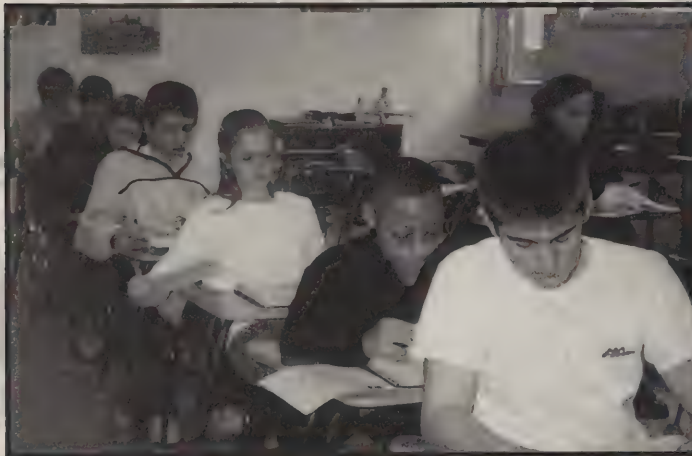
# Social Studies America

**Welcome to the Real World-** Freshmen in Mr. Clayman's history class get a taste of what high school is all about. Learning about history can be made fun, but it does take work. As a new teacher, Mr. Claymon prepares his students the best way possible.



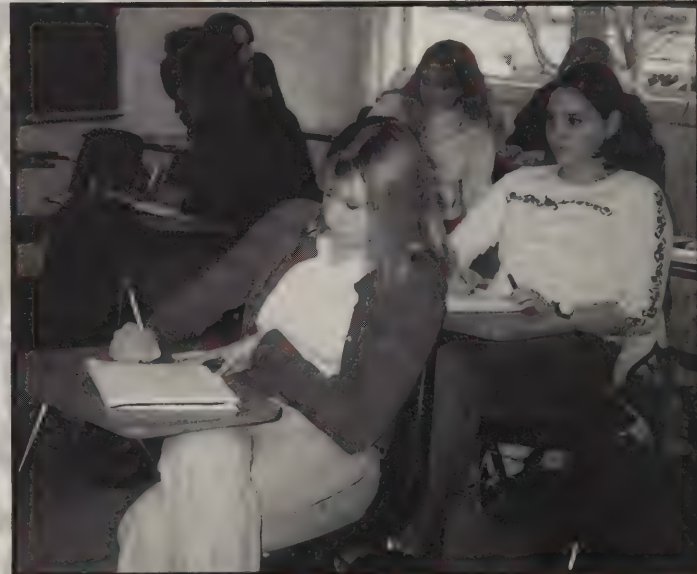
**Time after Time-** Throughout the years these seniors have known each other and shared experiences. In this picture they are not only sharing experiences, but also homework.

**Born in the U.S.A.-** These seniors are completely focused on their studies. They know the importance of finishing each assignment given during class time. Government is a required class for seniors Kent Sanslow and Todd Leonard.



**Blaze of Glory-** In Mr. McNulty's history class, challenge is a part of his everyday teaching. Students focus on their academic skills by doing research and taking notes. Here juniors Jon Harper and Ashley Bohon concentrate on their assignment.

**Kids in America-** These students know hard work will pay off in the end. Learning American History will help them to understand not only the origin of America, but also learn of the advantages and advances in technology. Putting forth much effort are juniors Sarah Price and Anna Monroe.



You're an eighties child if...







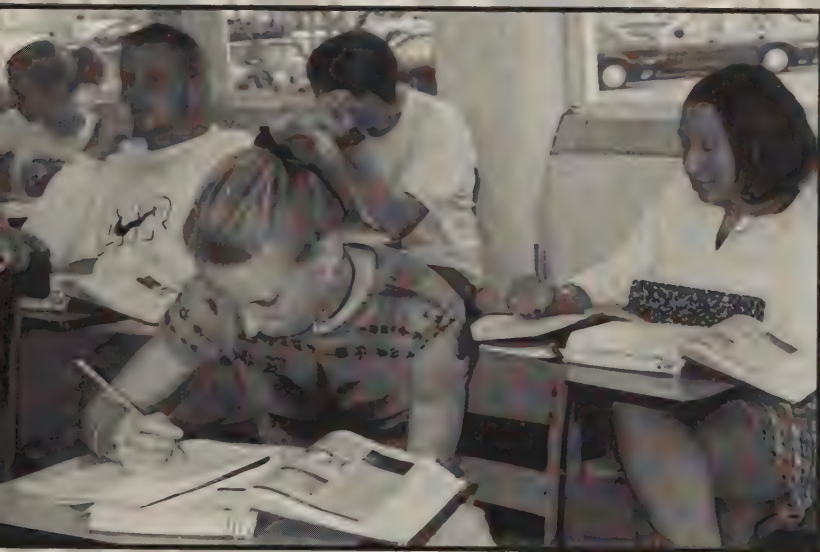
Hard We've been studying  
Hard Without a break  
But not without a teacher  
Free Only want to be free  
We inquire knowledge  
Hang on to a dream

On the boats and on the planes  
They came to America  
Never looking back again  
They came to America

History don't it seem so far away  
Oh we're studying it everyday  
In the heat of the night  
In the heat of the night

School a distinct learning place  
Make up our work and we'll say our thanks  
Knowledge's light burning warm  
Knowledge's light burning warm

My country tis of thee  
Today Sweet land of liberty  
Today Of thee I sing  
Today Of thee I sing  
Today



**West End Girls-** In Mrs. Shaw's government class hard work is the key to success. She likes to challenge her students and prepare them for what lies ahead. Students will benefit from this class in the future by learning about politics, the Constitution, and the usage of government power. Working hard are seniors Ashley Grubb and Erica Nophlin

**Fascinated-** These students know how to use their extra time wisely. They plan on making the grades and going far in life. Digging up information are seniors Katie Dixon and Sarah Walls.



**Back in time-** Kids in Mr. Mitchell's World History class can never guess what will happen next. Mr. Mitchell is an inspiration that helps spark student's interest to learn. His constant enthusiasm is a major factor that makes learning fun.

Your idea of appreciating ancient culture is "Walk Like An Egyptian"







**Only Time Will Tell-** Right before the bell, juniors, **Amanda Balthis** and **Katie Winters**, work hard to avoid having homework. Students use their time wisely in order to keep their afternoons and evenings free.

**Girl You Know It's True-** Participating in class is important for junior **Holly Weaver** and sophomore **Amber Poole**. Writing on the board is an innovative of learning for the entire class.



**Don't Get Me Wrong-** During a tough assignment, freshmen, **Matt Fore**, receives help from **Miss Graham**. Miss Graham takes time after school to help students review for tests and assignments.

**Pressure-** Making good grades is important for these freshmen girls in **Mrs. Blankenships** class. Latin aids students in their verbal and vocabulary skills.

**Good Times-** Taking time to "chill out" is necessary for junior **Adam Yeatts**. A foreign language can be hard and requires extra time for students to study, so a break is much appreciated by the students.



You're an eighties child if .....



# La Bamba

## How is school different from the school you came from?

"The school I went to was much more harder. You had to study for a test at least 25 pages and a quiz 1-5 pages. In that school I went to you could go from first grade 'till ninth grade and if you were very good you could go 'till tenth grade and pass a better diploma. Also different was that I didn't have the same subjects everyday. You have everyday English, German, and Math, but those others at

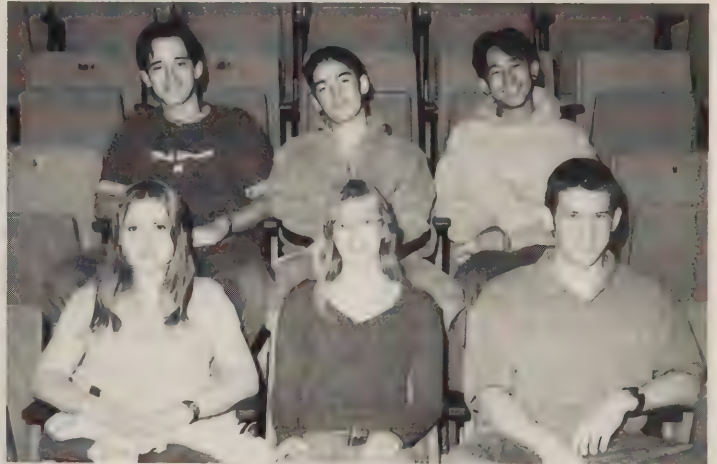
different day. Also you have them everyday at another time."

**Mona VonBrock**  
Germany

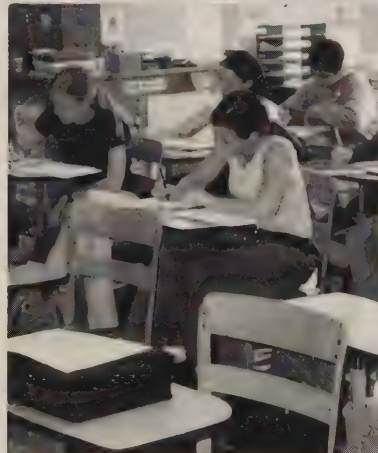
"The school system is organized differently. We don't have a middle school. When you are in the eighth year of your education (when you're twelve, we start at four years old) you have to take a test. That test decides

what level of high school you can go to. You always study at a level that really challenges you. Everyone is always working to the best of their abilities, so you get a really good education."

**Naomi Bathoff**  
The Netherlands



**Foreign exchange students-**  
Mona VonBrock-Germany,  
Naomi Bathoff-The Netherlands,  
Bryan Simis-Germany, Julio  
Salazar- Brazil, Juan Carlos  
Zamara - Columbia, Charlie  
Xoomsaimayudhaya -Thialand.



**Every Day I Write The Book-** French is the second most used language in America besides English. That's why sophomore **Sarah Musgrove** and freshmen **Katie Mosley** have chosen to take this language.

**West End Girls-Spanish** students, juniors **Britini Penley** and **Jessica Hearl**, work diligently on their worksheets. Students often take Spanish to help them with their future career goals.

You know the original members of Menudo



**Right on Track-** In preparation for her shadow box assignment, Senior **Sarah Walls** applies Gesso in order to provide a base coat. Gesso is a product that makes a stable surface so the paint will go on evenly.

**Got My Mind Set On You-** Junior **Megan Williams** and Senior **Brittany Triplett** practice their contour drawings by sketching still lifes. Contour drawing is one of the basics that students learn in art class.



**Destination Unknown-** Thinking before drawing is key for Senior **Jason Davenport**. Here, Jason ponders before sketching his "Impossible World" in the style of the famous artist M. C. Escher.

**The Secret of My Success-** Teamwork is always a key part in building objects, especially in art. Seniors **Skip Smith** and **Aaron Markus** help each other out while cutting wood for their shadow box.



**Heart and Soul-** Annually the art classes collect food to give a needy family a wonderful Thanksgiving feast. Juniors **Anna Monroe**, **Donald Ashley**, Sophomores **Jennifer Kelly**, and **Ian Tinch** help to organize all the gathered food.



**Different Strokes-** Before beginning the oil projects, students must get used to the texture of the oil stick. Two Seniors, **Meredith Lawson** and **Allison Smith**, thoroughly enjoyed working with oils.





You know you're in the 80's if you knew "The Artist" when he was called "Prince"

# True Colors



Quinton Moore



Rucker Sewell



C.J. Bloomer



Keegan Sutherland



**Turn Back the Clock-** While shadow boxing, Junior **Tia Dixon** must come up with a theme that expresses her feelings. Art III students do many projects that are influenced by professional artists.

**I Don't Like Mondays-** Starting the week sketching portraits of people from things like magazines and books is something done in all of Mrs. Simmons' art classes. Here Sophomore **Whitney Waddell** draws a supermodel.

**That's What Friends Are For-** Time seems to go by so fast when students are having so much fun in Mrs. Simmons' art class. Here, Seniors **Josh Hall** and **Ben Harrison** work together cutting fabric for their project.





# Rhythm is Gonna Get'cha

In choir when you turn on all  
the lights  
There's a place that you can  
sing  
Oh no, the rhythm is gonna  
get'cha  
In concert, you hear the notes  
ringing  
You pretend like you aren't  
singing  
But I know it  
The rhythm is gonna get'cha

Rhythm is gonna get'cha  
Rhythm is gonna get'cha  
Rhythm is gonna get'cha  
The rhythm is gonna get'cha  
tonight  
No way, you can sing it  
every day  
But no matter what you say  
You know it  
The rhythm is gonna get'cha  
No clue, because the song is  
new

But before this class is  
through  
Ooh baby  
The rhythm is gonna  
get'cha

Sung by~  
Gloria M. Estefan &  
Enrique Garcia



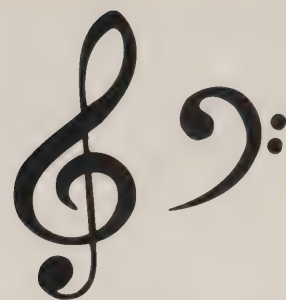
**Who's That Girl?**-In the middle  
of a song, senior **Lindsay Browning**,  
the President of Chorale, gives a  
wink at the camera. **Lindsay** is a  
responsible leader.

**New Song**-These members of  
Concert Choir are digging into their  
new piece of music. Preparing for  
the spring chorus concert is hard  
work.

**Piano in the Dark**-While lead-  
ing her talented singers, choir direc-  
tor, **Diane Thomas**, teaches a song  
and plays along. Mrs. Thomas is an  
extremely talented pianist.







**Sounds Like a Melody**-Singing is what these Concert Choir girls do best. The harmonies are ringing in second period.

**You're the Voice**-While in Concert Choir, sophomore **Chris Pollino** gives a shout out to himself. Chris lends his strong voice to the mens' section.



**Voices Carry**-The sopranos and bases are singing their hearts out to "Viadana". This is a piece well mastered by the Chorale members.

**Sad Songs (Say So Much)**- As Chorale members sing "Weep, Oh Mine Eyes" they are feeling the music. Their sad expressions correspond with the song.





They told them don't you ever play around here. Don't wanna see your bass you better disappear. The fire's in their eyes and the notes are really clear.

So beat it, but you wanna be bad.

You better march, you better do what you can. Don't wanna see no flutes, don't be a macho band. You wanna be tough, better do what you can. So beat it, but you wanna be bad. Just beat it, beat it, beat it. No band wants to be defeated. Playing as funky and loud as you can. It always matters who's the best band.

Just beat it, beat it

Just beat it, beat it

Just beat it, beat it

Just beat it, beat it

# BEAT IT

Its for the 'thrill' of it all



**Sultans of Swing** - The band takes a moment out of their busy class period to pose for a group photo. Working well together is an important part of being in the band.



**Into the Groove** - Playing his saxophone, sophomore **Han Kim** performs during a football game. The band performed songs from the musical "Tommy" for football games and competitions.

**The Heat is On** - Virginia High's new band director, **Tom Hopson**, checks to make sure freshman **Jerry Hayter** and junior **Ben Collins** are in the right position to play.



**Strut** - Marching with the band, colorguard member and senior **Erica Nophin** performs at a home football game. Colorguard was required to practice two hours or more after school every Tuesday and Thursday with the band during football season.

**Celebration** - The band plays at a pep rally to boost students' Bearcat pride. To be in the band requires a great deal of school spirit.

You're an eighties child if...





**Let the Music Play** - Poised to play her piccolo, junior **Anna Monroe** looks ready to march! The band practiced marching and playing every school day during football season.



**Take My Breath Away** - While leading his section, senior **Wade Edwards** hits a high "C" for the crowd. Brass instruments require strong lungs and breath control.

**It's Still Rock and Roll to Me** - Smiling for the camera, sophomore **Andrea McAvoy** plays her drum during a half-time show. Being a member of the percussion section is an enjoyable position to have.



**Right in the Line** - The mel... bone players stay in... show. The band... at performance



**What it Takes** - Ready to receive their awards, seniors **Katie Winters** and **Katy Dixon** and freshman **Megan Peters**, stand tall. Award ceremonies were payoff for all of the band's hard work.

You know that another name for a keyboard is a "synthesizer"



# (Let's Get) Physical

I'm practicing all the things that I know the coach will like,  
Doin' good warm ups; I gotta handle myself just right.  
He takes us to the track, then to the old gym,  
There's nothin' left to talk about, unless we have to swim.

Let's get physical, physical, I wanna get physical,  
Let me hear your body talk, your body talk.

I've been patient and tried to keep my eye on the ball,  
It's gettin' hard if you know what I mean.  
With badminton, soccer, volleyball, and speedball,  
You gotta know that you're bringing out the athlete in me.

Let's get physical, physical, I wanna get physical,  
Let me hear your body talk, your body talk.

You're an  
eighties child  
if.....

You "Mousercize"  
to lose  
weight.



**Kids in America-** P.E. gives students a chance to get away from the everyday stresses of other classes. Here some of **Mrs. Baker's** P.E. students relieve tension and have some fun playing speedball.

**Torture-** While in health class, freshmen and sophomores take D.A.R.E. as well as the normal health curriculum. Although working may seem like torture to these students, they are actually learning important lessons.







**Circle in the Sand-** Working in a group is always more fun than working alone. Sophomores **Will Dickert, Christy Saunders, Candy Love, Monica Hawkins, and Chris Sennett** work together to try and solve a problem in health class.

**Beat it-** Giving it his all, sophomore **Hunter Lane** hurls the ball back over the net as his teammates look on. Volleyball is a favorite among gym students.

**Heat of the Moment-** Gym often puts students up close and personal. Sophomores **Charlie Bussey and Matthew King** get caught up in the moment and go head to head for the glory of winning at speedball.

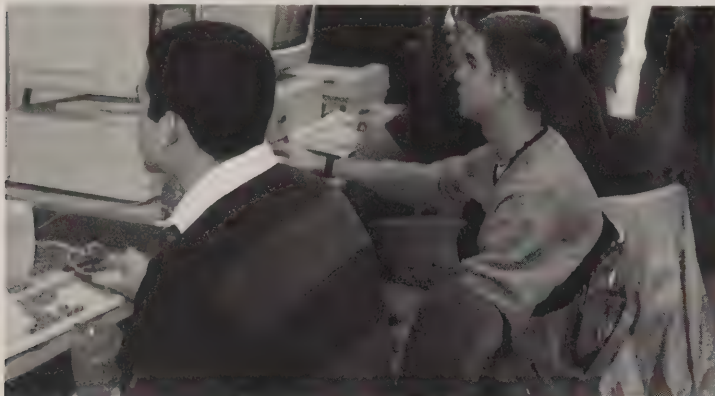
**A Girl Like You-** Showing off her speedball talent, sophomore **Jing Chen** passes the ball to one of her teammates. Teamwork is one of the many lessons learned by students during gym class.



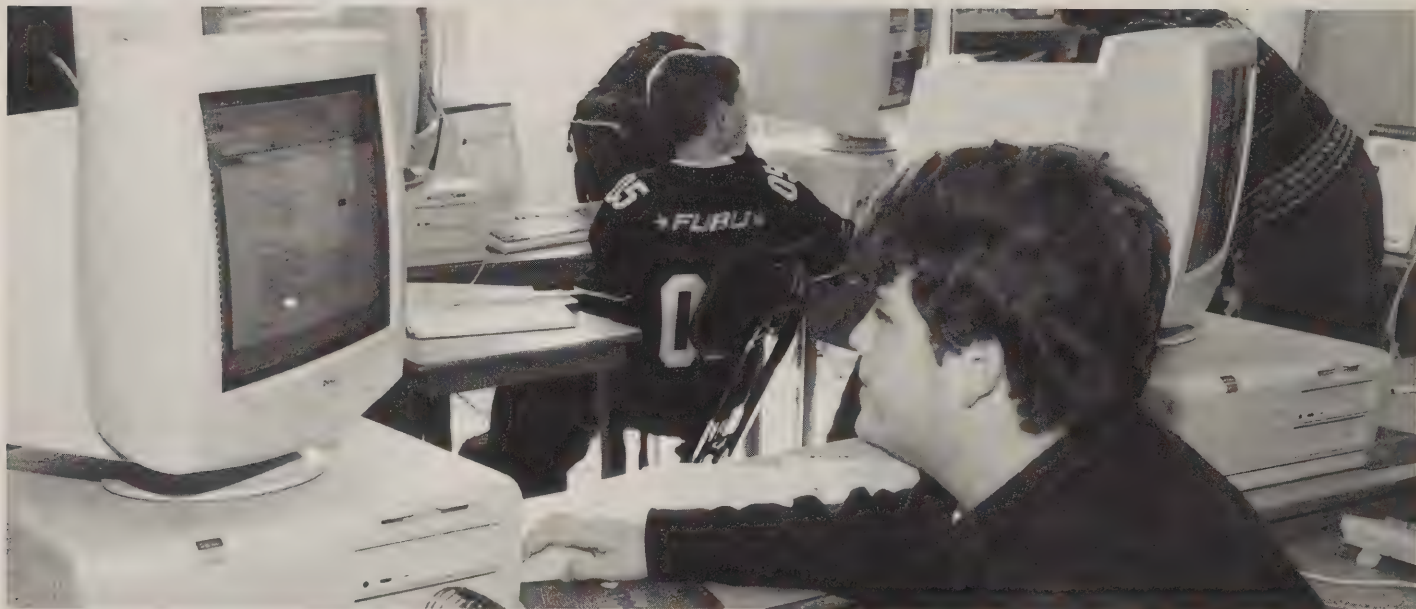
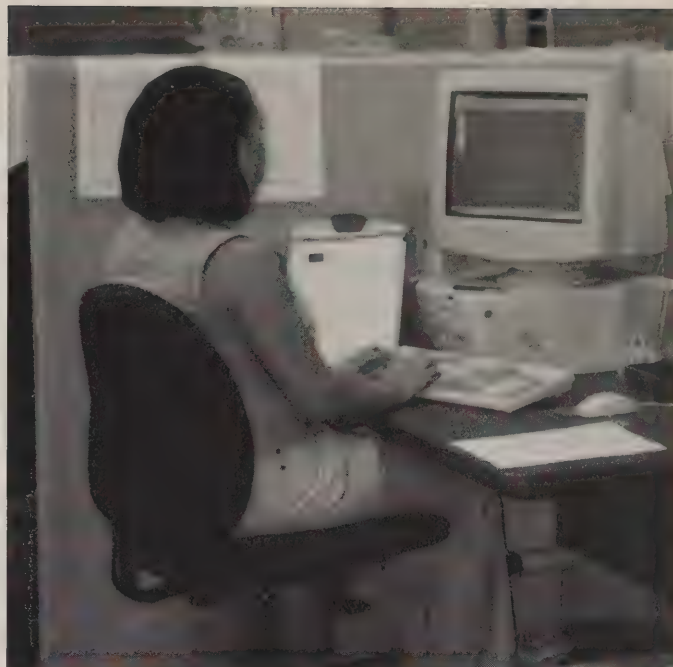


### While You See A Chance-

Playing games is much better than doing assignments. Before class begins juniors **Jon Harper** and **Evan Jones** get a chance to play on the many games downloaded by students for entertainment.



**Year of the Cat** - A new enterprise was established in the business department entitled "CatsDen". In this class students such as senior Erica Sommerville, we're introduced to the concepts of a "true" business environment.



### Check It Out-

Correct spelling on your assignments is essential in Computer Information Systems. As sophomore **Will Dickert** prepares to turn in his project, he copy edits his work for mechanical, grammatical and stylistic errors.

### GIRLS!-

Sometimes teachers incorporate magazine articles into the students work in order to give them creative avenues to create special projects. During a hands-on assignment juniors **Mindy Fields** and **Maggie Waterman** work on an assignment for Mrs. Acuff's Fashion Marketing class.





# 9 TO 5

*Barely gettin'  
through, it's all  
takin' and no  
givin'...*

Tumble outta bed  
And stumble to the kitchen  
Pour myself a cup of ambition  
And yawn and stretch and try  
to come to life  
Jump in the shower and the  
blood starts pumpin'  
Out on the street the traffic  
starts jumpin' With students  
like me tryin' to get to school on  
time.

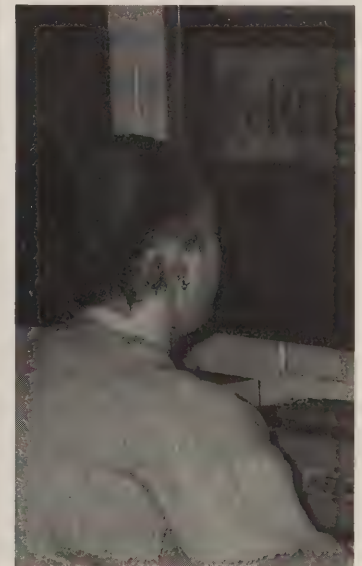
Workin' 7 to 3, what a way to  
make a livin'  
Barely gettin' through, it's all  
takin' and no givin'  
They just use your mind and  
they never give you credit  
It's enough to drive you crazy if  
you let it  
7 to 3, for tryin' to live through  
the day

You would think that I would  
deserve a big fat A  
Want to move ahead but the  
teach won't seem to let me  
I swear sometimes that man is  
out to get me!



**We Are the Champions** - Many young students participated in DECA competitions throughout the year that judged them on varying degrees of the business industry. **Kaleena Franks** was runner-up in the Promotion Role Play competition and an overall finalist in Retail Merchandising Associate Level. DECA State Competition Participants included **Katie Shields, Sarah Walls, Kaleena Franks, Emily Everett** and **Sheree Gibbs**.

**The Lucky One** - At the DECA competition, participants were judged in business role-playing activities. Taking on the persona of a potential buyer was won by senior **Katie Shields**.



**Eyes Without A Face** - In Fashion Marketing, students create collages from various fashion articles. Seniors **Sarah Walls** and **Hollyava Blevins** look at the physical features of models that display the required fashion styles.





# Welcome to the Real World

*Welcome everyone to  
this palce of hope and  
dreams.*

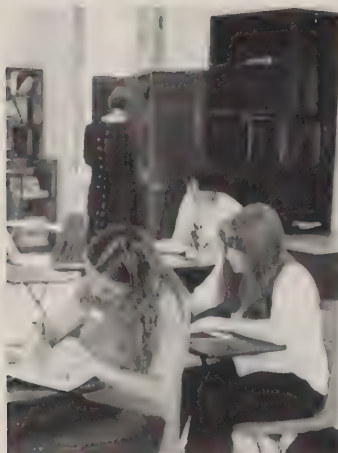
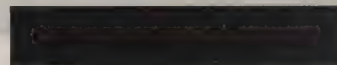
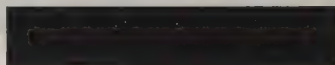
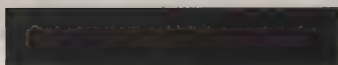
*Welcome everyone, eyes  
wide with innocence.  
The world is open to  
your naive grace.*

*Its a rat race, its a brave  
new place.*

*hey now, you're at the  
gate.*

*Welcome to the real  
world, there's so much  
to learn.*

*The past is a memory,  
forever in our hearts.  
I'm crying for the past,  
I'm crying for the future.  
I see my freedom lying  
at me feet tonight.*



## You Got Lucky

"You barely passed that one," senior Hope Dennis to be thinking as she files papers for mrs. Acuff's fashion marketing class..

## Pressure

Students use magazines, old year-books, and newspapers to create original collages. These students are working hard to finsih before the end of class.





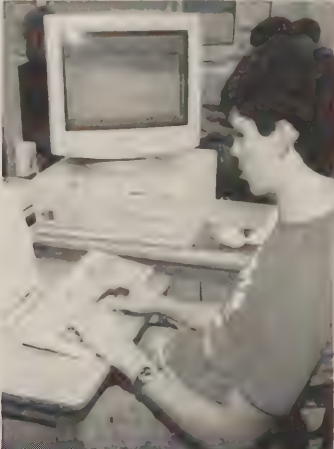


**Don't Lose My Number**

In an attempt to implement journalism and marketing classes, junior maggie waterman calls prospective businesses. members of Mrs. Acuff's class sold yearbook ads in order to receive discounts on their yearbook purchase..

**Far from Over**

Ehile pondering the information in hi book, sophomore Nick Curcio works on an assignment for CIS. Students sometimes work two days or more on assignments for this class.



**Close (To the Edit)**

Even this close, one can see that senior Josh Alexander is working diligently on a project in marketing class. these classes allow students to work onn real-life situations they may encounter in the workplace.

**Uptown Girl**

Working hard to complete an asignment, junior Erica Sommerville types a memo in Cat Den Inc. this class prepares students for real-world scenarios.



## ELECTRIC AVENUE

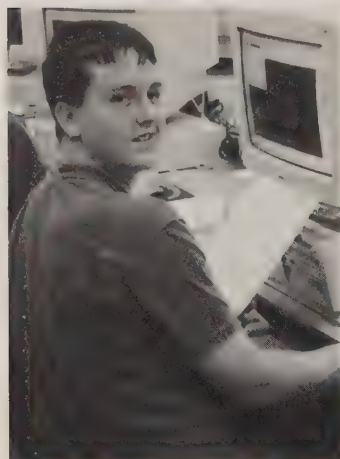
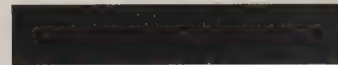
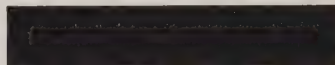
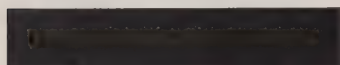


Down in the dungeon they are working and there are lots of cars to be done. No place to chill out or talk just fixing up cars till there's no more sun. We gonna rock down to Electric Avenue and then we'll take it higher. Oh we

gonna rock down to Electric Avenue and then we'll take it higher. Workin' so hard like a draftsmen. Can't afford a thing to do. Deep in my heart I'm a craftsman. Screwdrivers and hammers are my trade tools. We gonna rock

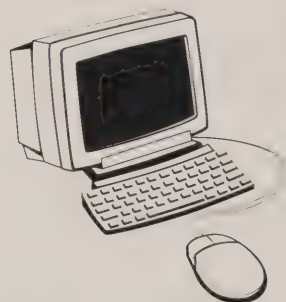
down to Electric Avenue and then we'll take it higher. Oh we gonna rock down to Electric Avenue and then we'll take it higher. Who is to work in our country. Technicians and draftmen galore. Dealin' in technology.

And they still keep coming back for more. We gonna rock down to Electric Avenue and then we'll take it higher. Oh we gonna rock down to Electric Avenue and then we'll take it higher.



**Windows** -While working in class, Senior **Matt Pfountz**, takes a time out to smile for the camera. Many students take at least one computer class in high school.

**Bit by Bit** - Making sure to make no mistakes, Junior **Donald Ashley** concentrates on his work. Using the CAB system students learn a new approach when designing layouts.







Working together senior Keith Hagg and junior Chris Allison put their ideas on hold to solve the problem. Cooperation and collaboration are key elements to solving a problem.

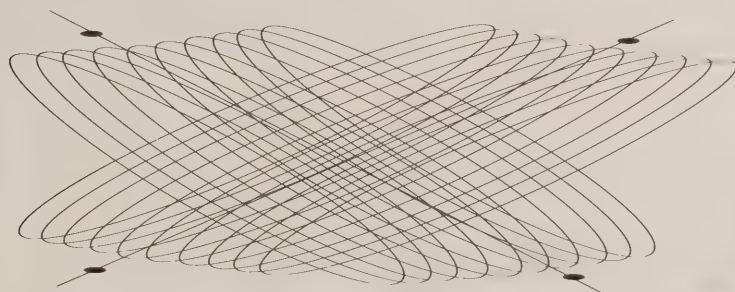


**Little Red Corvette-** Fixing his truck during class, Senior Micheal Blackwell diligently works on his breaks. Many students take automachanics to learn how to fix their own vehicles.

**In My House-** In drafting, sophomore Clayton Hinson draws a picture of what might someday be a real house. He shows his love for drawing by taking an advanced drafting class.

**Automatic Man-** While working on a car the automatic man, senior Josh Wilkinson, makes no mistakes. Automachanics is an effective way to teach students the components of a car

**Our House-** Cutting wood for a classroom project are sophomores Zack Lenisky and Danny Goodson. Working together gets things done much faster.





**Check It Out-** Giving assistance to **Senior Brandi Gragg**, **Mrs. Phelps** helps her out with her client. Learning in cosmetology class comes mainly from the hours in the classroom, but from the experience in the lab on clients as well.



**There's The Girl-** It's obvious from **Melinda Stevens'** beautiful smile that she is pleased with **Senior Sheree Gibb's** performance. Cosmetology is one of the most hands-on electives at our school.



**The Look-** Hard at work, Cosmetology students, **Seniors Sheree Gibb** and **Erica Nophlin** work on their clients. This is the girl's third year in cosmetology.

**King For A Day-** Receiving "the works", **Issac Litton** waits as **Mrs. Phelps** prepares the wash area of the Cosmetology lab. Cleanliness is integral to a safe working environment.



**Glamorous Life-** Putting on the glam and glitz, **Senior Nikki Chapman** gives **Mandy Sproles** a fresh, new "do". She also shows her that styling hair can be fun!





*Experience has made me rich  
And now they're after me...*

# Material Girl

Some girls perm me, some girls bleach me  
I think they're O.K.  
If they don't give me what I wanted  
I just walk away.  
They can crimp and they can tease  
But they can't see highlights, that's right!  
'Cause the clients with the cold hard cash,  
Are always thought as right, 'cause they are...  
Living in a material world,  
And we are material girls!  
You know we are living in a material world,  
And we are material girls!

Some girls fry, some girls color,  
That's alright with me.  
If they can't take care of it naturally,  
We'll have to let them be.  
Some girls braid and some girls trim  
I don't let them play.  
Only girls who save their locks  
Make my living income pay!  
Living in a material world,  
And we are material girls!  
You know that we are living in a material world,  
And we are material girls!



**I Like It-** Britt Daniels shows his interest in cosmetology while his friends are being styled and pampered by the other students. Cosmetology is a great class for not only those who want to enter the field professionally, but for helpful skills in life as well.

**Human Touch-** In total relaxation, Miranda Carrier receives the ultimate treatment from senior LeAnn Lawson. The natural talent and ability in the cosmetology lab is quite impressive.

**Puttin' On The Ritz-** Smiling for the camera, Joey Brooks enjoys his "make-over" from senior Erica Noplin. Erica has the "perfect touch" for making her client comfortable.

You thought Molly Ringwald was REALLY cool.

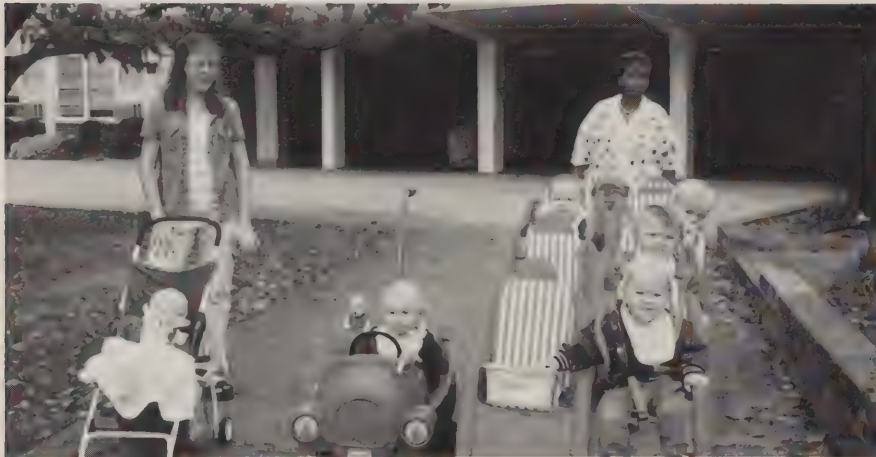




**Baby Love-** While pondering about the toy, **Anne Osborne** quietly stands still and ponders on what toy to play with next. The child care center provides several toys for the children.



**Somebody's Baby-** While playing with the toddler toys, **Amanda Wood's** son, **Christopher Hooker** looks like he is having a wonderful time. The kids enjoy playing with the toddler toys.



### Where Do The Children Go-

While the kids take their daily stroll, **Mrs. Leverne** and **Michelle Watts** parade the kids in different strollers. The kids like to get outside for a break from being inside all day.

### Hold Me-

While holding the kids, senior **Amanda Rhymer** and sophomore, **Renee Coffey** tell them to look at the camera. The kids are required by law a certain amount of outside time in the United States.



**Wind Him Up-** While riding in the swing, **Eric Workman** is distracted by something in the distance. The kids love to play outside.





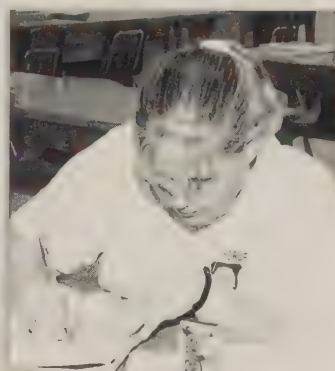
You're an eighties child if you know the profound meaning of "wax on, wax off"

## Doctor, Doctor

Baby, there's no one here today  
The toys could be fun  
Don't forget the rules, we are at school  
Until tomorrow  
But now if you would only stay  
There's so many games we'll play  
Why should we pretend to be only kids  
When we could be so much more  
Baby love, you are my baby love  
Just call it baby love, you are my baby love just  
call it.....

## Baby Love

Words don't mean so much to me  
I'd rather play and swing  
See what happens when we have to leave  
Our parents  
come and take us home  
Time to leave the school behind  
Save it for another time  
'Cause I remember where I am  
When you atart to .....love me  
Baby love, you are my baby love  
Just call it baby love, you are my baby love



**My Oh My** - Working diligently, members of the Health Occupations class find it easier to work with other classmates. Group projects help contribute to the students' leadership skills.

**I Don't Like Mondays** - Getting started at the first of the week, sophomore **Crystal Churchwell** works patiently. Many students join this class to learn about medical situations.

**Right Here Waiting** - In Health Occupations, sophomores **Detra White**, **Jennifer Monk**, and **Valerie Rector** are checking their weight. In this class, students learn about their health as well as others.





# Healing Hands

*Backstreet Boys*  
Autumn Canter

*Clyde Thomas*  
Charlie Daniels

*Billy Ray Cyrus*  
Isaac Litton

*Garth Brooks*  
Jamie Hartsock

*Britney Spears*  
Mandy Sproles

*Faith Hill*  
Melissa Cross

*Dolly Parton*  
Joey Brooks

*Britney Spears*  
Miranda Carrier

*Who Let the Dogs Out by the*  
*Baha Men*

Brit Daniel  
*Auctioneer by John Michael*  
*Montgomery*

Michael Goodell  
*Don't Worry Be Happy*

Clyde Thomas  
*Genie in a Bottle by Chris-*  
*tina Aguilera*

Autumn Canter

*Country*  
Isaac Litton

*Country*  
Jamie Hartsock

*Classical*  
Mandy Sproles

*Hip Hop*  
Miranda Carrier

Favorite male singer

Favorite female singer

Favorite sons

Favorite type of music



**Never Tear Us Apart** - Miranda Carrier and Autumn take a stroll around the indoor track. Many students and teachers use the track as a means of exercise.

**Dirty Laundry** - Jamie Hartsock, Mindy Sproles and Melissa Cross fold the football team's jerseys after washing them. Having a on-site laundry room allows athletes to wash uniforms before and after games.



100 SPECIAL NEEDS





**Lean On Me** - The Special Needs class takes time out to pose for the camera. Moments like these remind students how special friends can be in high school.



**Nothing's Gonna Stop Us Now** - Parading down the hall Joey Brooks, Mandy Sproles, and Brit Daniels take off for another field trip. Field trips are an effective teaching tool for many concepts.

**Two Hearts** - Students form special bonds with each other for various reasons. Showing their affection for one another sophomore Todd Cross and Miranda carrier smile for the camera.



**Your a Friend of Mine** - Friends gather while waiting for the bell to ring. The minutes between each class allow students a chance to mingle with one another.

**Right Here Waiting** - Waiting for their assignments for the day Isaac Litton grins in anticipation of the day's events.

**The Power of Love** - Showing off in the hall Mandy Sproles, Joey Brooks and Jamie Hartsock kid around with one another. having friends to joke around with helps the day go faster.



# AUTOGRAPHS





**I Wanna Dance With Somebody**-Enjoying themselves, sophomore **Jenny Cunningham** and junior **Jessica Johnson** dance. Having fun makes practices not seem so long and strenuous.



**Don't Stand So Close To Me**-The One Act play gives senior **Kaleena Franks** and sophomore **Maggie Davis** the opportunity to release a little anger. Acting often presents the chance for the actors to become someone unlike themselves.



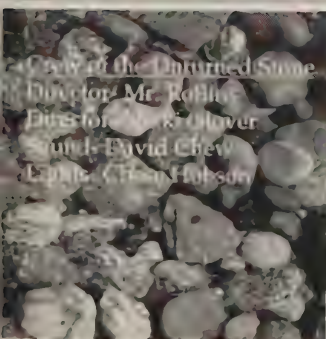
**Listen to Your Heart**- The One Act Play was serious this year and focused on the death of a loved one. In this scene, seniors **Kaleena Franks** and **Jamal Lockett** reflect on the good times they spent with their friend.



**Head over Heels**- Showing off his amazing flexibility, sophomore **Caleb Wilson** turns a somersault. This was a part of his clown routine, a very funny part of the One Act play.

**Too Late for Goodbyes**- The entire cast of the play bid their last farewell to their friend who passed away as part of the story. This scene evoked much emotion in the cast as well as the audience.

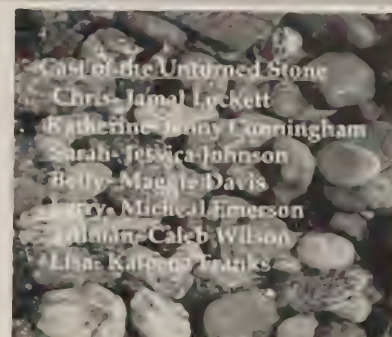
## Movin' on up



This year the One Act Play was called the "Unturned Stone." It was about a high school student who drowns. All of his friends are completely devastated by the loss. They decided the best way to remember him is to venture into the graveyard and throw him a party. While in the cemetery, each person reflected on what their

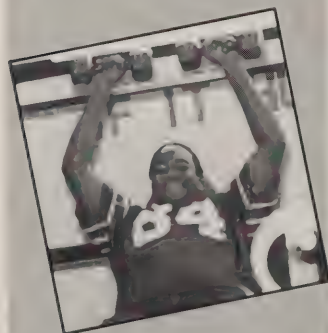
friend meant to them. They all became aware of what an important part of their life he was.

The cast practiced hard for six weeks. After much hard work, they traveled to Abingdon to compete against five other schools in our area. The cast did a good job this year, but they have an even more promising year to look forward to next year.





Another year has come to an end, and so we shed a few tears. But no matter what the future brings, we will always remember the great and often hilarious times we had at Virginia High! We've seen relationships come and go, built friendships that mean the world, learned from some of the best teachers, and most of all created memories that will endure for the rest of our lives. At Virginia High, we have learned lessons that have shaped who we are today, as well as who we will be tomorrow. These lessons have been taught to us everyday in the classroom, but also in our other experiences with teachers and peers. So whether we're looking back on the great decade of the '80s, or looking forward to greater things ahead, Virginia High will always be a part of us.



**Saved By The Bell-** Imitating AC Slater, freshman **Stefan Graham** builds some muscles in the weight room.



**She's a Maniac-** Talk about being anxious to graduate. Senior **Brittany Triplett** is tearing down the school!



**Material Girl-** Perfection is key for senior **Tiffany Slagle** as she gives fellow senior **Brandi Gragg** a quick trim. Tiffany is an accomplished cosmetology student



**Hold On To Me!** Holding on for their lives, junior **Rachel King**, seniors **Karen Blair**, **Jessica Beaver**, **Rachel Fugate**, **Sharon Blair** and **Jennifer Proulex** scream with all their might on a rollercoaster in Georgia.



## Some Guys Have All the

**Luck-** At a pageant held in Johnson City, several VHS students gather to show off their formal attire. The two guys in the middle are fortunate enough to be surrounded by a plethora of beautiful ladies.

**I Want a New Drug-** Working on the set for the Spring Festival, senior **Matt Lewis** gets a little crazy. When working hard, it's important not to get dehydrated, but it looks like Matt will be ok.



**Stand-** In historic Jonesborough, TN, seniors **Matt Pfountz** and **Jason Davenport** take time out from their busy schedule to enjoy the atmosphere of the old town.



**These Dreams-** Going to the Storytelling Festival in Jonesborough each year is one of the year's highlights for many English students. Here, sophomore **Caleb Wilson** shows off a whimsical poster.



**Valedictorian** - Jason Davenport  
**Salutatorian** - Wes Dulaney  
**National Honor Society Scholars** - Jason Davenport, Robert Kieffer  
**National Merit Commended Scholars** - Jason Davenport, Robert Kieffer

**National Scholar/Athlete awards** - Nikki Glover, Todd Rosenbaum  
**Outstanding Band Soloist** - Wade Edwards

**Excellence Award for Leadership and Scholarship** - Casey Blakenship  
**Distinguished Athlete Award** - Sheree Gibbs

**Air Force Science and Math Award** - Jason Davenport

**Most Versatile Athlete** - Josh Shuler  
**Outstanding Vocalist** - Samantha Hayter

**Special Recognition** - Erica Somerville

**American Veterans Scholarship** - Deonna Fields, Casey Huffman  
**Elks Nursing Scholarship** - Samantha Hayter

**2001 Pamplin Leader for Virginia Tech** - Matt Pfountz

**President's Scholar Scholarships** - Natasha Garrett, Lisa Tauscher

**Creed Fulton Scholarship** (Emory and Henry) - Buddy Adams, Jennifer Proulex

**Byers Scholarship** (Emory and Henry) - Amanda Justice

**King Academic Scholarships** - Jason Davenport, Wes Dulaney, Josh Sokolow

**Cecil Belcher Scholarship** - Nikki Glover, Todd Rosenbaum

**H.K. Breedlove Scholarship** - Lindsay Ratcliff

**Radiology Associates Most Improved Students** - Blakely Morris  
**Bristol Anesthesia Services Scholarship** - Emily Smith

**Van Pelt Scholarship** - Jason Davenport

**Slater Alumni Scholarship** - Jason Davenport

**The A.T. Outlaw Scholarship** - Jacob McAllister

**VHS PTA Scholarships** - Lindsey Browning, Wes Dulaney

**Outstanding Art Student** - Jason Davenport

**Paramount Award for the Performing Arts** - Wade Edwards

**Science Achievement Award** - Wes Dulaney

**Rotary Club Science Trophy** - Jason Davenport

**Outstanding Senior in Science** - Robert Kieffer

**Ray Hooper Business Education Award** - Lisa Tauscher

**Jack C. Cummins Memorial Award** - Josh Sokolow

**Highest Average in Math** - Jason Davenport

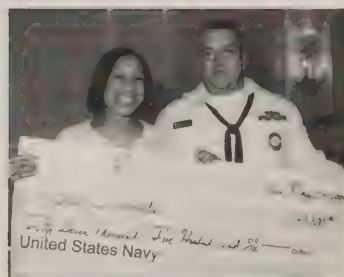
**DAR Good Citizen Award** - Todd Rosenbaum

**Highest Average in U.S. Government** - Jacob McAllister



**Highest Average in AP Government** - Jason Davenport  
**Cecil Rasnick Memorial Math Award** - Jason Davenport  
**Rotary Club English Trophy** - Kari Callanan  
**Highest Average in Honors/AP English** - Jason Davenport  
**Christian Businessmen's Award** - Sarah Walls  
**Humanitarian Award** - Jessica Puckett  
**Americanism Award** - Mike Puglisi  
**Faculty Citizenship Award** - Kari Callanan, Jason Davenport  
**Best All-Around Girl** (Kiwanis Club) - Nikki Glover  
**Best All-Around Boy** - Todd Rosenbaum



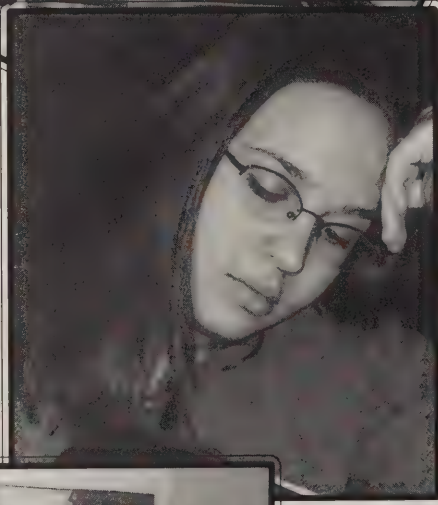
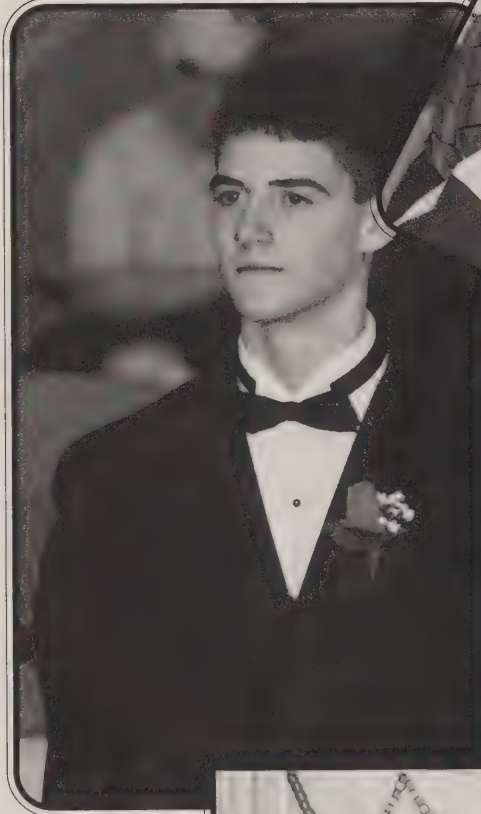
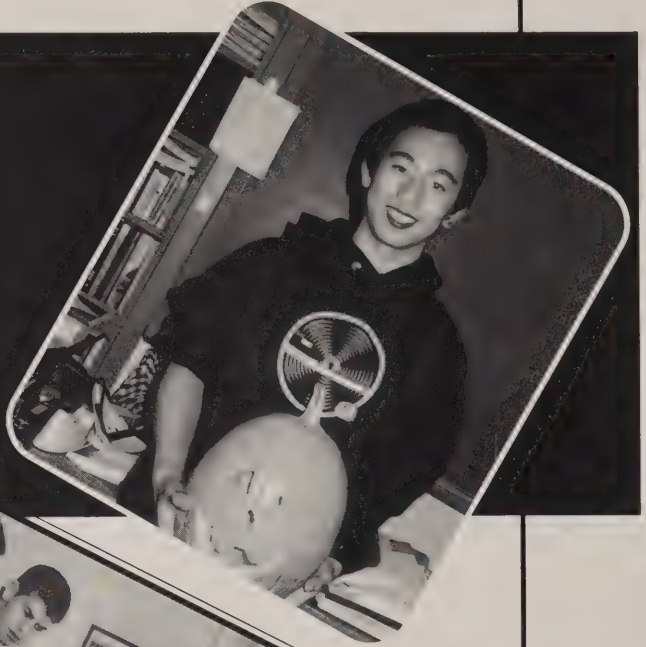




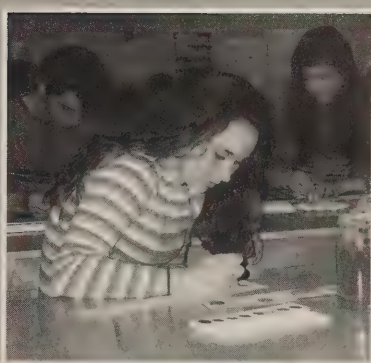
# *If You Don't Know Me By Now*

If you don't know me by now  
You will never never never know me

All the things  
That we've been through  
You should understand me  
Like I understand you  
Now and forever I know the memories  
Among friends and teachers  
I ain't gonna forget  
To thank all those who helped along the way  
Don't get too sad  
When I leave  
This special place  
Cos we only have this moment  
Which we'll cherish in our hearts







**View to a Kill** - Concentration is the key to a successful drafting project, as sophomore Stephen Rest shows as he concentrates on his perspective viewing techniques.

**All You Zombies** - As part of V-T Week students dress up - like this pair **She's Crafty** - Perfecting her watercolor design, senior Meredith Lawson carefully fills in between the lines.

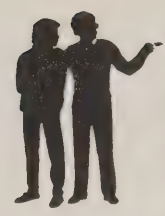
**Tell Her About it** - There must be something funny happening in Mrs. Holcomb's class, as freshmen Amy Landrum whispers to freshmen Lauren Hughes.



**Queen for a Day** - The forensics team traveled to District competition to compete in such categories as extemporaneous, poetry, prose and stroytelling. These girls take time during their bus trip to show off their tiaras.



**Loverboy** - Before practice begins sophomores Randy Stamey, Rebekah Friend, and Amber Dunn break for a hug. Time after school allows students the opportunity to bond with one another.



IF YOU DON'T KNOW ME BY NOW

# 10<sup>top</sup>

The top ten actors and actresses of the "80's

## Actors

1. Michael J. Fox
2. John Cusack
3. Tom Cruise
4. Matthew Broderick
5. Patrick Swayze
6. Anthony Michael Hall
7. Harrison Ford
8. River Phoenix
9. John Candy
10. Chevy Chase

## Actresses

1. Molly Ringwald
2. Phoebe Cates
3. Demi Moore
4. Winona Ryder
5. Elizabeth Shue
6. Cher
7. Ally Sheedy
8. Kelly LeBrock
9. Carrie Fisher
10. Susan Sarandon

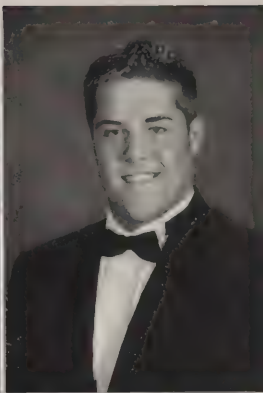




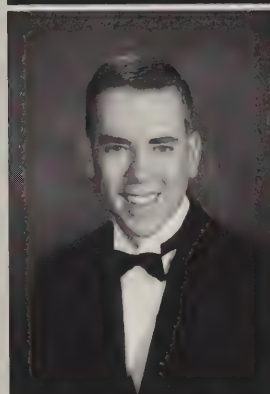
# End of the Line



Adams, Buddy  
Alexander, Josh  
Arnold, Ben  
Belcher, Andrew



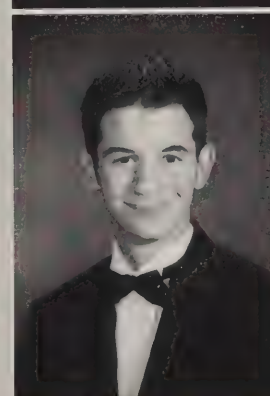
Blackwell, Michael  
Blair, Karen  
Blair, Sharon  
Blankenship, Casey



Blaylock, Amanda  
Blevins, Hollyava  
Blevins, Matt  
Bolling, Nicole



Bondurant, Brent  
Bothoff, Naomi  
Brooks, Chris



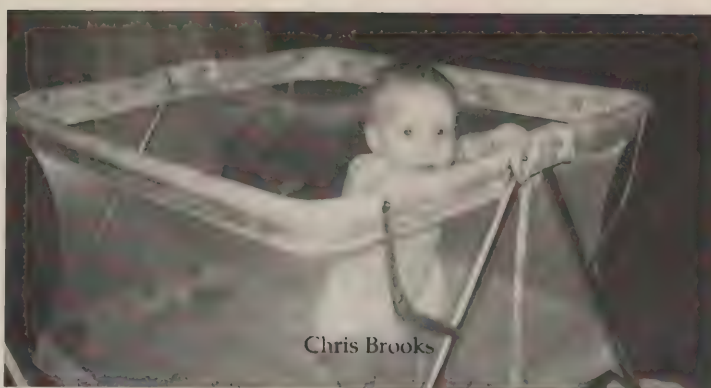
## Not Pictured:

Lucinda Almaroad  
Jessica Beaver





Andrew Belcher



Chris Brooks



Nicole Bolling



Buddy Adams



Sara Bays



Ben Arnold



Karen and Sharon Blair



Brent Landrum



Amanda Blaylock



Joshi Alexander





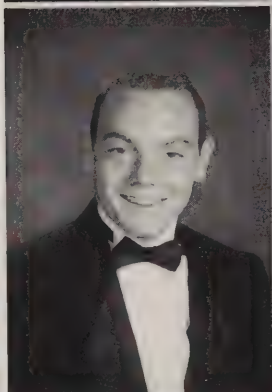
# Final Countdown



Browning, Lindsay  
Bryan, Josh  
Bushwack, Melissa  
Callanan, Kari



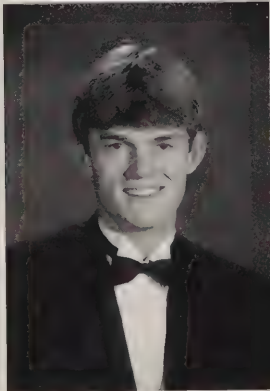
Carr, Eric  
Carter, Tiffany  
Chapman, Nikki  
Christein, Lindsay



Close, Cynthia  
Combs, Nicole  
Cross, Melissa  
Davenport, Jason



Davis, Shawn  
Dennis, Hope  
Dixon, Katherine

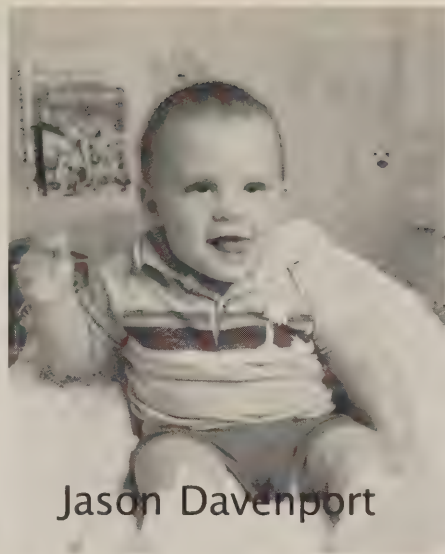


Not Pictured:  
Melissa Burress





Kari Callanan



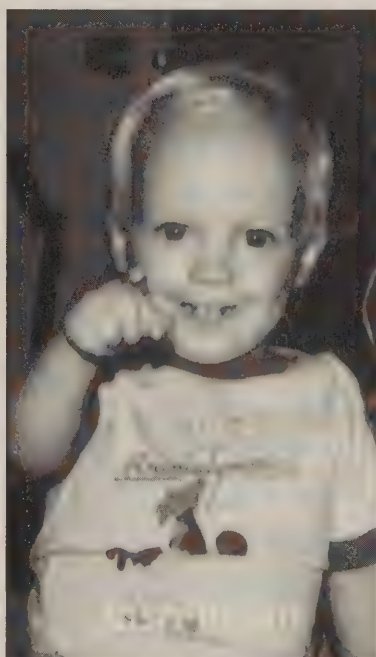
Jason Davenport



Jany C...



Shawn Davis



Hope Davis



Lindsay Brownin



Melissa Bushwack



Lindsay Christein







# Don't Forget Me When I'm Gone



Dulaney, Wes  
Duncan, Adam  
Edwards, Wade  
Ellis, Mark



Emmert, Sarah  
Everett, Emily  
Fields, Deonna  
Foster, April



Franks, Kaleena  
Frazier, Josh  
Fugate, Rachel  
Garrett, Natasha



Gasbarri, Joey  
Gibbs, Sheree  
Glover, Nikki

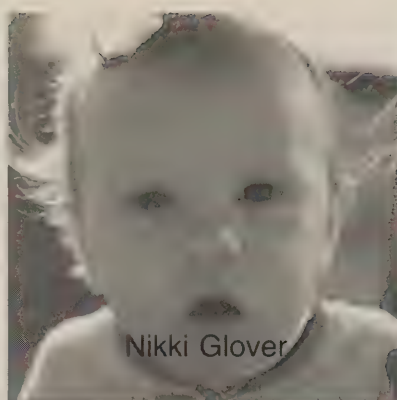


Not Pictured:  
Isreal Gibson





Joey Gasbarri



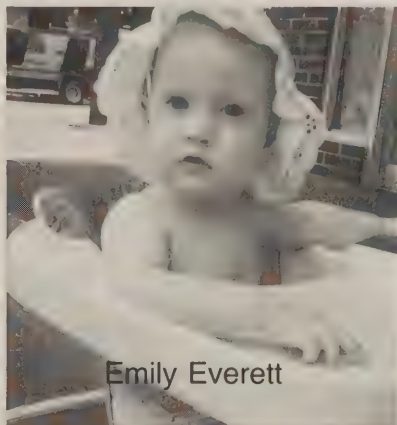
Nikki Glover



Nes Dulaney



Sarah Emmert



Emily Everett



Kaleena Franks



Sheree Gibbs



Deonna Fields



April Foster



Adam Duncan



Rachel Fugate



Josh Frazier







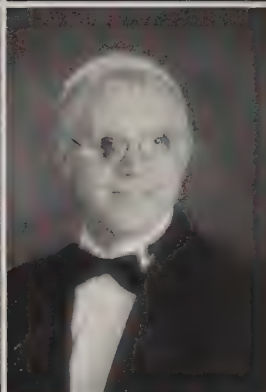
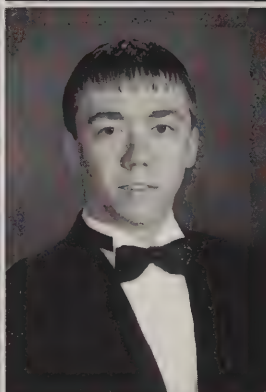
# The Secret of My Success



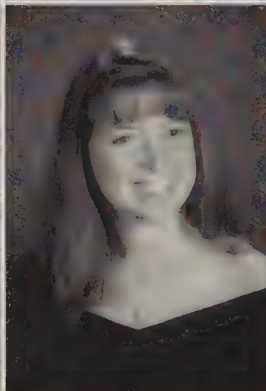
Gourley, Maggie  
Gragg, Brandie  
Gray, Nicole  
Grubb, Ashley



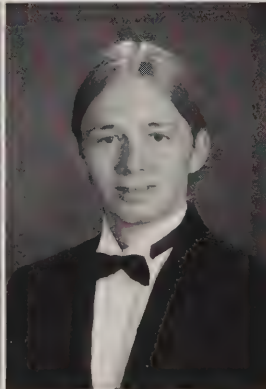
Hagy, Keith  
Hale, Ricky  
Hall, Josh  
Hamrick, Stephen



Harrison, Ben  
Hartley, Wayne  
Hayter, Samantha  
Helton, Elizabeth



Hemmings, Cathleen  
Hernandez, Natasha  
Hicks, Brian  
Huffman, Casey







Cathleen Hemmings



Ni



Brandie Gragg



Keith Hagy



Ben Harrison



Step



Wayne Hartley



Brian Hicks



Josh Hall



Ashley Grubb



Casey Huffman



Samantha Hayter



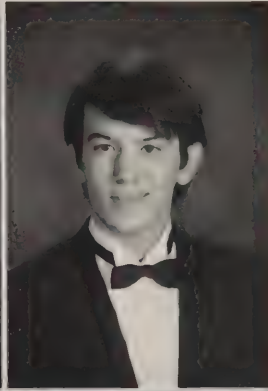
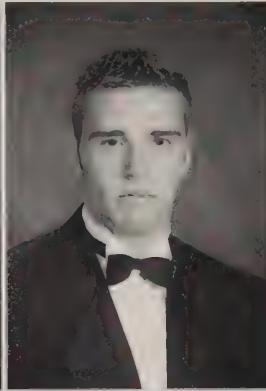
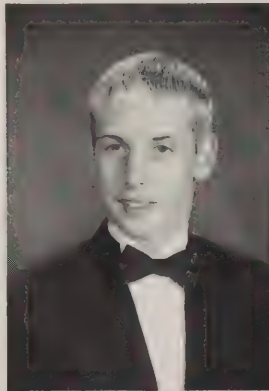




# Where Everybody Knows Your Name



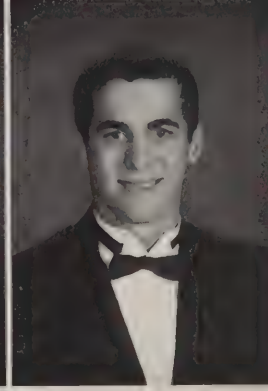
Hughes, Taylor  
James, Iginah  
Jones, Scott  
Jones, Lee



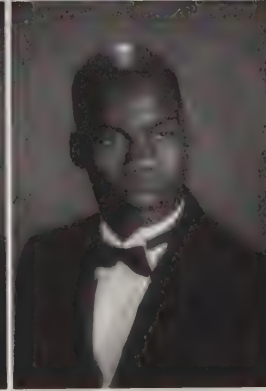
Justice, Amanda  
Kieffer, Robert  
Lawson, Jessica  
Lawson, Leigh



Lawson, Meredith  
Leonard, Todd  
Leonard, Laura  
Lewis, Matt



Litton, Isaac  
Lockett, Jamal  
Logan, Heather



Not Pictured:  
Matthew Lawson







Iginah James



Meredith Lawson



Amanda Justice



Todd Leonard



Matt Lewis



Jamar Lockett



Leighann Lawson



Lee Jones



Laura Leonard







# Glory Days



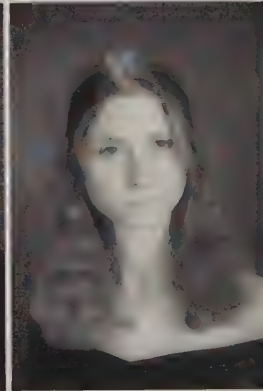
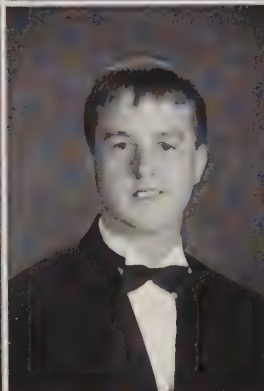
Mays, Emily  
McAllister, Jacob  
Moore, Andy  
Morris, Blakely



Morrison, Chris  
Murray, Jessica  
Musick, Josh  
Newton, Ayana



Nophlin, Erica  
Pfountz, Matt  
Pippen, Charlie  
Proulx, Jennifer



Puckett, Jessica  
Puglisi, Mike



## Not Pictured:

Brandon Moore  
Heather Newman





Jacob McCallister



Ayana Newton



Kely Morris



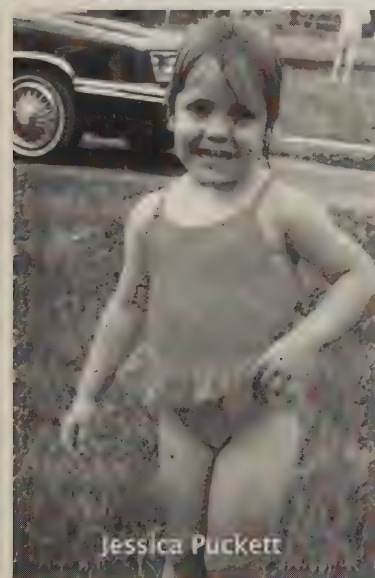
Matt Pfountz



Erica Nopp



Josh Musick



Jessica Puckett



Emily Mays



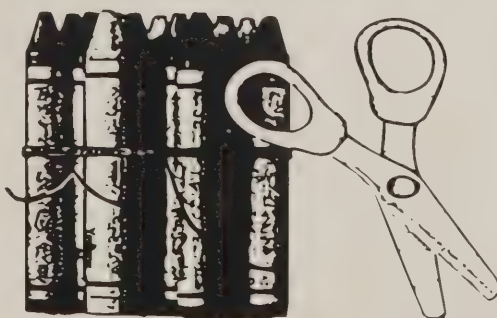
Andy Moore



Mike Puglisi



Charlie Pippen







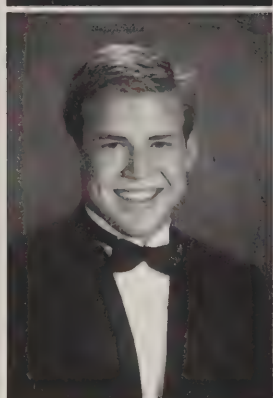
# Separate Ways



Ratcliff, Lindsey  
Rhymer, Nikki  
Rose, Derek  
Rosenbaum, Amy



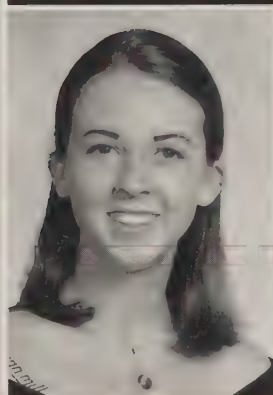
Rosenbaum, Todd  
Russell, Josie  
Sanslow, Kent  
Scott, Leslie



Shields, Katie  
Shockley, Hope  
Shuler, Josh  
Slagle, Tiffany



Smith, Allison  
Smith, Emily



Not Pictured:

Beth Ramey  
Micheal Roe







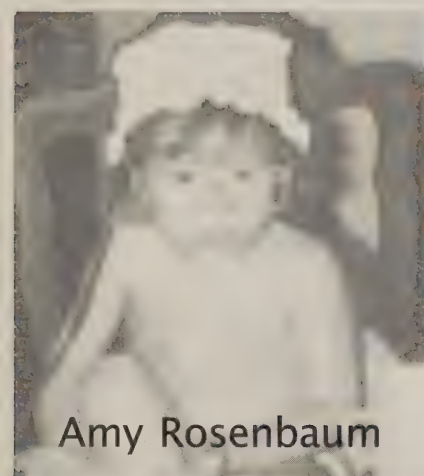
Allison Smith



Katie Shields



Josie Russell



Amy Rosenbaum



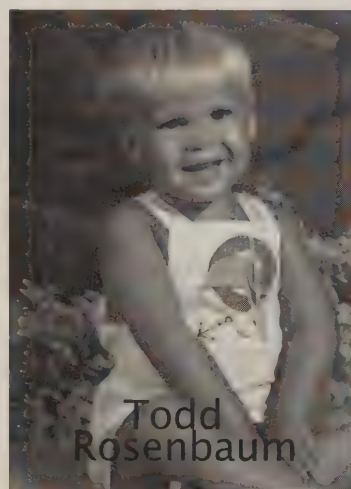
Emily Smith



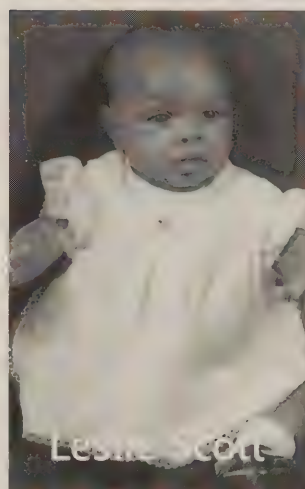
Kent Sanslow



Beth Ramey



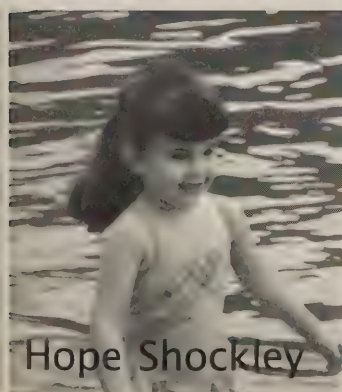
Todd Rosenbaum



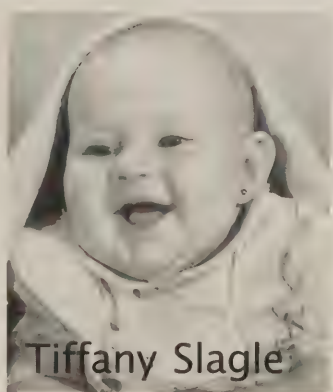
Leslie Scott



Josh Shuler



Hope Shockley



Tiffany Slagle



Lindsey Ralston



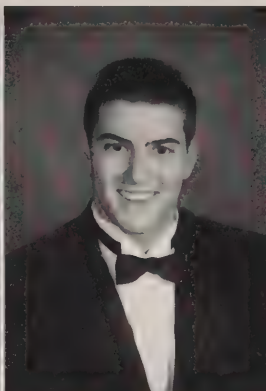




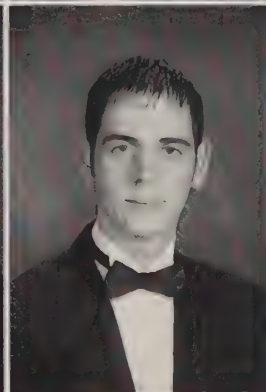
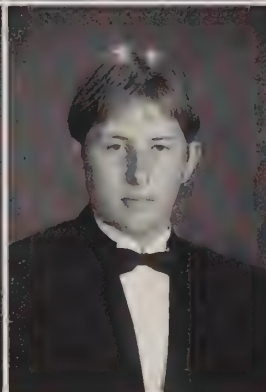
# Should I Stay or Should I Go



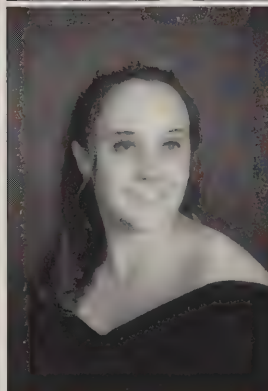
Smith, Skip  
Sokolow, Josh  
Sommerville, Erica  
Sproles, Brad



Stallard, Michael  
Stanley, Ashley  
Stanley, Danny  
Stringer, Bret



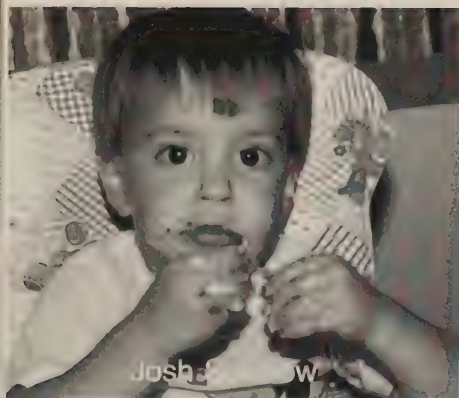
Strouth, Valerie  
Stuart, Yolanda  
Tauscher, Lisa  
Taylor, Jason



Thomas, Clyde  
Triplett, Brittany  
Walls, Sarah  
Whited, Sara







Josh W



Ashley Starley



Erica Sommerville



Sara Whited



Brad Sproles



Ben Berger



Yolanda Stuart



Sara Walls



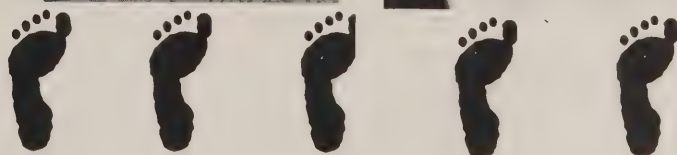
Valerie Strouth



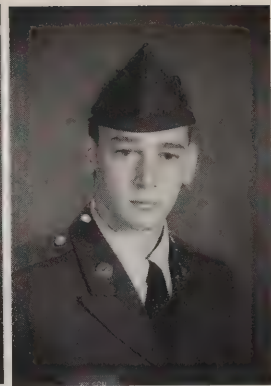
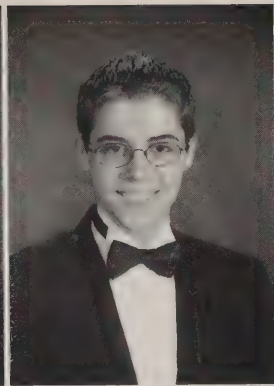
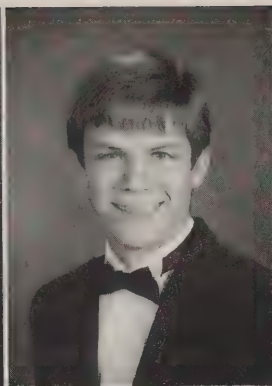
Lisa Tauscher



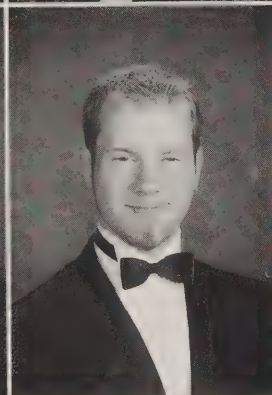
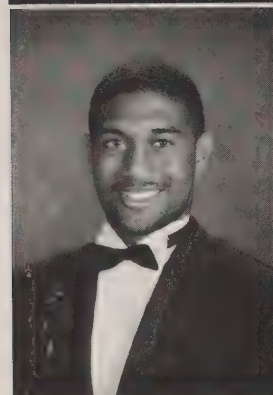
Brittany Triplett



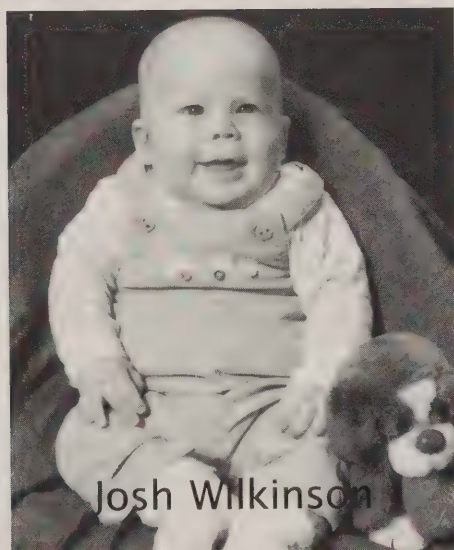




Whitley, Bobbie  
Wilkinson, Josh  
Williams, Chance  
Wilson, Jarrod



Worley, Robert  
Wright, Brian



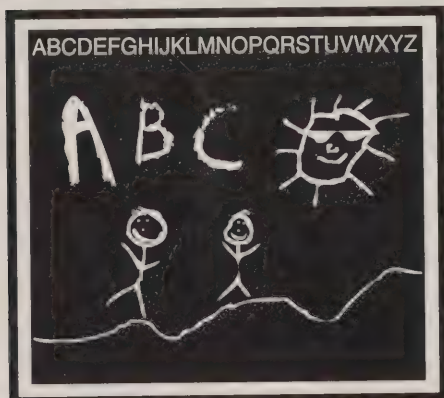
Josh Wilkinson



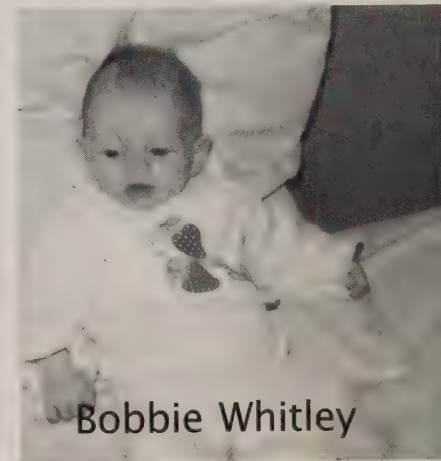
Robert Worley



Brian Wright



Jarrod Wilson



Bobbie Whitley







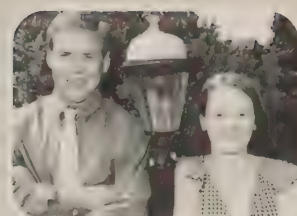
*Most Athletic*  
Sheree Gibbs  
Josh Shuler



*Cutest Smile*  
Casey Blankenship  
Jacob McAllister



*Wittiest*  
Deonna Fields  
Matt Lewis



*Best All-Around*  
Nikki Glover  
Todd Rosenbaum



*Most Talented*  
Lindsay Browning  
Lee Jones



*Most Original*  
Amy Rosenbaum  
C.J. Bloomer



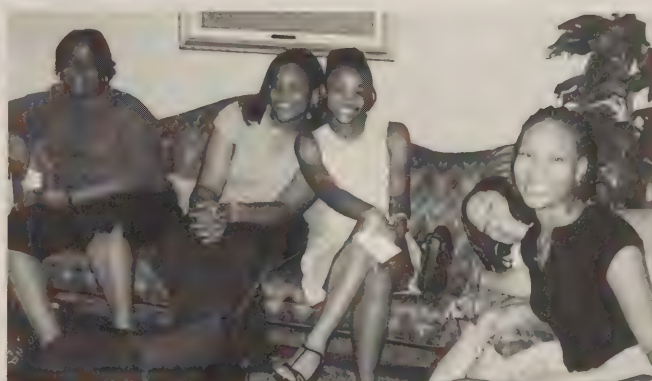
*Most Intellectual*  
Kari Callanan  
Jason Davenport



*Most School-Spirited*  
Josie Russell  
Jamal Lockett



*Best Looking*  
Emily Smith  
Andy Moore





Ashley, Donald  
 Balthis, Amanda  
 Blake, Teresa  
 Blankenship, Joshua  
 Bohon, Ashley



Bowers, Phillip  
 Brewer, Stephen  
 Brooks, Joey  
 Brooks, Rebecca  
 Bundens, Jeffrey



Burkes, David  
 Bussey, TJ  
 Carico, Jesse  
 Carvier, Miranda  
 Chapman, Jessica



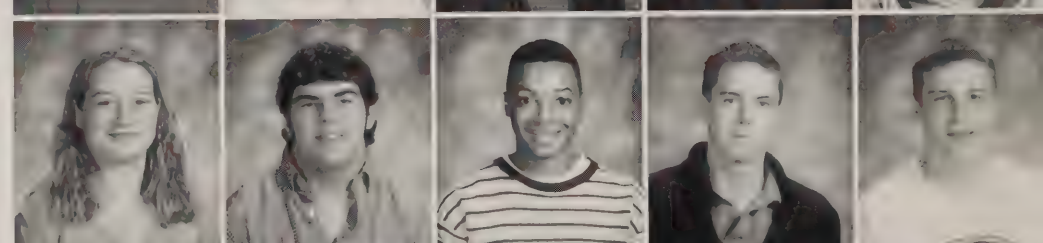
Chew, David  
 Collins, Mark  
 Combs, Danielle  
 Cumbow, Drew  
 Dean, Josh



Dixon, Tia  
 Epperson, Rachel  
 Fields, Mindy  
 Frazier, Jon  
 Frye, Lindsey



Gibson, April  
 Goad, Tyler  
 Goliday, BJ  
 Goodpasture, Ridley  
 Griffin, Daniel



Griffin, Erick  
 Grigsby, Charlie  
 Guinn, Christian  
 Gurganus, Bryan  
 Hall, Chris





## When I See You Smile

Students were asked what they were looking forward to as a senior and some answers were:

### Corrie Slagle:

"I am looking forward to less classes and definitely all the memories that will be shared!"

### Jermaine Tucker:

"I am looking forward to a really good year, not only in with my grades but as well as my sports too!"

### Betsy Ward:

"I am definitely looking forward a step closer to college!"

### Kelly Testerman:

"I think through all the hard work of high school, I am seriously looking forward to the end of it!"

New Sensation-In Art, Junior Donald Ashley happily sketches a picture from a magazine. Donald is a talented young man.



Hall, Dustin  
Harper, Jon  
Harvey, Melanie  
Hawkins, Mia  
Hearl, Jessica

Henry, Chereese  
Hess, Jessica  
Hobson, Chase  
Hubbard, Kenneth  
Hurt, James

Jenkins, Michelle  
Johnson, Anthony  
Johnson, Jessica  
Jones, Brandon  
Jones, Evan

Jones, Jason  
Justus, Derrick  
Kilgore, Daniel  
King, Rachel  
Kiser, Caleb





Knowles, Eric  
Knupp, Heather  
Leonard, Heather  
Leonard, Victoria  
Lipes, Geoffrey



Love, Daniel  
Lowe, William  
Markus, Josh  
McCray, Shawna  
Meehan, William



Moffatt, Scott  
Monroe, Anna  
Montgomery, Jessica  
Nealen, Vickie  
Neese, Michael



Nelms, Doug  
Oliver, Travis  
Orfield, Kenneth  
Penley, Britini  
Pete, Kendall



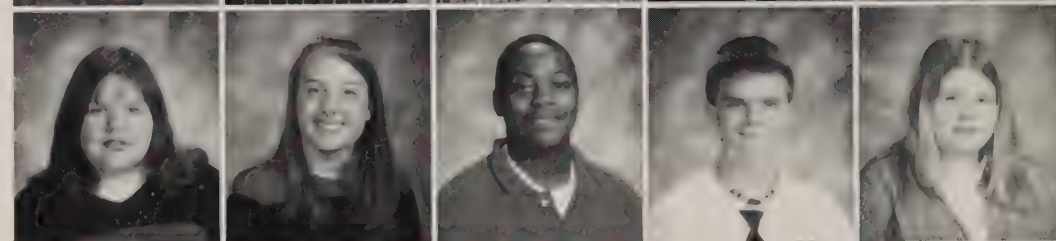
Pierson, Matt  
Price, James  
Price, Sarah  
Raettig, Lindsey  
Rainero, Kathryn



Read, Carrie  
Richardson, Matt  
Roark, Brad  
Rogers, Jon  
Russell, Ashley



Sampson, Tiffany  
Schneider, Sally  
Settle, Sedrick  
Sewell, Rucker  
Sexton, Kellie







**Misunderstanding-** Working hard in study hall, Junior Amanda Balthis finishes her Chemistry Lab that helps her understand the previous day's lab. Study hall is an excellent class for students who carry a heavy workload.

## Fondest

## Memories

**Q: What has been the most memorable activity or moment for you this year?**

**Jon Frazier:**

"My upcoming baseball season and most of all my senior year!"

**Corrie Slagle:**

"My most memorable moment so far, has definatly been sitting at the lunch table, talking and laughing with Elizabeth!"

**Jermaine Tucker:**

"The most memorable moment is getting to sit at the lunch table with all my boys!"

**Cherese Henry:**

"My basketball season and also going to the home football games to support the bearcats!"



Shazor, Langley  
Simis, Bryan  
Simpson, Brooke  
Slagle, Corrie  
Snyder, Cal

Stamey, Ashley  
Sullins, Amber  
Sullins, Ashley  
Sullivan, Patrick  
Sutherland, Keegan

Testerman, Kelly  
Timp, Elizabeth  
Tomlinson, Kelly  
Tucker, Jermaine  
Via, Nova

Vollmer, Nick  
Van Brock, Mona  
Wagner, Jessee  
Walling, Jessica  
Walling, Matt





Wambolt, Bethany  
 Ward, Betsy  
 Waterman, Maggie  
 Watkins, Larry  
 Weatherman, Scott



Weaver, Holly  
 Weaver, Paul  
 White, Donald  
 White, Jeremy  
 Whitner, Jared



Widner, Bridget  
 Widner, William  
 Wilkey, Chris  
 Williams, Megan  
 Wilson, Brittany



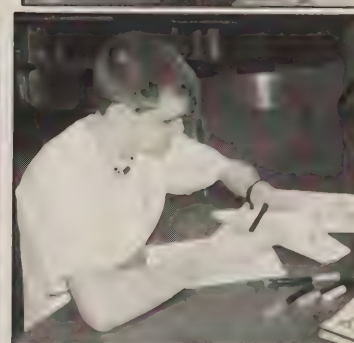
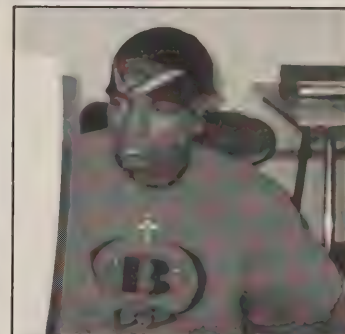
Winnie, Chris  
 Winters, Katie  
 Wood, Amanda  
 Worley, Alec  
 Wright, Jeremy



Yeatts, Adam









Anderson, Jonathan  
Arnold, Tiffany  
Bagwell, Becca  
Balthis, Megan  
Barker, Josh



Belcher, Tyler  
Bohon, Dustin  
Bond, Sumayya  
Booher, Lindsey  
Booher, Michael



Braswell, Tyler  
Brent, Lisa  
Brooks, Daniel  
Browning, Elizabeth  
Bussey, Charlie



Byington, Gannon  
Camper, Charles  
Carrier, Cordell  
Carter, Justin  
Casteel, Ben



Chapman, Chris  
Chen, Jing  
Childress, Jessica  
Combs, Chris  
Combs, Sara



Copenhaver, Wes  
Cresong, Mandi  
Cross, Todd  
Cunningham, Jenny  
Cunningham, Jill



Curcio, Nick  
Daniels, Abigail  
Davis, Brett  
Davis, Maggie  
Decker, Jake





# Class Act



**Small Town Boys-** Kevin Worley and C.J. Lee take a moment to smile for the camera, while working diligently on their research papers for Mrs. Shlatter.

**Q: Which class do you like most this year? Why?**

**Audrey Sorenson**

A: "Geometry because Mrs. Melkowsky is an exceptional teacher!"

**Jereme Miltier**

A: "My favorite class is Biology because I plan on being a marine biologist."

**Ashley Dehart**

A: "My favorite class this year is C++, I am learning a lot about programming and I find it very interesting."

**Amber Hayden**

A: "Art is my favorite class because I can be creative and express myself in a positive way."



Dehart, Ashley  
Derden, Jonathan  
Dickert, Will  
Dishman, Joseph  
Dowell, Angela

Dunn, Samantha  
Dunn, Amber  
Dye, Bradley  
Eller, Mandy  
Emory, Trevor

Esterline, Misty  
Ferguson, Kevin  
Fielder, Kevin  
Fifer, Michael  
Fritts, Morgan

Fugate, Brittany  
Fuqua, Kenneth  
Fuqua, Sarai  
Gainer, Jamie  
Giles, Tad





Ginther, Hilary  
Goodson, Danny  
Guapo, Gabriela  
Guinn, Stacy  
Hale, Asia



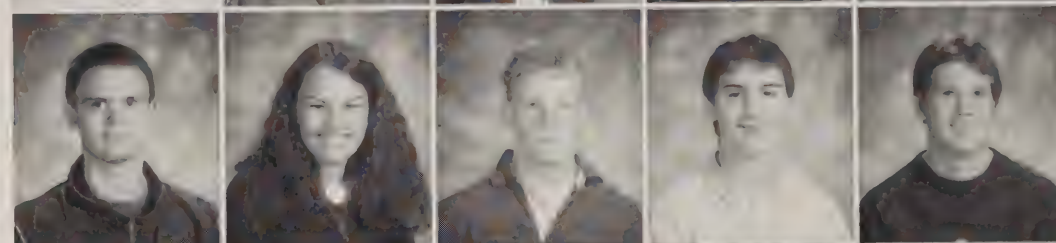
Hall, Brandon  
Hall, Jonathan  
Hanes, Lauren  
Harris, Chad  
Harris, Edwin



Harrison, Sara  
Hartsock, Jamie  
Hawkins, Monica  
Hayden, Amber  
Heath, Chris



Hess, Joey  
Hill, Ashlee  
Hinson, Clayton  
Hoffnung, Aaron  
Hogg, Michael



Hooker, Amanda  
Hopkins, Kelly  
Horner, Chris  
Hubble, Matthew  
Huggins, Adam



Hushour, Kelly  
Jamerson, DJ  
Janson, Sarah  
Jones, Andrea  
Jones, Brad







**That's What Friends Are For-**  
A group of sophomore girls huddle together for a cute shot in Mrs. Palmer's 6th period class.

## Awesome Activities

**Q:** What was your favorite school activity that you participated in this year?

**Kerrilynn Joris**

A: "Spring Festival."

**Brad Jones**

A: "My favorite school activity that I participated in was going over to State Street Church and singing for the retired teachers."

**Greg Slagle**

A: "My favorite school activity this year was wrestling."

**Dustin Bohon**

A: "Basketball, because I'm around all my friends and have a good time."



Joris, Kerrilynn  
Kelly, Jennifer  
Kerr, Rachel  
Kim, Han  
King, Christian

King, Matthew  
Kistner, John  
Lane, Hunter  
Lawson, Whitney  
Lee, C.J.

Leninski, Zak  
Lewis, Melony  
Lewis, Tabatha  
Lilley, Chris  
Littleton, Alex

Lucas, Mallory  
Looney, Whitney  
Marion, Josh  
Mathesius, Nikki  
McAvoy, Andrea





McConnell, Chris  
McCracken, Brandon  
Meade, Haley  
Mendez, Richard  
Miller, Lisa



Millican, Sallie  
Miltier, Jereme  
Mink, Ben  
Monk, Jennifer  
Mooney, Tori



Moore, Sara  
Musgrove, Sara  
O'Hara, Brendan  
Parks, Walker  
Patel, Yatin



Peters, Megan  
Phillips, Rhoda  
Phillippi, Kevin  
Pierce, Brittany  
Pippin, Carla



Pippin, Steven  
Pollino, Christopher  
Pomrenke, Paul  
Poole, Amber  
Poulton, Zak



Puglisi, Tony  
Ramey, Deborah  
Rector, Valerie  
Rest, Stephen  
Rhymmer, Tony



Robinson, Caleb  
Rollins, Kenya  
Rosser, Leah  
Saunders, Christy  
Saunders, Ryan





# CLASS OF 2003



Sennet, Chris  
Sensky, Chase  
Shaffer, Jeremy  
Shores, Chantel  
Simpson, Bobby

Simpson, Gregory  
Slagle, Greg  
Smith, Ana  
Smithson, Jessica  
Sorenson, Audrey

Sproles, Kara  
Stamey, Randy  
Stevens, Nicholas  
Swaner, Anthony  
Tester, Tara

Thomas, Chad  
Tolley, Emily  
Umstead, Ginni  
Vance, Ginni  
Waddell, Whitney

Welch, Brandy  
West, Summer  
White, Detria  
Widener, Derrick  
Wilson, Shelbi

Wingard, Scott  
Withrow, Robbie  
Worley, Kevin  
Wrightson, Kelli  
Xoomsaina, Ayudhaya





Adams, Ashley  
Barnhill, Sara  
Barrett, Seth  
Bays, Stevan  
Biggs, Brandon



Blake, Marla  
Boggs, Matthew  
Booher, Josh  
Bowman, Tracy  
Branch, Jodi



Brown, Michael  
Browning, Justina  
Bryan, Alex  
Bryant, Danielle  
Bryant, Jason



Buchanan, Santana  
Buchanan, Thomasina  
Burriss, Chris  
Butler, Amanda  
Callanan, Ryan



Cardwell, Sheena  
Carico, Andrew  
Castle, Megan  
Chatman, Curtis  
Chen, Yi



Childress, Tommy  
Clark, Tyler  
Clay, Michael  
Coffey, Rhena  
Cooper, Meredith



Derr, Amy  
Duncan, Amy  
Dunnington, Daniel  
Dotson, Kim  
Edson, Lindsay





**No More Words-**Working in Ms. Graham's Spanish I class, Freshman Seth Barrett, Terri Hunt, and T. J. Slagle pause from their work to smile for the camera. Students are required to have at least three years of a foreign language.



# Hot For Teacher

Who is your favorite teacher and why?

**Leslie Sullins:**

Mrs. Holcomb, because she always keeps my attention. She is very interesting and unpredictable which always keeps us students occupied.

**Courtney White:**

Mrs. Minnick, because she has taught me to never give up because she never does with her students.

**Matt Odum:**

Mrs. Nunley, because she is so kind and tender-hearted. she is my Best Friend!!

**Stevan Bays:**

Mr. Baker, because he is off the hook!!



Edwards, Kosha



Epperson, Crystal  
Fleenor, Sarah  
Fore, Matthew  
Fore, Wyatt  
Francisco, Sidney

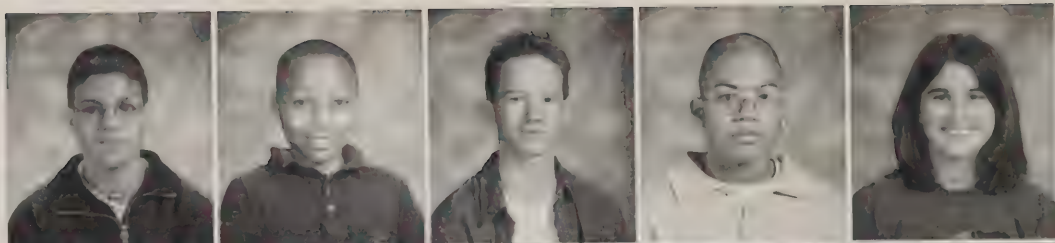
Frazier, Chris  
Gillenwater, April  
Goodpasture, Jerry  
Grimm, Matthew  
Grothaus, John

Grubb, Chandra  
Grogan, Victoria  
Hairston, Amanda  
Hall, Barry  
Hall, Jake

Hamby, Thomas  
Harris, Jonathan  
Hart, Jarrod  
Hartley, James  
Hatfield, Ashley



Hayter, Jerry  
Heath, Travis  
Hebbert, Neal  
Hicks, Andrew  
Hill, Danna



Honaker, Derrick  
Honeycutt, Jessica  
Hopkins, Sarah  
Hughes, Lauren  
Huggins, Walker



Hunt, Terri  
Hurley, Todd  
Keithan, Daniel  
King, Cortnei  
Knight, Josh



Landrum, Aimee  
Lawson, Maxweul  
Leonard, Amy  
Leonard, Danielle  
Leonard, Eric



Leppert, Laura  
Lewis, Ashley  
Lewis, Joline  
Litz, Richard  
Love, Les



Lowe, Michael  
Luttrell, Melinda  
Mann, Amanda  
Massie, Gwen  
Mathes, Ronnie



Matney, Justin  
McCormack, Matthew  
McCready, Mary  
McCready, Michelle  
McNutt, Brandy







**Hooked on Classics**-Freshman studying hard in Mrs. Holcombs English Class.

# My Favorite Things

What's your favorite thing about High School and why?

**Jill Stewart:**

My favorite thing about High School is the Freedom- having freedom isn't something you had very much of back in Middle or Elementary School. This is new and different but definately a great thing.

**Chris Newman:**

Study Hall, because I don't have to do any work.

**Todd Hurley:**

That you get to bring stuff to eat and drink in classes. You weren't allowed to in the Middle School.

**Kim Mullins:**

The people, because it's a great place to meet them and a great place to make friends. It's easy because of the people.



McVey, Trent  
Meade, Hunter  
Medrano, Constance  
Miller, Chad  
Miller, Julie

Milliff, Amanda  
Mitchell, Chris  
Miltier, Hannah  
Molnar, Ben  
Moore, Kim

Moore, Quinton  
Moore, Whitney  
Morenings, Bretta  
Morrow, Rea'Shelle  
Mosley, Katherine

Mullins, Kimberly  
Newman, Chris  
Newton, Motiese  
Nicastro, Dominic  
Notaro, Michael





Osborne, Patrick  
Parks, Christopher  
Pauley, Seth  
Pender, Donald  
Phillips, Brian



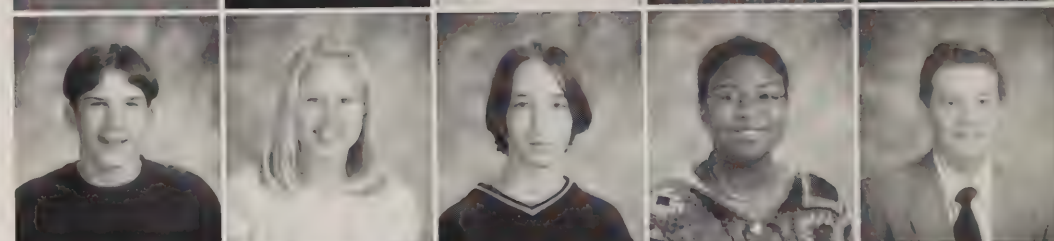
Pippin, Chris  
Pittman, Katie  
Pruitt, Toni  
Roark, Joseph  
Rodriguez, Brittany



Rosenbalm, Andrew  
Rossano, Laura  
Rouse, Chris  
Russell, Adam  
Scott, Desha



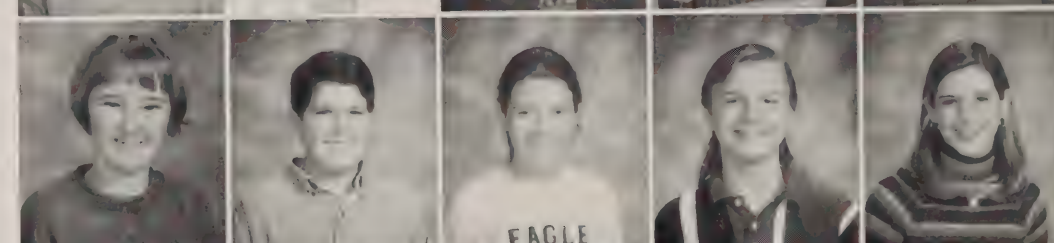
Shaffer, Jonathan  
Sharp, Morgan  
Shaw, Joseph  
Shazor, Ashley  
Shores, Chris



Slagle, T.J.  
Smith, Faith  
Soublo, Will  
Sourbeer, Brittany  
Sproles, Felicia



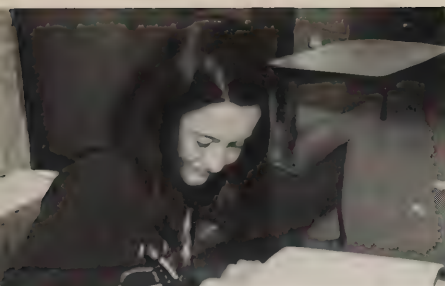
Sproles, Mandy  
Stevens, Joshua  
Stewart, Jill  
Stowers, Jeffrey  
Stringer, Anna



Sullins, Desiree  
Sullins, Leslie  
Surber, Heather  
Swiney, Nikki  
Tench, Ian







### Why Me-Freshman Jerry

**Goodpasture** is doing exercises on conjugating verbs in their correct tenses. Students often have trouble with this activity.



Trent, Josh



Turner, Shawn  
Valenzuela, Geraldine  
Vires, Matthew  
Waddell, Russell  
Ward, Julie



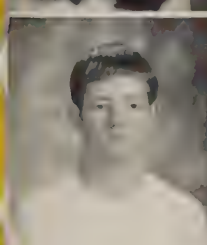
Watkins, Tiarrah  
Watts, Michelle  
Watts, William  
Weaver, Alyssa  
Wells, Amethyst



Williams, Devin  
Wilson, Chelsea  
Wilson, Natalie  
Wingard, Kevin  
Wisman, Justin



White, Ashley  
White, Courtney  
White, Mallory  
Whiteaker, Michael  
Whitner, Constance



Whitley, Johnny  
Whitt, Joe  
Woodard, Shana  
Worley, Amber  
Worley, Kristina







1. Annette Acuff



2. Sharon Acuff



3. John Adams



4. Lisa Adkins



5. Carter Baker



6. Patty Baker



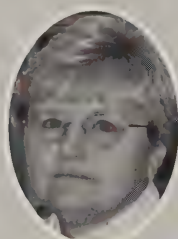
7. Jan Black



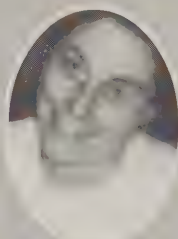
8. Roya Blakenship



9. Jenny Boggs



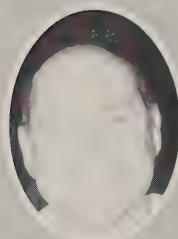
10. Diane Bowman



11. Molly Boyle



12. Milo Brunson



13. Terry Caldwell



14. Brenda Carroll



15. Jason Clayman



16. Annette Cochran



17. Anna Combs



18. Bronwyn Cowell



19. Ed Cressel



20. Mark Daniels

1. All-Time Band- Pink Floyd  
Musical-Phantom of the Opera

2. 80's Band-Starship  
Type of Music-80's Hits  
80's Song-Jack and Diane

3. Musical-Cats  
80's Song- Every Breath You Take  
Song-Yesterday

4. 80's Band- Van Halen  
All-Time Band-Rolling Stones  
Song- There You Are

5. All-Time Band-CCR  
Musical-Grease  
First Concert-Lynrd Skynrd

6. All-Time Band-Beach Boys  
Type of Music- 60's Rock  
First Concert-Beach Boys

7. 80's Band- Genesis  
All-Time Band- Rod Stewart  
Song- On The Boardwalk

8. 80's Band- Chicago  
Musical-Sound of Music  
80's Song- You're The Inspiration

9. 80's Band- Eagles  
80's Song-Take It To The Limit  
First Concert-Alabama

11.80's Band-Chicago  
All-Time Band-James Taylor  
First Concert-John Denver

13. All-Time Band-Crosby, Stills  
Nash & Young  
Song-Sweet Roy Blue Eyes  
First Concert-Steppenwolf

14. Musical-Les Miserables  
Type of Music-Beach Music  
First Concert Attended-Three  
Dog Night

15. All-Time Band-Jimmy Buffet  
Type of Music-Beach, Rock,  
First Concert Attended-DAVE  
MATTHEWS BAND

16.All-Time Band-Temptations  
Type of Music-Easy Listening  
First Concert Attended-  
Carpenters

17. 80's Band-Alabama  
80's Song- One Day At A Time  
First Concert-Loretta Lynn

18. Song-Amazing Grace  
First Concert-The Four Seasons  
Type of Music-Contemporary  
Christian

20. All-Time Band-Kenny G  
Song-Theme Song from Ghost  
Type of Music-Easy Listening





1. 80's Band - REO Speedwagon  
80's Song - *What About Love*  
First Concert - The Police

2. 80's Band - Guns 'n Roses  
All-Time Band - Starship  
First Concert - Heart

3. 80's Band - Eurythmics  
All-Time Band - The Moody Blues  
Song - *Nights in White Satin*

4. 80's Band - Hall and Oates  
All-Time Band - Beatles  
Song - *I Got You Babe*

5. 80's Band - Abba  
Musical - *South Pacific*  
80's Song - *Another Day in Paradise*

6. 80's Band - Journey  
Musical - *Grease*  
First Concert - Jars of Clay

7. Song - O Donna  
Type of Music - Oldies

8. 80's Band - The Monkees  
Type of Music - Disco  
First Concert - Doobie Brothers

9. 80's Band - Eagles  
80's Song - *Hotel California*  
First Concert - Bee Gees

10. 80's Band - REM  
All-Time Band - Counting Crows  
80's Song - *Losing My Religion*

11. 80's Band - Huey Lewis  
All-Time Band - Glenn Miller  
80's Song - *Hello*

12. All-Time Band - Alabama  
Musical - *Sound of Music*  
Song - *I Will Always Love You*

13. 80's Band - The Talking Heads  
All-Time Band - The Who  
80's Song - *Once in a Lifetime*

14. Musical - *The King and I*  
Type of Music - Soft Rock  
80's Song - *Sara*

15. 80's Band - Alabama  
80's Song - *Dead Skunk in the Middle of the Road*  
First Concert - Elvis

16. All-Time Band - Eagles  
Song - *Unchained Melody*  
First Concert - Temptations

17. 80's Band - Alabama  
80's Song - *Please Come to Boston*  
First Concert - Marty Robbins

18. 80's Band - Earth, Wind, Fire  
80's Song - *Celebration*  
Musical - *Phantom of the Opera*

19. Musical - *The Wiz*  
Type of Music - R&B

20. Musical - Oklahoma  
Song - *Moon River*



1. Lisa Dean



2. Cindy Drozdowski



3. Col. Kirby Fetzer



4. Eileen Garner



5. Cheryl Gnau



6. Tammy Graham



7. Donna Hale



8. Dee Halstead



9. Patty Harnois - Church



10. Sonja Holcomb



11. Tom Hopson



12. Patsy Huff



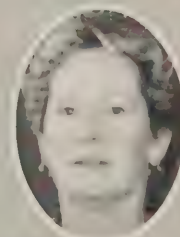
13. Brad Hutchinson



14. Sharon Hutchinson



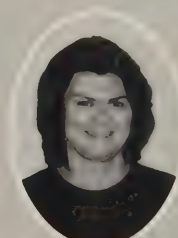
15. Eddie Icenhour



16. Sharon Johnson



17. Ann Jones



18. Nan Jones



19. Scott Jones



20. Vic Kegley







1. Linda Kristofek



2. Larry Lusk



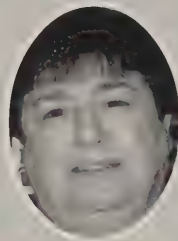
3. Lynda McClanahan



4. Sue Melkowski



5. John Melvin



6. Joan Minnick



7. Stewart Minnick



8. Frank Mitchell



9. Dale Morrell



10. Wanda Morris



11. Barbara Mumpower



12. Pam Neal



13. Janet Nunley



14. Myra Orr



15. Ray Osborne



16. Kristin Palmer



17. Toni Phelps



18. Carol Propst



19. Frank Ramey



20. Patsy Ratcliff

1. 80's Band - REO Speedwagon,  
Bruce Springsteen  
80's Song - *Whip It*  
Band - Jimmy Buffet

4. 80's Band - The Talking Heads  
Band - Alabama  
First Concert - Charlie Daniels

6. 80's Band - Eagles  
Band - Glenn Miller  
Song - *Duke of Earl*

7. 80's Band - Eagles  
Band - Marshall Tucker  
Type of Music - Southern Rock

8. 80's Band - Inspirations  
Musical - *Annie Get Your Gun*  
First Concert - Johnny Cash

9. 80's Band - Bob Seger and the  
Silver Bullet Band  
80's Song - *Against the Wind*  
First Concert - Tom Jones

10. 80's Band - Bee Gees  
Band - Chicago  
First Concert - The Hollies

11. 80's Band - Gaither Vocal  
Type of Music - Easy Listening  
Song - *Amazing Grace*

12. 80's Band - Fleetwood Mac  
All-Time Band - Beatles  
80's Song - *Power of Love*

13. Band - Benny Goodman  
Musical - *The Sound of Music*  
Type of Music - Popular Oldies

14. Band - Led Zeppelin  
Musical - *The Sound of Music*  
Song - *Stairway to Heaven*

15. 80's Band - The Cars  
Band - Alabama  
80's Song - *Take it Easy*

16. 80's Band - Journey  
80's Song - *(I Just) Died in Your Arms*  
Song - *Let's Groove, Renegade*

17. 80's Band - Def Leppard  
Band - Eagles  
Song - *Inspiration*

18. 80's Band - Genesis  
Band - Beatles  
First Concert - Kiss

19. Band - Monty Robbins  
Type of Music - Country  
Song - *El Paso City*

20. 80's Band - Lionel Richie  
Band - Beatles  
Song - *My Girl*



1. 80's Band - Eagles  
80's Song - *The Bird*  
First Concert - Billy Squire

2. Musical - *Les Miserables*  
Type of Music - Classical  
First Concert - Brothers Four

3. 80's Band - Earth, Wind, and Fire  
Song - *Bridge Over Troubled Water*  
First Concert - Kenny G

4. 80's Band - Eagles  
80's Song - *Allentown*  
First Concert - Barry Manilow

5. Band - The Beatles  
Song - *Imagine*  
First Concert - The Four Seasons

6. 80's Band - Def Leppard  
80's Song - *The Wall*  
First Concert - ZZ Top

7. Band - Eagles  
Song - *My Girl*  
Musical - *Saturday Night Fever*

8. 80's Band - Commodores  
80's Song - *To All the Girls I've  
Loved Before*  
First Concert - James Brown

9. Musical - *The Sound of Music*  
Type of Music - Instrumental  
Song - *Amazing Grace*

Not Pictured: Lynn Taylor  
Band - The Jordanares  
Song - *Soft Rain*  
First Concert - Roy Rogers and Dale  
Evans

10. Musical - *Les Miserables*  
Type of Music - Classical

11. Band - Supremes  
80's Song - *I Will Always Love You*  
First Concert - Diana Ross

12. 80's Band - Bon Jovi  
Band - Aerosmith  
Musical - *Oklahoma*

13. Band - Alabama  
Song - *O What a Night*  
First Concert - Brooks and Dunn

14. 80's Band - Tom Petty  
80's Song - *Great Wide Open*  
Song - *Hotel California*

15. Musical - *The King and I*  
Type of Music - Rock 7 Roll  
First Concert - Aerosmith



1. Barry Reed



2. Richard Rollins



3. Millie Saunders



4. Rose Schlatter



5. Sue Shaw



6. Donald Shawver



7. Linda Siegel



8. Nancy Simmons



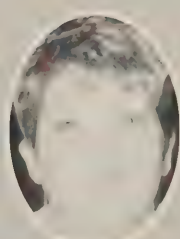
9. Bob Taylor



10. Diane Thomas



11. Alex Todt



12. Darla Williams



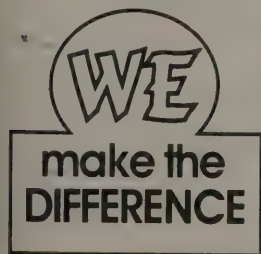
13. April Workman



14. Eric Workman



15. Judy Young





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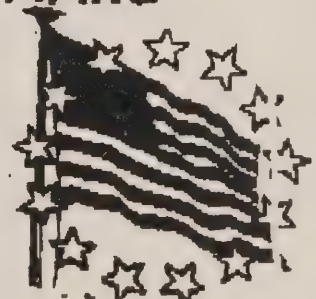
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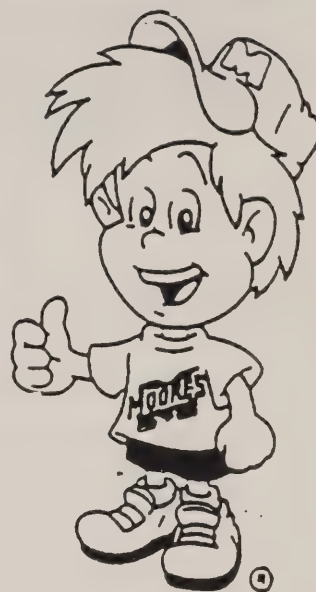
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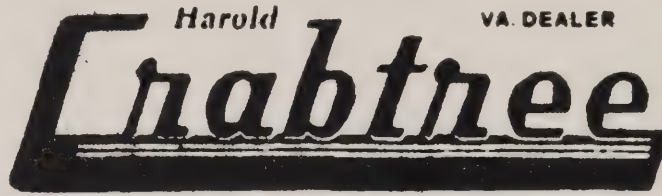


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Have  
The Best  
Of Luck!*



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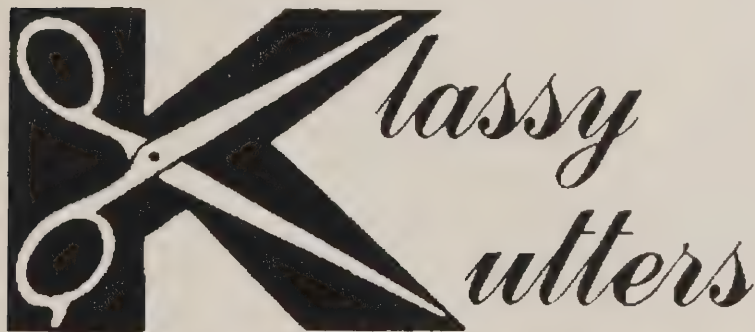
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Sheree remember too - *Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.* Proverbs 3:5-6 We are proud of you.

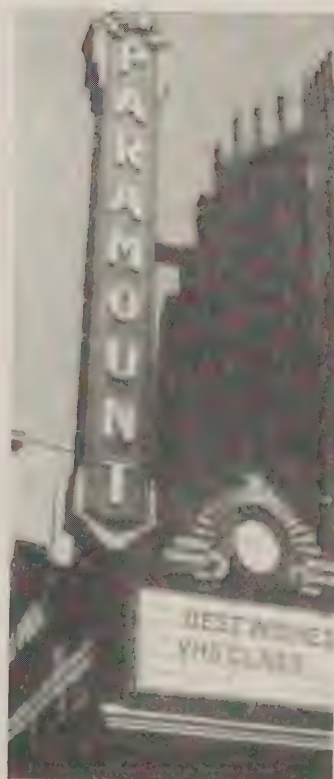
We love you,  
Mom and Dad

**Sarah Emmert**

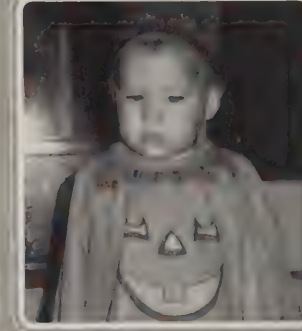
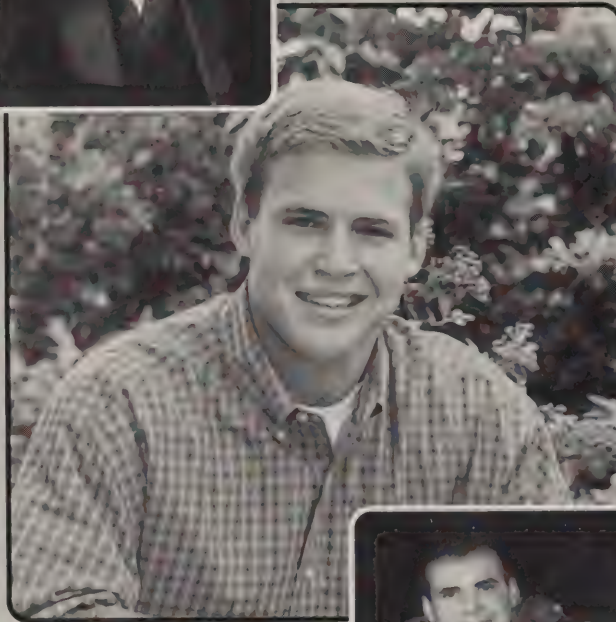


*You Light Up My Life*  
Love,  
Mom

**Paramount**





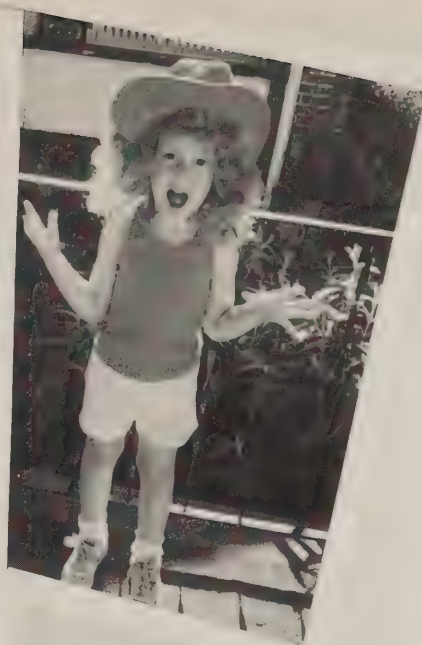


We are so proud of you! Wherever you go and whatever you do—remember—our love, thoughts, and prayers are always with you. *Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.*  
*Proverbs 3:5,6*

Love you forever,  
 Dad, Mom, Kellie, and Whitney







I have loved you every step  
of your journey from the little girl  
you were, to the beautiful woman you  
have become. I hope you are always surrounded  
and supported by the love and laughter of many  
friends and family. I am very proud of you  
and feel lucky to be your mom.  
I hope you dance.



Emily Elizabeth Everett  
VHS Class of 2001

I am very proud of you.  
I look forward to watching you  
form your place in this world.  
I love you.  
-Barry





*Congratulations Josie and Lindsay!!! We love you guys!!!  
Love, David, Patty, Mark, Peg, Adam, Taylor, Lee, and Lizz*





*Buddy,*

*Thank you  
for the  
memories  
and good  
luck at  
Emory &  
Henry.*

*Love, Mom  
& Dad*











Hope

Mom and Dad will always love you and will be there for you. As you venture out into this world remember look for the soul of each one you meet don't judge and speak kindly of all. Always remember that true success comes from within and not through external gains.

Love  
Mom and Dad



## Memories





Perkins





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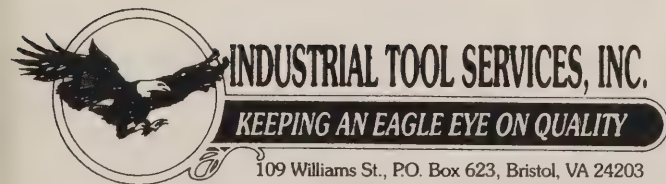
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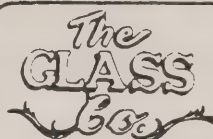
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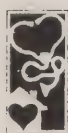
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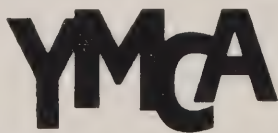
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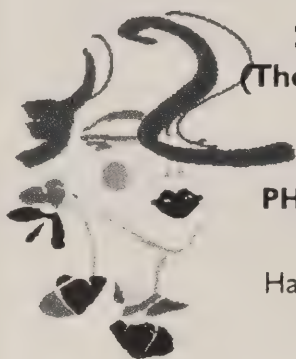
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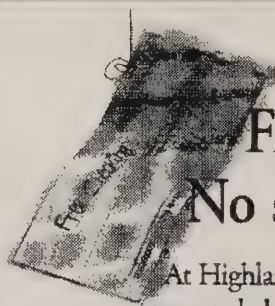
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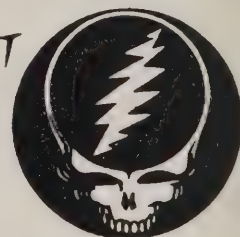
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